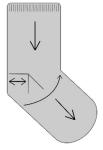


These basic socks are knit from the top down with a heel-flap construction. The toe is grafted together. This pattern will fit most adult foot sizes as the foot and ankle sections can be knit to desired length.



Instructions for both <u>Double Pointed Needles</u> and <u>Magic Loop</u> are included.

Yarn: 400yds of fingering weight "sock" yarn

Needles: 2.75mm/US2 double pointed needles (set of 4), or 2.75mm/US2 32" circular needle for magic loop.

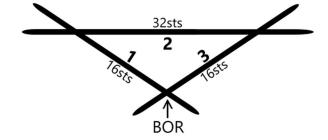
**Gauge:** 28-30 st = 4"/10cm

Other tools: darning needle

# DOUBLE POINTED NEEDLES

### **CUFF AND ANKLE**

CO 64 sts and distribute among 3 needles as shown. (16sts-32sts-16sts). Join in the round and be careful not to twist.



\*K1, P1, repeat from \*, until cuff measures approx. 1" from cast on edge.

Change to stocking stich (K every stitch) and work for approximately 6", or as desired, ending at the end of needle #1.

### HEEL FLAP

This section is worked flat (back and forth) across the 32 sts on needle #2

Row 1 (RS): \*SI1, K1, repeat from \* to end of needle #2.

Row 2 (WS): SI1, P to end of needle #2.

Repeat Rows 1 and 2 fifteen more times (for a total of 16 repeats). Repeat Row 1 one more time.

### HEEL TURN

Setup A (WS): Sl1, P17, P2tog, P1, turn.

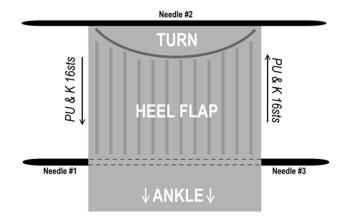
Setup B (RS): SI1, K5, SSK, K1, turn.

Row 1 (WS): SI1, P to 1 st before gap made by previous turn, P2tog, P1, turn.

Row 2 (RS): Sl1, K to 1 st before gap made by previous turn, SSK, K1, turn.

Repeat rows 1 and 2 until all sts on needle #2 are included in the turn. (18st remaining on needle #2)

### GUSSET

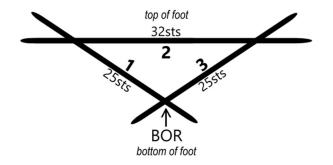


Pick up and knit 16 sts along the left side of the heel flap.

Knit across the stitches held on needles #1 and #3, combining these 32sts onto one needle.

Pick up and knit 16 sts along the right side of the heel flap, then knit 9 sts from heel turn and combine with right-side flap sts.

The beginning-of-round now occurs in the middle of the bottom of the heel. There should be 25sts-32sts-25sts on the three needles, which have been renumbered:



Decreasing Round 1: K to last 3 sts on the needle, K2tog, K1, K32, K1, SSK, K to end of round. (2 sts decreased)

Decreasing Round 2: K

Repeat Decreasing Rounds 1 and 2 eight more times (16-32-16 stitches remain on the three needles).

#### FOOT AND TOE

Continue in plain stockinette (K every stitch) until the sock measures 2"/5cm shorter than the total desired length.

Decreasing Round A: K to last 3 sts on needle, K2tog, K1, K1, SSK, K to last 3 sts on needle, K2tog, K1, K1, SSK, K to end of round. (4 sts decreased)

Decreasing Round B: K

Repeat Decreasing Rounds A and B seven more times (32 sts decreased total.)

K across needle #1, then combine sts on needles 1 & 3. Two needles remain, each with 16 sts.

