

Knowing Your Risk

Take home points



- If someone in your family has been diagnosed with breast cancer, you may have an increased risk of developing it in your lifetime.
- A family history of breast cancer, ovarian cancer, prostate cancer, or other cancers could indicate you have the BRCA1 or BRCA2 gene.
- Women who have BRCA1 or BRCA2 gene have an 85% chance of developing breast cancer in their lifetime. Men who have BRCA2 gene have a 6% chance.
- There are prevention and screening options available for those who have increased risk for breast cancer.

What should I ask my doctor?

- Do I have risk factors that would suggest I am at high risk and could have the BRCA1 or BRCA2 gene mutation?
- Should I use an online calculator to estimate my risk of breast cancer? If so, which one(s)?
- Should I see a geneticist (a doctor who specializes in testing for hereditary genes)?

What I am thinking...

My notes and thoughts.

What I am feeling...

How I feel about this information.
