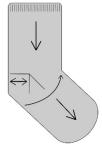


These ribbed socks are knit from the top down with a heel-flap construction. The 3x1 ribbing extends around the entire ankle and across the instep. The toe is grafted together. This pattern will fit most adult foot sizes as the foot section can be knit to desired length.



Additional sizing adjustment can be made by going up or down a needle size.

Yarn: Sandnesgarn Sisu (80% superwash wool, 20% nylon; 191yds per 50g). Shown in: 1053 Grey Heather (MC), 2 balls, 1012 Natural (CC1), 1 ball, and 4228 Red (CC2), 1 ball.
100g of yarn is needed to knit the pair of socks.

Needles: 2.25mm/US1 - 2.75mm/US2 double pointed needles or longer circular for magic loop. The smaller needles are recommended for youth or adult small socks, the larger needles for adult medium to large. Length of sock is adjusted during knitting.

**Gauge:** 28-30 st = 4''/10 cm in stockinette.

Other tools: darning needle

# **CUFF AND ANKLE**

<u>Using CC1</u>, CO 64 sts. Join in the round, being careful not to twist.

\*K1, P1, repeat from \*, for 6 rounds.

Using CC2, [K1, P1] for 5 rounds.

<u>Using CC1</u> and [K1, P1] for another 6 rounds.

<u>Using MC</u>: \*K3, P1, rep from \* around. Continue until sock measures 7" from cast on edge.

### HEEL FLAP

This section is worked flat (back and forth) across the first 32 sts. The other 32sts are held on spare needles or the magic loop cord.

#### **Using CC1:**

Row 1 (RS): \*SI1, K1, repeat from \* to marker.

Row 2 (WS): SI1, P to end of row (start of heel flap sts).

Repeat Rows 1 and 2 fifteen more times (for a total of 16 repeats). Repeat Row 1 one more time.

### TURNING HEEL

Setup A (WS): Sl1, P17, P2tog, P1, turn.

Setup B (RS): SI1, K5, SSK, K1, turn.

Row 1 (WS): SI1, P to 1 st before gap made by previous turn, P2tog, P1, turn.

Row 2 (RS): SI1, K to 1 st before gap made by previous turn, SSK, K1, turn.

Repeat rows 1 and 2 until all heel flap sts are included in the turn. (18st remaining from heel flap).

## GUSSET

<u>Using MC:</u> Pick up and knit 16 sts along the left side of the heel flap. PM, or note this as Left Side Point (LSP) in some manner.

Make 1 st at the start of the instep section, then work across the 32 instep stitches in established pattern. The newly made stitch will be purled in future rows so that the instep section (33sts) begins and ends with a purl.

PM, or note this as Right Side Point (RSP) in some manner.

Pick up and knit 16 sts along the right side of the heel flap, then knit 9 sts from heel.

The beginning-of-round now occurs at this point, in the middle of the bottom

of the heel. PM, or note this as Beginning of Round (BOR) in some manner.

Decreasing Round 1: K to 3 sts before LSP, K2tog, K1, work 33sts in established pattern, K1, SSK, K to end of round. (2 sts decreased)

Decreasing Round 2: K to LSP, work 33sts in established pattern, K to end of round.

Repeat Decreasing Rounds 1 and 2 eight more times (65sts remain).

# FOOT AND TOE

Continue as established, working ribbed pattern on top of the foot, and plain stockinette (K every stitch) on the bottom, until the sock measures 2"/5cm shorter than the total desired length.

<u>Using CC1:</u> Set-Up Round: K16, K15, K2tog, K to end of round. (32sts between LSP and RSP on both sides).

Decreasing Round A: K to 3 sts before LSP, K2tog, K1, K1, SSK, K to 3 sts before RSP, K2tog, K1, K1, SSK, K to end of round. (4 sts decreased)

Decreasing Round B: K

**Abbreviations:** 

K – knit

P - purl

pm - place marker

K2tog – knit 2 together

P2tog – purl 2 together

SSK – slip 2 sts knitwise, move both to left needle and K2tog through back of loop

Sl1 - slip stitch

CO - cast on

RS – right side

WS - wrong side

St(s) – stitch(es)

LSP – left side point

RSP – right side point

BOR - Beginning of round

DN – darning needle

Repeat Decreasing Rounds A and B seven more times (32 sts remain)

K to LSP, then distribute sts evenly between 2 needles (16 sts on each, LSP and RSP being at the ends).

Break yarn with 18" tail and thread onto a darning needle (DN). Hold the two needles parallel in the left hand, begin at the right-most stitches:

- 1. Insert DN into 1<sup>st</sup> st on front needle purlwise and pull yarn through, leaving st on needle.
- 2. Insert DN into 1<sup>st</sup> st on rear needle knitwise and pull yarn through, leaving st on needle.
- 3. Insert DN into 1<sup>st</sup> st on front needle knitwise, letting st fall off needle, then

insert DN into next st on front needle purlwise, leaving st on needle, pull yarn through.

4. Insert DN into 1<sup>st</sup> st on rear needle purlwise, letting st fall off needle, then insert DN into next st on rear needle knitwise, leaving st on needle, pull yarn through.

Repeat Steps 3 and 4 until all sts are grafted together.

Weave in all ends.