



A super chunky headband with a front twist.

**Yarn:** Estelle Merino XL (100% Superwash Merino Wool;  
160 yards per 200g)

**Needles:** 8.0mm

**Sizes:** Small (Large), with finished circumference of 19"  
(21"). *Headbands fit best when a few inches smaller  
than the head that will wear them.*

**Gauge:** 18sts per 4" in unstretched ribbing.

**Other Tools & Notions:** darning needle.

## HEADBAND

Cast on 23 (25) sts.

Row 1 (WS): Sl1, (K1, P1) to end of row.

Row 2 (RS): Sl1, (P1, K1) to end of row.

Repeat rows 1 and 2 until work is 19" (21") long.

Bind off all sts and break yarn leaving a 18" tail.

## SEAMING

Fold headband in half lengthwise, right sides together. Take the two folded end edges, both pointing in the same direction, and layer them between each other (*Watch this video <https://bit.ly/3Z8SQM0> for a demonstration*). Using the tail of yarn, stitch securely across all four layers. Tie off the yarn when finish and weave in all ends. Turn the headband right side out and enjoy!

### Abbreviations:

K – knit

P – purl

Sl1 – Slip one stitch,  
knitwise

St(s) – stitch(es)