



# WOMENS SIZING GUIDE

	XS	SM	M	L	XL
Waist	24-25	26-28	29-31	32-34	35-37
Inseam	31	32	32	33	34
Chest	31-32	33-35	36-38	39-41	42-44
Sleeve	30	31	32	33	34
Hip	34-36	36-38	39-41	42-43	44-46

All measurements are given in inches.

## HOW TO USE THIS GUIDE:

This chart refers to your actual body measurements. Use the guide and measuring instructions to approximate your body dimensions and the corresponding garment size.

## HOW TO MEASURE:

- 1 Waist:** Measure your natural waistline circumference at the narrowest point around the torso, below the bottom rib and above the hip bones.
- 2 Inseam:** In a standing position, measure from your crotch along the inside of your leg to the floor.
- 3 Chest:** The circumference along the horizontal line at the fullest point of the bust or chest, your tape measure should go over the shoulder blades, under the arms and across the bust points.
- 4 Sleeve:** Measure from where your neckline meets your shoulder (HPS) along the outside of the arm, with your arm relaxed, down to your wrist.
- 5 Hip:** Measure the circumference at the widest point of the hips, across the fullest part of the buttocks and over the upper end of the thigh bone. Also referred to as the "Seat".

