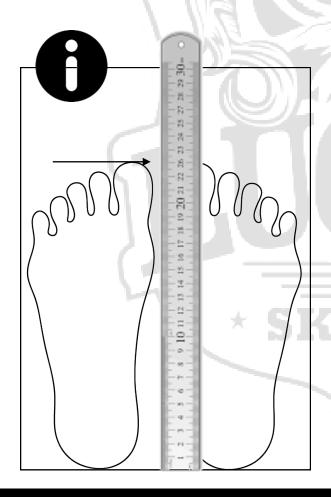
How to measure your feet

To figure out the proper boot length, you need an A4 piece of paper, a pen, a ruler and a friend.

- 1. Stand on a flat surface. We recommend doing this in the socks you would normally wear when skating.
- 2. Have a friend trace around your feet, one at a time. It is best to do this measurement with both feet because one foot is usually (9 times out of 10) slightly longer than the other. Pretty much everyone has one foot longer than the other. Yes, even you!
- 3. Take a ruler and measure from heel to longest toe. This is commonly the first or second toe. Measure both feet.
- 4. Choose your skate size based on the size of the longest foot. You can always pad out the smaller foot but you wont be able to make your longer foot smaller without cramping. Don't forget the size chart indicates the exact length of the inside of the boot. Most adults prefer to have some room (3mm to 1cm depending on your personal preference and the brand) between the end of their toes and the end of the boot. For children that are still growing you can allow 1-2cm of growing room (again, this depends on personal preference). Any questions, just ask.



LEFT FOOT	RIGHT FOOT	
mm		mm
mm		mm
	NO	YES
Do you wear insoles?	7	
Do you have bunions?		
Do you have extra wide feet?		
Other info		