

This simple, reversible cowl is knit in the round and grafter together to create a seamless, soft garment. Finished dimensions are 8" tall by 23" around.

Yarn: Katia Concept Silky Lace (80% Extrafine Superwash Merino Wool, 20% Silk; sport weight; 284yds per 50g). 1 ball each of two colours. Shown in 152 Cream (A) and 158 Pale Pink (B).

**Needles:** 3.0mm/US3 16"/40cm circular needle, and a second circular needle of equal needle size, 16" or longer

**Gauge:** 26 st = 4"/10cm

**Other tools:** crochet hook, scrap yarn, stitch marker darning needle.

## CAST ON

Using the scrap yarn and hook, create a single crochet chain 152 chains long. Break the scrap yarn and bind off the chain.

On the underside of the crochet chain there will be a line of small loops. Using the circular needle and colour A, knit into the first loop on the right, then proceed to knit into each loop along the length of the chain. Continue until there are 150sts on the circular needle. Join these sts in the round, being careful not to twist, and pm at beginning of round.

## Body

K around for 73 rounds.

P one round.

Switch to Colour B and K around for 75 rounds.

P one round.

Switch back to Colour A and K around for 1 round.

Weave in all existing yarn ends.

Carefully remove the scrap yarn, one st at a time, transferring the newly exposed live sts to the spare circular needle as you go.

## GRAFT

Break yarn A, leaving at least 100"/250cm tail. Thread this yarn onto the darning needle (DN)

The two purl rounds create fold lines, causing the double-thick cowl to lie flat. Arrange the knitting so the two circular needles are parallel to each other, running around the outside of the garment.

Hold the two needles closest to the working yarn parallel in the left hand, begin at the right-most stitches on these needles:

- 1. Insert DN into 1<sup>st</sup> st on front needle purlwise and pull yarn through, leaving st on needle.
- 2. Insert DN into 1<sup>st</sup> st on rear needle knitwise and pull yarn through, leaving st on needle.
- 3. Insert DN into 1<sup>st</sup> st on front needle knitwise, letting st fall off needle, then insert DN into next st on front needle purlwise, leaving st on needle, pull yarn through.
- 4. Insert DN into 1<sup>st</sup> st on rear needle purlwise, letting st fall off needle, then insert DN into next st on rear needle knitwise, leaving st on needle, pull yarn through.

Repeat Steps 3 and 4 until all sts are grafted together. Weave in remaining end.

## **Abbreviations:**

K - knit

P - purl

CO - cast on

St(s) – stitch(es)

DN – darning needle