



# Blair

These socks are knit from the toe-up with a reverse help-flap construction and a simple seed-stitch pattern. This pattern will fit most adult foot sizes as the foot section can be knit to desired length.

**Yarn:** Zen Yarn Garden Superfine Fingering (90% Superfine Merino Wool, 10% Nylon; 400yds per 100g); 1 Skein

**Needles:** 2.25mm/US1 double pointed needles or longer circular for magic loop.

**Gauge:** 30 st = 4"/10cm in stockinette

**Other tools:** darning needle.

## TOE

Using Judy's Magic Cast On (<https://bit.ly/3rTUf9T>) cast on 32 sts (16sts on each needle).

K 1 round.

**Toe Increase Round 1:** \*K1, M1L, K to last st on needle, M1R, K1, rep from \* once more. (4 sts increased)

**Toe Increase Round 2:** K all sts.

Repeat Toe Increase Rounds 1 and 2 another 7 more times. (64 sts)

*If you are working with DPNs, you can shift stitches on to more needles whenever it suits, but maintain the two 'side' points, one of which is the BOR.*

## FOOT

**Texture Pattern** (instep only):

Round 1: [K3, P1] 8 times, K to end of round.

Rounds 2-4: K all sts.

Round 5: [K1, P1, K2] 8 times, K to end of round.

Rounds 6-8: K all sts.

Continue working the foot with Texture Pattern on the instep and plain stockinette on the sole, until the sock is 2 ½" less than the desired length of the finished sole.

## GUSSET

**Gusset Round 1:** Work 32 instep sts in established pattern, K1, M1L, K to 1 st before end, M1R, K1. (2 sts inc)

**Gusset Round 2:** Work 32 instep sts in established pattern, K to end of round.

Repeat Gusset Rounds 1 and 2 another 8 more times. (32 instep sts + 50 heel sts).

## HEEL TURN & FLAP

K 32 sts in established pattern. The following section is worked flat within the next 50 heel sts:

### Turn:

Row 1 (RS): K33, LLI, K1, turn.

Row 2 (WS): Sl1wyif, DS, P17, LLlp, P1, turn.

Row 3 (RS): Sl1wyif, DS, K16, LLI, K1, turn.

Row 4 (WS): Sl1wyif, DS, P15, LLlp, P1, turn.

Row 5 (RS): Sl1wyif, DS, K14, LLI, K1, turn.

Row 6 (WS): Sl1wyif, DS, P13, LLlp, P1, turn.

Row 7 (RS): Sl1wyif, DS, K12, LLI, K1, turn.

Row 8 (WS): Sl1wyif, DS, P11, LLlp, P1, turn.

Row 9 (RS): Sl1wyif, DS, K10, LLI, K1, turn.

Row 10 (WS): Sl1wyif, DS, P9, LLlp, P1, turn.

Row 11 (RS): Sl1wyif, DS, K8, LLI, K1, turn.

Row 12 (WS): Sl1wyif, DS, P7, LLlp, P1, turn.

Row 13 (RS): Sl1wyif, DS, K6, LLI, K1, turn.

Row 14 (WS): Sl1wyif, DS, P5, LLlp, (*now working any sts with DS as if just a single st*) P12, P2tog, turn.

**Heel Flap Row A** (RS): [Sl1, K1] 15 times, Sl1, SSK, turn.

**Heel Flap Row B** (WS): Sl1, P30, P2tog, turn.

Repeat **Heel Flap Rows A & B** another 14 more times, then **Heel Flap Row A** once more. (*32 heel sts remain*).

## ANKLE & CUFF

Rejoin with the instep sts and resume working in the round, maintaining established Texture Pattern, and now applying it **ALL** sts in the round (front and back).

Continue until sock is 1½" less than total desired length.

Work [K1, P1] ribbing for 1½".

Bind off loosely in pattern.

Second sock same as the first.

### **Abbreviations:**

K – knit

P – purl

M1L – make one st, left leaning

M1R – make one st, right leaning

Sl1 – slip one stitch

LLI – Use tip of the left needle to pick up the stitch two rows below the first stitch on the right needle, and then knit into it with the right needle to make a new stitch

LLlp – Use the tip of the left needle to pick up the stitch two rows below the first stitch on the right needle, and then purl into it with the right needle to make a new stitch

RS/WS – right side/wrong side

SSK – slip 2 sts knitwise, move both to left needle and K 2 together through back of loop

P2tog – purl 2 together

St(s) – stitch(es)

tw – turn work

wyif – with yarn in front

DS – duplicate the stitch just slipped, on the right needle, by wrapping yarn over the needle on top of st. If following st is a purl, this is a complete YO; if following is a knit, it is half a YO to the back.

BOR – Beginning of round

rep – repeat