

# Hormonal Therapy

## Take home points



- Hormonal therapy tries to starve the cancer cells of nutrients to stop the cancer from growing. (Blocking the gas line.)
- Types of hormonal therapy include Selective Estrogen Receptor Modulators (SERMs), Selective Estrogen Receptor Degraders (SERDs), and Aromatase Inhibitors.
- Hormonal therapy is usually recommended for patients with ER and PR positive cancers.
- Hormonal therapy medications are typically taken for 5 to 10 years.

### What should I ask my doctor?

- Will hormonal therapy help treat my cancer?
- If so, which type do you recommend?
- Will the hormonal therapy be combined with other medications?

### Other questions I have...

Other questions I want to ask my doctor.

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### What I am thinking...

My notes and thoughts.

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### What I am feeling...

How I feel about this information.

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