



YOUR CARING HEART

RENEWAL FOR
HELPING PROFESSIONALS
AND SYSTEMS

JAIYA JOHN

Your Caring Heart is Dr. Jaiya John's warm companion for your compassionate servitude. In gentle clarity, lightness, and humor, Jaiya's soothing reflections flow straight into the tender truth of your caring nature and calling. Discover the promise of *mutual care*, *harvesting story*, and *compassionate leadership* for transforming you and your work tribe into your optimal giftedness for serving lives. These are words you will keep close, drinking from them for your renewal. Reinvigorate your wellspring of devotion. Heal your tenderness. Supercharge your system, and bless the ones you serve. Welcome, you Lovers, leaders, activists, agitators... You soul suns, deep drums, healers, hope dealers, sacred dancers. Here is a spa day for your inner peace, *birth print* for your revival, as you give yourself to the ones who dearly need your healing touch.

"Wellness is contagious. So is illness. You are what you eat. As an organization, you are how you treat. Your own."

Personal and professional renewal
System rehabilitation & culture change
Mutual care and group harmony
Supercharge your practice models
Compassion fatigue and burnout
Nurture trauma and conflict
Wellness and deep caring
Empower staff and leadership
Tribal time and tribe building
Rekindle passion and purpose
Break generational cycles
Humanize workers, leaders, and community
Cure social illness inside your system
Honor cultures and communities
Compassionate leadership
Compassion and kindness
Use story to strengthen your tribe
Harness the psychology of change
Overcome fear and tame stress
The power of celebration
Healing and wholeness
Tap your superpowers

And so much more...

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Agencies, schools, and programs are already acquiring *Your Caring Heart* in bulk as a professional development resource for managers, supervisors, and staff, as it can enrich the professional stream all the way from college and graduate school, to recruitment, hiring, orientation, retention, and ongoing development. It also complements and supports agency efforts within the California Child Welfare Core Practice Model, and other local, regional, and national system change initiatives. Particularly: workforce development and support; leadership; organizational culture, climate, and structure; and honorable collaboration with families and communities.

***Your Caring Heart* is available online where books are sold. For bulk rate discounts, please write to us at books@soulwater.org.**

Advocate for your workplace to invest in this precious resource!

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