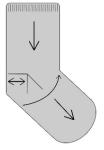


These basic socks are knit from the top down with a heel-flap construction. The toe is grafted together. This pattern will fit most adult foot sizes as the foot and ankle sections can be knit to desired length.



Instructions for both <u>Double Pointed Needles</u> and <u>Magic</u> Loop are included.

Yarn: 300yds of DK weight "sock" yarn

Needles: 3.25mm/US3 double pointed needles (set of 4), or 3.25mm/US3 32" circular needle for magic loop, or size needed to obtain gauge.

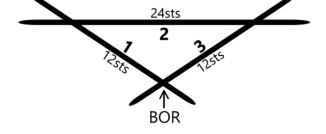
Gauge: 24 st = 4"/10cm

Other tools: darning needle

DOUBLE POINTED NEEDLES

CUFF AND ANKLE

CO 48 sts and distribute among 3 needles as shown. (12sts-24sts-12sts). Join in the round and be careful not to twist.



*K1, P1, repeat from *, until cuff measures approx. 1.25" from cast on edge.

Change to stocking stich (K every stitch) and work for approximately 6", or as desired, ending at the end of needle #1.

HEEL FLAP

This section is worked flat (back and forth) across the 24 sts on needle #2

Row 1 (RS): *SI1, K1, repeat from * to end of needle #2.

Row 2 (WS): SI1, P to end of needle #2.

Repeat Rows 1 and 2 eleven more times (for a total of 12 repeats). Repeat Row 1 one more time.

HEEL TURN

Setup A (WS): Sl1, P13, P2tog, P1, turn.

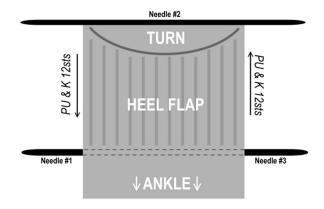
Setup B (RS): SI1, K5, SSK, K1, turn.

Row 1 (WS): SI1, P to 1 st before gap made by previous turn, P2tog, P1, turn.

Row 2 (RS): Sl1, K to 1 st before gap made by previous turn, SSK, K1, turn.

Repeat rows 1 and 2 until all sts on needle #2 are included in the turn. (14st remaining on needle #2). The final two rows will end at P2tog/SSK. Do not turn after working last Row 2.

GUSSET

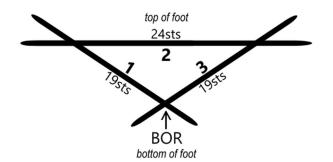


Pick up and knit 12 sts along the left side of the heel flap.

Knit across the stitches held on needles #1 and #3, combining these 24sts onto one needle.

Pick up and knit 12 sts along the right side of the heel flap, then knit 7 sts from heel turn and combine with right-side flap sts.

The beginning-of-round now occurs in the middle of the bottom of the heel. There should be 19sts-24sts-19sts on the three needles, which have been renumbered:



Decreasing Round 1: K to last 3 sts on the needle, K2tog, K1, K24, K1, SSK, K to end of round. (2 sts decreased)

Decreasing Round 2: K

Repeat Decreasing Rounds 1 and 2 six more times (12-24-12 stitches remain on the three needles).

FOOT AND TOE

Continue in plain stockinette (K every stitch) until the sock measures 2"/5cm shorter than the total desired length.

Decreasing Round A: K to last 3 sts on needle, K2tog, K1, K1, SSK, K to last 3 sts on needle, K2tog, K1, K1, SSK, K to end of round. (4 sts decreased)

Decreasing Round B: K

Repeat Decreasing Rounds A and B five more times (24 sts decreased total.)

K across needle #1, then combine sts on needles 1 & 3. Two needles remain, each with 12 sts.

GRAFTING

Break yarn with 18" tail and thread onto a darning needle (DN). Hold the two needles parallel in the left hand, begin at the right-most stitches:

- 1. Insert DN into 1st st on front needle purlwise and pull yarn through, leaving st on needle.
- 2. Insert DN into 1st st on rear needle knitwise and pull yarn through, leaving st on needle.
- 3. Insert DN into 1st st on front needle knitwise, letting st fall off needle, then insert DN into next st on front needle purlwise, leaving st on needle, pull yarn through.
- 4. Insert DN into 1st st on rear needle purlwise, letting st fall off needle, then insert DN into next st on rear needle knitwise, leaving st on needle, pull yarn through.

Repeat Steps 3 and 4 until all sts are grafted together.

Weave in all ends.

MAGIC LOOP

CUFF AND ANKLE

CO 48 sts and divide evenly between two needles (24sts-24sts). Join in the round; be careful not to twist.

*K1, P1, repeat from *, until cuff measures approx. 1.25" from cast on edge.

Change to stocking stich (K every stitch) and work for approximately 6", or as desired.

HEEL FLAP

This section is worked flat (back and forth) across the 24 sts on the needle. The remaining 24sts are held on the cord until the gusset section.

Row 1 (RS): *SI1, K1, repeat from * to end of the needle.

Row 2 (WS): SI1, P to end of the needle.

Repeat Rows 1 and 2 eleven more times (for a total of 12 repeats). Repeat Row 1 one more time.

HEEL TURN

Setup A (WS): SI1, P13, P2tog, P1, turn.

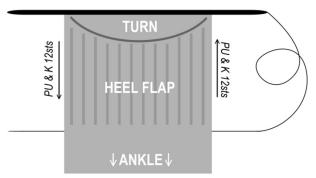
Setup B (RS): SI1, K5, SSK, K1, turn.

Row 1 (WS): SI1, P to 1 st before gap made by previous turn, P2tog, P1, turn.

Row 2 (RS): SI1, K to 1 st before gap made by previous turn, SSK, K1, turn.

Repeat rows 1 and 2 until all sts on needle are included in the turn. (14st remaining on needle). The final two rows will end at P2tog/SSK. Do not turn after working last Row 2.

GUSSET



Pick up and knit 12 sts along the left side of the heel flap onto the needle with the heel turn sts (26sts on needle).

Shift the 24 sts held on the cord onto needle and knit.

Pull right-hand needle free from sts and loop the cord, but do not put left hand needle into heel sts (yet). You will temporarily have 3 cord loops at the middle and either side of the heel.

Pick up and knit 12 sts along the right side of the heel flap. Pull left-hand needle into sts, then knit 7 sts from heel turn. Place marker for BOR.

The BOR now occurs in the middle of the bottom of the heel. There should be 38sts total on the heel-side and 24sts on the instep-side.

Decreasing Round 1: K to last 3 sts on the needle, K2tog, K1, K24, K1, SSK, K to end of round. (2 sts decreased)

Decreasing Round 2: K

Repeat Decreasing Rounds 1 and 2 six more times (24sts remain on each side)

FOOT AND TOE

Continue in plain stockinette (K every stitch) until the sock measures 2"/5cm shorter than the total desired length.

Decreasing Round A: K to last 3 sts on needle, K2tog, K1, K1, SSK, K to last 3 sts on needle, K2tog, k1, k1, SSK, K to end of round. (4 sts decreased)

Decreasing Round B: K

Repeat Decreasing Rounds A and B five more times (24 sts decreased total.)

Remove marker and K to the end of needle. Shift both sides onto needles, each with 12 sts.

Abbreviations:

K – knit

P – purl

K2tog – knit 2 together

P2tog – purl 2 together

SSK – slip 2 sts knitwise, move both to left

> needle and K2tog through back of loop

Sl1 – slip stitch

CO – cast on

RS – right side

WS – wrong side

St(s) - stitch(es)

BOR – Beginning of

round

DN - darning needle

Follow Grafting directions in DPN section.