



Top-down ribbed socks with an easy cable pattern along the ankle and instep.

Yarn: 1 skein of Manos del Uruguay Alegría (75% Superwash Merino Wool, 25% Nylon; 445 yds per 100g). *Shown in A2363 Tahiti.*

Needles: 2.75mm set of four double pointed needles (or long circular for magic loop)

Gauge: 28 sts = 4"/10cm in stockinette

Other tools: cable needle, stitch markers, darning needle.

CUFF

CO 64 sts. Distribute between needles and join in round.

[K2, P2] around, until cuff measures 1".

Set Up Round

*K2, P1, slip 1 st onto cable needle and hold behind work, K2, move cable needle to front of work, K1, K stitch from cable needle, P1, repeat from * to end of round.

Cable Pattern

Round 1, 2 & 4: *K2, P1, K4, P1, rep from * to end of round.

Round 3: *K2, P1, C2F, P1, rep from * to end of round.

Repeat rounds 1-4 thirteen more times, then Rounds 1-2 once more.

HEEL FLAP

Arrange sts so that 33sts are on the next needle (Needle #1), and 16 and 15 sts are on each of the other two needles, respectively (Needles #2 & 3).

K first st on Needle #1, then move this worked st to Needle #3. Stitch count is now 32-16-16, with the cable pattern centred on both sides. (BOR has moved one st to the left).

The heel flap section is worked flat (back and forth) across the 32sts on Needle #1.

Row 1 (RS): *Sl1, K1, repeat from * to end of Needle #1.

Row 2 (WS): Sl1, P to end of Needle #1.

Repeat Rows 1 and 2 fifteen more times (for a total of 16 repeats). Repeat Row 1 one more time.

TURNING HEEL

Setup A (WS): Sl1, P17, P2tog, P1, turn.

Setup B (RS): Sl1, K5, SSK, K1, turn.

Row 1 (WS): Sl1, P to 1 st before gap made by previous turn, P2tog, P1, turn.

Row 2 (RS): Sl1, K to 1 st before gap made by previous turn, SSK, K1, turn.

Repeat rows 1 and 2 until all sts on Needle #1 are included in the turn. (18st remaining on Needle #1).

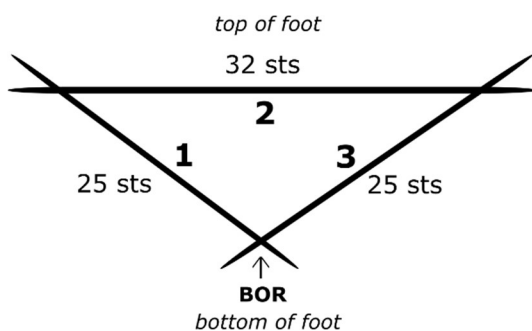
GUSSET

Pick up and knit 16 sts along the left side of the heel flap.

Maintaining cable pattern as established, work across the stitches held on Needles #2 & 3, moving all sts on to Needle #2.

Pick up and knit 16 sts along the right side of the heel flap, then knit 9 sts from heel turn and combine with right-side flap sts on Needle #3.

The beginning-of-round now occurs in the middle of the bottom of the heel. There should be 25sts-32sts-25sts on the three needles.



Decreasing Round 1: K to last 3 sts on Needle #1, K2tog, K1, work all sts on Needle #2 as established, K1, SSK, K to end of round. (2 sts decreased)

Decreasing Round 2: K on Needles #1 & 3, work Needle #2 as established.

Repeat Decreasing Rounds 1 and 2 eight more times (16-32-16 stitches remain on the three needles).

FOOT AND TOE

Continue in pattern (cable pattern on top of foot, plain stockinette on bottom) until the sock measures 2"/5cm shorter than the total desired length.

Cable pattern stops here; all sts are K until end.

Decreasing Round A: K to last 3 sts on Needle #1, K2tog, K1, K1, SSK, K to last 3 sts on Needle #2, K2tog, K1, K1, SSK, K to end of round. (4 sts decreased)

Decreasing Round B: K

Repeat Decreasing Rounds A and B seven more times (32 sts decreased total.)

K across Needle #1, then combine sts on Needles #1 & 3. Two needles remain, each with 16 sts.

Break yarn with 18" tail. Graft remaining stitches together using Kitchener Stitch.

Weave in all ends.

Abbreviations:

K – knit

P – purl

K2tog – knit 2 together

SSK – slip 2 sts knitwise, move both to left needle and K 2 together through back of loop

P2tog – purl 2 together

Sl1 – slip stitch

CO – cast on

RS – right side

WS – wrong side

St(s) – stitch(es)

BOR – Beginning of round

C2F – slip 2 sts from left needle on to cable needle and hold in front of work. K next 2 sts from left needle, then K to sts from cable needle.