### GRAFTING

Break yarn with 18" tail and thread onto a darning needle (DN). Hold the two needles parallel in the left hand, begin at the right-most stitches:

- 1. Insert DN into 1<sup>st</sup> st on front needle purlwise and pull yarn through, leaving st on needle.
- 2. Insert DN into 1<sup>st</sup> st on rear needle knitwise and pull yarn through, leaving st on needle.
- 3. Insert DN into 1<sup>st</sup> st on front needle knitwise, letting st fall off needle, then insert DN into next st on front needle purlwise, leaving st on needle, pull yarn through.
- 4. Insert DN into 1<sup>st</sup> st on rear needle purlwise, letting st fall off needle, then insert DN into next st on rear needle knitwise, leaving st on needle, pull yarn through.

Repeat Steps 3 and 4 until all sts are grafted together.

Weave in all ends.

# MAGIC LOOP

### **CUFF AND ANKLE**

CO 64 sts and divide evenly between two needles (32sts-32sts). Join in the round and be careful not to twist.

\*K1, P1, repeat from \*, until cuff measures approx. 1" from cast on edge.

Change to stocking stich (K every stitch) and work for approximately 6", or as desired.

## HEEL FLAP

This section is worked flat (back and forth) across the 32 sts on the needle. The remaining 32sts are held on the cord until the gusset section.

Row 1 (RS): \*SI1, K1, repeat from \* to end of the needle.

Row 2 (WS): SI1, P to end of the needle.

Repeat Rows 1 and 2 fifteen more times (for a total of 16 repeats). Repeat Row 1 one more time.

# HEEL TURN

Setup A (WS): Sl1, P17, P2tog, P1, turn.

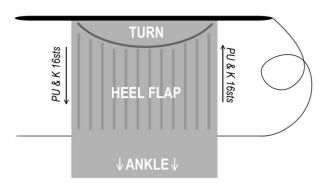
Setup B (RS): SI1, K5, SSK, K1, turn.

Row 1 (WS): SI1, P to 1 st before gap made by previous turn, P2tog, P1, turn.

Row 2 (RS): Sl1, K to 1 st before gap made by previous turn, SSK, K1, turn.

Repeat rows 1 and 2 until all sts on needle are included in the turn. (18st remaining on needle).

# GUSSET



Pick up and knit 16 sts along the left side of the heel flap onto the needle with the heel turn sts (34sts on needle).

Shift the 32 sts held on the cord onto needle and knit.

Pull right-hand needle free from sts and loop the cord, but do not put left hand needle into heel sts (yet). You will temporarily have 3 cord loops at the middle and either side of the heel.

Pick up and knit 16 sts along the right side of the heel flap. Pull left-hand needle into sts, then knit 9 sts from heel turn. Place marker for BOR.

The BOR now occurs in the middle of the bottom of the heel. There should be 50sts total on the heel-side and 32sts on the instep-side.

Decreasing Round 1: K to last 3 sts on the needle, K2tog, K1, K32, K1, SSK, K to end of round. (2 sts decreased)

Decreasing Round 2: K

Repeat Decreasing Rounds 1 and 2 eight more times (32sts remain on each side)

### FOOT AND TOE

Continue in plain stockinette (K every stitch) until the sock measures 2"/5cm shorter than the total desired length.

Decreasing Round A: K to last 3 sts on needle, K2tog, K1, K1, SSK, K to last 3 sts on needle, K2tog, k1, k1, SSK, K to end of round. (4 sts decreased)

Decreasing Round B: K

Repeat Decreasing Rounds A and B seven more times (32 sts decreased total.)

Remove marker and K to the end of needle. Shift both sides onto needles, each with 16 sts.

#### **Abbreviations:**

K – knit

P – purl

K2tog - knit 2 together

P2tog – purl 2 together

SSK – slip 2 sts knitwise, move both to left

needle and K2tog through back of loop

Sl1 – slip stitch

CO – cast on

RS – right side

WS – wrong side

St(s) – stitch(es)

BOR – Beginning of

round

DN - darning needle

Follow Grafting directions in DPN section.