



BASSINET MATTRESS

READ THIS
USER MANUAL
BEFORE USE



• Read **ALL** instructions BEFORE assembly and USE of Products.
KEEP INSTRUCTIONS FOR FUTURE USE.

INSTRUCTIONS

Your *LifeNest*® explained:

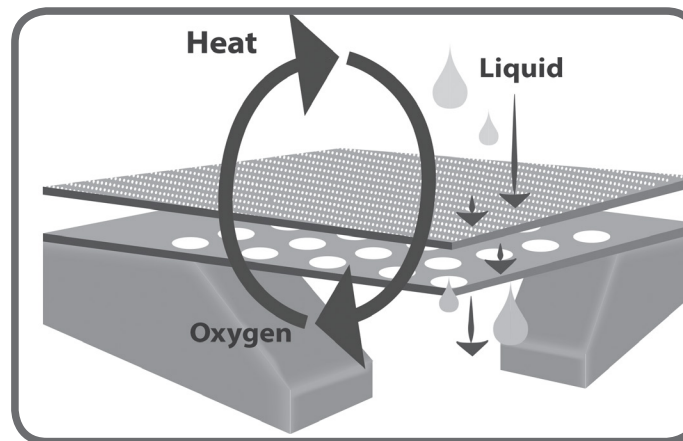
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The innovative *LifeNest* Sleeping System was specially designed to achieve the goals of comfort and hygiene. It combines the support, hygiene and softness of a high-tech breathable netting with the comfort of a surrounding foam core. The netting allows free air, temperature, and fluid flows.

LifeNest is designed to be used exclusively as a sleeping system for babies and to be placed in a bassinet. *LifeNest* is intended to help baby sleep on his or her back on the hammock-like mesh area. Lifenest may not be used outside a bassinet.

Your *LifeNest* foam core is made from high-density polyurethane molded foam covered by an impermeable washable fabric. It comprises a mesh area intended to support the baby's body while allowing a free airflow around the baby.

The *LifeNest* breathable cover sheet (sold separately) is designed for breathability, pressure relief, as well as regulation of heat and moisture.



THE *LIFENEST* BABY SLEEPING SYSTEM FOR BABIES IS DESIGNED TO:

a) Provide your baby with a comfortable supportive surface when placed on his or her back. This in turn increases the contact surface, redistributing pressure, helping prevent flat head syndrome (plagiocephaly) and making your baby sleep more comfortably.

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Baby's head contact with a regular mattress and the *LifeNest*



Flat Head on a Standard firm mattress



Normal head on a *LifeNest*

- b) Encourage a comfortable back-sleeping position close to the baby's womb position, allowing unrestricted movement thus promoting relaxation and better sleep quality.
- c) Allow the free circulation of air through the *LifeNest* mesh fabric. This in turn accelerates the evacuation of exhaled CO₂ and supplies surrounding fresh air.
- d) Help prevent overheating and reduce baby's sweating by allowing free airflow around the baby.
- e) Reduce the risk of suffocation by allowing your baby to breathe freely, even if he or she accidentally rolls over, when the only possible route of breathing is through the netting.
- f) Allow liquids or mucus to pass through the *LifeNest* mesh surface, helping to prevent smothering.
- g) Keep your baby dry and comfortable on the hypoallergenic netting.

HOW TO USE YOUR *LIFENEST*

PLEASE NOTE:

Ubimed® recommends that your new *LifeNest* be thoroughly aired over a few hours, and the *LifeNest* cover sheet washed and dried before first use.

The *LifeNest* must be housed in the *LifeNest* fitted sheet.

- Install your *LifeNest* Sleeping System in the bassinet after removing the original mattress.
- Recommended Position on the *LifeNest* Sleeping System:
 - Baby lying on the back, head up, feet towards the foot of the bassinet.
 - The baby's body must be entirely over the Lifenest hammock part, which is highlighted by the double stitching.

If followed properly, these simple instructions will ensure that your baby gains the full benefit from the *LifeNest* Sleeping System.

