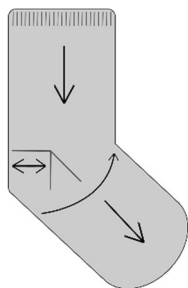




These patterned socks are knit from the top down with a heel-flap construction. The toe is grafted together. This pattern will fit most adult foot sizes as the foot section can be knit to desired length.



Yarn: Manos del Uruguay Alegría (75% superwash merino wool, 25% nylon; 445yds per 100g). *Shown in Cielo Azul*

Needles: 2.75mm/US2 double pointed needles or longer circular for magic loop. *Due to the structure of the stitch pattern, we recommend that these socks be knit on magic loop needles, though DPNs will also work.*

Gauge: 28-30 st = 4"/10cm

Other tools: darning needle

CUFF AND ANKLE

CO 66 sts. Join in the round, being careful not to twist.

*K1, P1, repeat from *, until cuff measures approx. 3cm from cast on edge.

Setup Round: *K1, P1, K29, P1, K1, rep from * once more.

Lattice Pattern

Round 1: *K1, P1, (SI5wyif, K1) four times, SI5wyif, P1, K1, rep from * once more.

Rounds 2, 4, 6, 8: *K1, P1, K29, P1, K1, rep from * once more.

Round 3: *K1, P1, K2, (PUK, K5) four times, PUK, K2, P1, K1, rep from * once more.

Round 5: *K1, P1, K3, (SI5wyif, K1) four times, K2, P1, K1, rep from * once more.

Round 7: *K1, P1, K5, (PUK, K5) four times, P1, K1, rep from * once more.

Work Rounds 1-8 of Lattice Pattern a total of nine times, followed by Rounds 1-7 once more.

Heel Setup Round: K15, K2tog, K16, pm (*or note this as half-way point in some manner*), K1, P1, K29, P1, K1. (65sts)

HEEL FLAP

This section is worked flat (back and forth) across the first 32 sts. The other 33sts are held on spare needles or the magic loop cord.

Row 1 (RS): *Sl1, K1, repeat from * to marker.

Row 2 (WS): Sl1, P to end of row (*start of heel flap sts*).

Repeat Rows 1 and 2 fifteen more times (for a total of 16 repeats). Repeat Row 1 one more time.

TURNING HEEL

Setup A (WS): Sl1, P17, P2tog, P1, turn.

Setup B (RS): Sl1, K5, SSK, K1, turn.

Row 1 (WS): Sl1, P to 1 st before gap made by previous turn, P2tog, P1, turn.

Row 2 (RS): Sl1, K to 1 st before gap made by previous turn, SSK, K1, turn.

Repeat rows 1 and 2 until all heel flap sts are included in the turn. (*18st remaining from heel flap*).

GUSSET

Pick up and knit 16 sts along the left side of the heel flap. PM, or note this as Left Side Point (LSP) in some manner.

Knit across the 33 instep stitches in established pattern (beginning with Lattice Pattern Row #1).

PM, or note this as Right Side Point (RSP) in some manner.

Pick up and knit 16 sts along the right side of the heel flap, then knit 9 sts from heel.

The beginning-of-round now occurs at this point, in the middle of the bottom of the heel. PM, or note this as Beginning of Round (BOR) in some manner.

Decreasing Round 1: K to 3 sts before LSP, K2tog, K1, work 33sts in established pattern, K1, SSK, K to end of round. (2 sts decreased)

Decreasing Round 2: K to LSP, work 33sts in established pattern, K to end of round.

Repeat Decreasing Rounds 1 and 2 eight more times (*65sts remain*).

FOOT AND TOE

Continue as established, working Lattice Pattern on top of the foot, and plain stockinette (K every stitch) on the bottom, until the sock measures 2"/5cm shorter than the total desired length.

Set-Up Round: K16, K15, K2tog, K to end of round. (*32sts between LSP and RSP on both sides*).

Decreasing Round A: K to 3 sts before LSP, K2tog, K1, K1, SSK, K to 3 sts before RSP, K2tog, K1, K1, SSK, K to end of round. (*4 sts decreased*)

Decreasing Round B: K

Repeat Decreasing Rounds A and B seven more times (*32 sts remain*)

K to LSP, then distribute sts evenly between 2 needles (*16 sts on each, LSP and RSP being at the ends*).

Break yarn with 18" tail and thread onto a darning needle (DN). Hold the two needles parallel in the left hand, begin at the right-most stitches:

1. Insert DN into 1st st on front needle purlwise and pull yarn through, leaving st on needle.
2. Insert DN into 1st st on rear needle knitwise and pull yarn through, leaving st on needle.
3. Insert DN into 1st st on front needle knitwise, letting st fall off needle, then insert DN into next st on front needle purlwise, leaving st on needle, pull yarn through.
4. Insert DN into 1st st on rear needle purlwise, letting st fall off needle, then insert DN into next st on rear needle knitwise, leaving st on needle, pull yarn through.

Repeat Steps 3 and 4 until all sts are grafted together.

Weave in all ends.

Abbreviations:

K – knit

P – purl

Sl5wyif – Slip 5 with yarn in front - with the yarn held in front of the work, slip 5 stitches purlwise from the left needle to the right. Be sure to leave enough of the working yarn 'float' across the slipped stitches to not cause the fabric to pucker when working the next stitch.

PUK – Pick Up then Knit – insert the right needle under the 5-stitch float below, then knit into the next st on the left needle. Bring the newly created st both through the stitch on the needle and under the float. The float will now be caught behind the first (new) stitch on the right needle.

pm – place marker

SSK – slip 2 sts knitwise, move both to left needle and K 2 together through back of loop

K2tog – knit 2 together

P2tog – purl 2 together

Sl1 – slip stitch

CO – cast on

RS – right side

WS – wrong side

St(s) – stitch(es)

LSP – left side point

RSP – right side point

BOR – Beginning of round

DN – darning needle