



Hearty socks for working, hiking, or just staying warm! This toe-up pattern includes thick yarn, an extra-deep heel flap, and ribbing on the ankle and instep for the best fit.

Size: Adult Small (Large): to fit a foot circumference of 8" (9"). Length can be adjusted while knitting.

Yarn: Briggs & Little Durasport (80% wool, 20% nylon; 430yds per 113g); one skein.

Needles: 3.25mm/US3, or size needed to obtain gauge, double pointed needles (set of 4), or 80cm/32" circular needle for magic loop,

Gauge: 24sts = 4"/10cm

Other tools: darning needle

TOE-UP

TOE

Using Judy's Magic Cast On (<https://bit.ly/3rTUf9T>) cast on 24 (28) sts total. [12 (14) sts on each needle].

K 1 round.

Toe Increase Round 1: *K1, M1L, K to last st on needle, M1R, K1, rep from * once more. (4 sts increased)

Toe Increase Round 2: K all sts.

Repeat Toe Increase Rounds 1 & 2 another 5 (6) more times. 48 (56) sts.

If you are working with DPNs, you can shift stitches on to more needles whenever it suits, but maintain the two 'side' points, one of which is the BOR.

Set Up Pattern: K2, P1, K1, M1L, K1, P1, [K3, P1] four (five) times, K2, K to end of round. 3x1 ribbing now established on the top side of the sock, plain stockinette on the bottom side.

Continue in established pattern until the sock is 6" (6.5") long, or 3" (3.5") less than the desired length of the finished sole.

GUSSET

Gusset Round A: Work 25 (29) top side sts, K1, M1L, K to 1 st before end, M1R, K1. (2 sts inc)

Gusset Round B: Work established pattern plain, with no increases.

Repeat Gusset Rounds A & B another 9 (10) more times.
69 (79) sts total.

Bind off using tubular bind off, or very loosely in ribbing.

HEEL TURN & FLAP

Work 25 (29) sts in established pattern. The next section is worked flat within the following 44 (50) bottom side sts:

Heel Turn:

Row 1 (RS): K 28 (32), LLI, K1, turn.

Row 2 (WS): Sl1wyif, DS, P 13 (15), LLlp, P1, turn.

Row 3 (RS): Sl1wyif, DS, K to 2 sts before last duplicated st, LLI, K1, turn.

Row 4 (WS): Sl1wyif, DS, P to 2 sts before last duplicated st, LLlp, P1, turn.

Repeat Rows 3 & 4 another 3 (4) more times.

FOR THE FINAL REPEAT OF ROW 4: Sl1wyif, DS, P5, LLlp, do not turn, (*now working any duplicated sts as if just a single st*) P 8 (10), P2tog, turn.

Heel Flap Row A (RS): [Sl1, K1] 11 (13) times, Sl1, SSK, turn.

Heel Flap Row B (WS): Sl1, P 22 (26), P2tog, turn.

Repeat Heel Flap Rows A & B another 13 (15) more times, then Heel Flap Row A once more, do not turn at end of row. 24 (28) heel-side sts remain.

ANKLE & CUFF

Rejoin with the instep sts and resume working in the round:

Set Up Pattern: K2, P1, [K3, P1] 11 (13) times, K2tog. 48 (56) sts.

Continue in established 3x1 ribbing for 4".

Work [K1, P1] ribbing for another 4".

Abbreviations:

K – knit

P – purl

K2tog – knit 2 together

P2tog – purl 2 together

SSK – slip 2 sts knitwise, move both to left needle and K2tog through back of loop

Sl1 – slip stitch

wyif – with yarn in front

M1L – make one st, left leaning

M1R – make one st, right leaning

LLI – Use tip of the left needle to pick up the stitch two rows below the first stitch on the right needle, and then knit into it with the right needle to make a new stitch

LLlp – Use the tip of the left needle to pick up the stitch two rows below the first stitch on the right needle, and then purl into it with the right needle to make a new stitch

RS/WS – right side/wrong side

St(s) – stitch(es)

DS – duplicate the stitch just slipped, on the right needle, by wrapping yarn over the needle on top of st. If following st is a purl, this is a complete YO; if following is a knit, it is half a YO to the back.

BOR – Beginning of round

rep – repeat