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WARNING

- DO NOT USE OUTSIDE OF A BASSINET.
- BEFORE PLACING YOUR BABY ON THE LIFENEST, ALWAYS ENSURE THE LIFENEST MATTRESS IN NO MORE THAN 20MM FROM ANY BASSINET SIDE OR END WHEN CENTERED ON THE MATTRESS BASE OR 40MM WHEN THE MATTRESS IS PUSHED TO ONE SIDE OR END. A LARGER GAP COULD RESULT IN INJURY OR SUFFOCATION HAZARD.
- USE THE *LIFENEST* ONLY WITH CHILDREN FROM BIRTH TO FIVE MONTHS OLD OR 20 POUNDS (9 KG) MAXIMUM.
- UBIMED® RECOMMENDS USING EXCLUSIVELY A BABY SLEEPING BAG OR OTHER TYPES OF SLEEPERS INSTEAD OF BLANKETS WITH THE *LIFENEST*. THIS WILL PREVENT SUFFOCATION HAZARD UNDER CONVENTIONAL SHEETS/BLANKETS.
- PLACE ONLY ONE BABY AT A TIME ON THE *LIFENEST*.
- **THE LIFENEST COVER SHEET AND LIFENEST HAVE BEEN SPECIFICALLY DESIGNED TO BE USED TOGETHER. BE SURE TO USE ONLY ORIGINAL LIFENEST BREATHABLE FITTED COVER SHEETS MANUFACTURED BY UBIMED® WITH YOUR LIFENEST.**
- THE *LIFENEST* IS INTENDED TO BE USED EXCLUSIVELY WITH A *LIFENEST* BREATHABLE FITTED SHEET. **USING ANOTHER COVER SHEET OR AN EXTRA FABRIC MAY CREATE A SUFFOCATION HAZARD. NEVER USE ANY ADDITIONAL COVER SHEET OR PIECE OF CLOTHING WITH OR ON TOP OF THE LIFENEST.**
- NEVER USE THE *LIFENEST* WITHOUT THE *LIFENEST* COVER SHEET.
- THE *LIFENEST* COVER SHEET IS INTENDED TO BE USED EXCLUSIVELY WITH THE *LIFENEST*.
- PERIODICALLY INSPECT FOR RIPS, TEARS AND/OR OPENINGS THE *LIFENEST* COVER SHEET AND THE *LIFENEST*. IF ANY SHOULD APPEAR, DON'T TRY TO FIX IT, DISCONTINUE ITS USE AND DISCARD THE PRODUCT IMMEDIATELY.
- NEVER USE PLASTIC SHIPPING BAGS OR OTHER PLASTIC FILM AS MATTRESS COVERS NOT SOLD AND INTENDED FOR THAT PURPOSE. THEY CAN CAUSE SUFFOCATION.
- **STRANGULATION HAZARD:**
 - NEVER PLACE BED NEAR WINDOWS WHERE CORDS FROM BLINDS OR DRAPES MAY STRANGLE A CHILD.
 - NEVER SUSPEND STRINGS OVER THE BED.
 - NEVER PLACE ITEMS WITH A STRING, CORD, OR RIBBONS, SUCH AS HOOD STRINGS OR PACIFIER CORDS, AROUND A CHILD'S NECK. THESE ITEMS MAY CATCH ON BED PARTS.

BABY SAFETY RECOMMENDATIONS

- Always place your baby to sleep on his/her back.
- Use a crib that meets current safety standards.
- Do not put anything soft, loose or fluffy in your baby's sleep space. This includes pillows, blankets, comforters, soft or pillow-like bumpers, stuffed animals or any other soft items.
- Use a sleep sack or other type of pajamas instead of blankets to keep your baby warm and safe.
- Place your baby's separate, safe sleep space near your bed to help you protect him/her and make breastfeeding easier.
- Falling asleep with your baby in bed or on a couch or armchair is very dangerous.
- Never place your baby to sleep on top of any soft surface. This includes adult beds, waterbeds, pillows, cushions, comforters or sheepskins.
- Do not use wedges to prop your baby up or keep him/her on his/her back.
- Make sure your baby doesn't get too warm during sleep. Use light sleep clothing and keep room temperature at what would be comfortable for a lightly-clothed adult.
- Make sure that no one smokes around your baby.

For more information please visit www.rednose.com.au, www.firstcandle.org or www.AAP.org.

CARE OF YOUR LIFENEST SLEEPING SYSTEM

- **Washing & Drying:**
 - The *LifeNest* mattress should not be washed. If anything is spilled onto the *LifeNest*, we recommend removing the *LifeNest* cover sheet, then wiping the affected area with a damp cloth. This will avoid damaging the structure of the *LifeNest*. DO NOT immerse the *LifeNest*. Make sure the *LifeNest* is thoroughly dry before re-use.
 - *LifeNest* Cover sheets can be washed by hand or by machine at 140 degrees Fahrenheit (60 degrees Celsius) in a gentle cycle using a non-biological mild detergent, no bleach; tumble dry low. Wash separately or with like colors.
- **Storage:**
 - Store the *LifeNest* in its plastic carry bag, in a dry, safe place when not in use. Avoid placing heavy objects or cutting items on the *LifeNest*.

LIMITED WARRANTY

Lifenest comes with a 1 Year product guarantee against fabric and manufacturing defect.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. The benefits provided to you by the Guarantee's are in addition to other rights and remedies available to you under the law. Snugfit Australia Pty Ltd nor its distributors or on-sellers make any express warranties or representations other than set out in these guarantees.

How to make a claim:

Contact Snugfit Australia Pty Ltd on 1300 857 123 or New Zealand on 0800 722 000, within 3 days of the defect. The operator will require details of the defect. The original purchase receipt for the product must be retained and provided to validate the guarantee. Snugfit may require the product to be returned for inspection and testing. If so, Snugfit will bear the cost of the transport of the product. Snugfit will arrange for the product to be replaced at no cost to you. Once the replacement is made Snugfit becomes the owner of the original product.

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If you are in any doubt as to whether to use your LifeNest or how to use it please contact Snugfit during business hours. YOU WILL APPRECIATE THAT SNUGFIT CAN ONLY OFFER PRODUCT ADVICE OF A GENERAL NATURE. IF YOU ARE IN ANY DOUBT, DO NOT USE THE LIFENEST™ SYSTEM BEFORE CONSULTING WITH YOUR DOCTOR OR HEALTHCARE PROFESSIONAL.

 , FDA Class I, 16CFR 1632 & 16CFR 1632 Open flame test compliant.

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LifeNest Sleeping System Designs and Registered marks are protected by US and International patent pending and copyright. US Patent 7752691.

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