

After-Treatment Challenges

Take home points



- After treatment, most patients do not feel the same and will experience some long-term side effects.
- Most cancer survivors experience depression and anxiety.
- Treatment is available to help manage depression, anxiety, and other long-term side effects.
- Your doctor, family, friends, support groups, and other survivors are there to support you. Ask for help!

What should I ask my doctor?

- Do I need medication to help with my side effects?
- If I have anxiety or depression, what are your recommendations?
- If I am interested in support groups, who would you recommend?

Other questions I have...

Other questions I want to ask my doctor.

What I am thinking...

My notes and thoughts.

What I am feeling...

How I feel about this information.
