



FOUR SEASONS OF SEED STARTING

VEGETABLES



WINTER

- make a garden plan
- check seed inventory + order seeds
- start leeks + onion seeds indoors
- start cool season crops indoors
- attend a Seedy Saturday event or organize a seed swap

SPRING

- direct sow seeds in a cold frame, greenhouse, or mini-hoop tunnel
- direct sow seeds for cool season veg in the garden
- start seeds indoors for heat-loving veg
- amend + prepare your garden soil
- transplant leek + onion seedlings



SUMMER



- direct sow seeds for heat-loving crops in the garden
- sow seeds in succession for continuous harvest
- transplant seedlings to garden
- direct sow seeds in cold frames for Winter harvest
- keep soil moist and replenished to help seeds germinate + transplants thrive

FALL

- transplant cool season seedlings to garden
- direct sow cool season seeds in cold frames for Winter + Spring harvest
- save + store seeds from open-pollinated veggies
- celebrate your success + enjoy the harvest!

