

These lace-ribbed socks are knit from the top down with a heel-flap construction. The toe is grafted together. This pattern will fit most adult foot sizes as the foot section can be knit to desired length.

Yarn: Zen Yarn Garden Superfine Fingering (90% superwash merino wool, 10% nylon; 400 yds per 100g); 1 Skein

Needles: 2.25mm/US1 double pointed needles or longer circular for magic loop.

Gauge: 30 st = 4"/10cm in stockinette

Other tools: darning needle.

CUFF AND ANKLE

Cast on 64 sts. Join in the round, being careful not to twist.

*K2, P2, repeat from *, until cuff measures approx. 1.25" from cast on edge.

<u>Set Up Round:</u> *K5, P1, K1, P1, rep from * to end of round.

Lace Pattern: (follow written OR chart instructions)

Round 1: *K1, [YO, SSK] twice, P1, K1, P1, rep from * to end of round.

Rounds 2 & 4: *K5, P1, K1, P1, rep from * to end of round

Round 3: *[K2tog, YO] twice, K1, P1, K1, P1, rep from * to end of round.

Repeat Rounds 1-4 until cuff is approximately 7", or desired length, ending with Round 4.

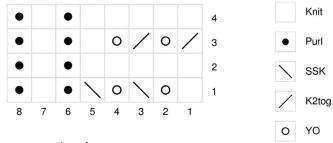


Chart for Lace Pattern (repeat 8 times each round)

On last round, stop 1 st before end of round. Make this the new Beginning of Round, and the next 31 sts will become the heel flap. The other 33 sts will be held while the heel is worked – these sts will later become the top of the foot. You will need to shuffle a few sts between needles to set up the next section.

HEEL FLAP

This section is worked flat (back and forth).

Setup Row 1 (RS): [SI1, K1] seven times, SI1, m1, (SI1, K1] eight times. Turn work. (32 heel flap sts)

Setup Row 2 (WS): Sl1, P31. Turn work.

Row 1 (RS): *SI1, K1, repeat from * sixteen times total (to end of heel flap sts)

Row 2 (WS): Sl1, P to end of row (start of heel flap sts).

Repeat Rows 1 and 2 fourteen more times. Repeat Row

1 one more time.

TURNING HEEL

Setup A (WS): SI1, P17, P2tog, P1, turn.

Setup B (RS): SI1, K5, SSK, K1, turn.

Row 1 (WS): SI1, P to 1 st before gap made by previous turn, P2tog, P1, turn.

Row 2 (RS): SI1, K to 1 st before gap made by previous turn, SSK, K1, turn.

Repeat rows 1 and 2 until all heel flap sts are included in the turn. (18st remaining from heel flap).

GUSSET

Pick up and knit 16 sts along the left side of the heel flap. PM, or note this as Left Side Point (LSP) in some manner.

Work across the next 33 instep stitches in established pattern (beginning with Lace Pattern Round 1 and Stitch 7).

PM, or note this as Right Side Point (RSP) in some manner.

Pick up and knit 16 sts along the right side of the heel flap, then knit 9 sts from heel.

The beginning-of-round now occurs at this point, in the middle of the bottom of the heel. PM, or note this as Beginning of Round (BOR) in some manner.

Decreasing Round 1: K to 3 sts before LSP, K2tog, K1, work 33sts in established pattern, K1, SSK, K to end of round. (2 sts decreased)

Decreasing Round 2: K to LSP, work 33sts in established pattern, K to end of round.

Repeat Decreasing Rounds 1 and 2 eight more times (65sts remain).

FOOT AND TOE

Continue as established, working Lace Pattern on top of the foot, and plain stockinette (K every stitch) on the bottom, until the sock measures 2½"/5.5cm less than the total desired length, and ending with Lace Pattern Round 2 or 4 on the instep.

Set Up Round: K to LSP, K15, K2tog, K14, K to end of round. (1 st decreased; 32 sts remain on each top and

bottom).

Decreasing Round A: K to 3 sts before LSP, K2tog, K1, K1, SSK, K to 3 sts before RSP, K2tog, K1, K1, SSK, K to end of round. (4 sts decreased)

Decreasing Round B: K

Repeat Decreasing Rounds A and B seven more times (32 sts remain)

K to LSP, then distribute sts evenly between 2 needles (16 sts on each, LSP and RSP being at the ends).

Break yarn with 18" tail and thread onto a darning needle (DN). Hold the two needles parallel in the left hand, begin at the right-most stitches:

- 1. Insert DN into 1st st on front needle purlwise and pull yarn through, leaving st on needle.
- 2. Insert DN into 1st st on rear needle knitwise and pull yarn through, leaving st on needle.
- 3. Insert DN into 1st st on front needle knitwise, letting st fall off needle, then insert DN into next st on front needle purlwise, leaving st on needle, pull yarn through.
- 4. Insert DN into 1st st on rear needle purlwise, letting st fall off needle, then insert DN into next st on rear needle knitwise, leaving st on needle, pull yarn through.

Repeat Steps 3 and 4 until all sts are grafted together. Weave in all ends. Work second sock same as the first.

K – knit

P - purl

pm – place marker

YO – yarn over

SSK – slip 2 sts knitwise, move both to left needle and K 2 together through back of loop

K2tog – knit 2 together

P2tog – purl 2 together

Sl1 – slip stitch

M1 – make 1 st

RS/WS – right side/wrong side

St(s) – stitch(es)

LSP/RSP – left side point/right side point

BOR – Beginning of round DN – darning needle