

TEST REPORT

8605 SW Creekside Place
Beaverton, OR 97008
Phone: 503-466-2445 Fax: 503-466-1636



2018 08 01 111 SB

Ordering Provider:
Jane Getuwell, MD

Samples Received
08/06/2018

Report Date
08/08/2018

Samples Collected
Saliva - 08/01/18 06:30
Saliva - 08/01/18 12:00
Saliva - 08/01/18 18:00
Saliva - 08/01/18 21:45
Blood Spot - 08/01/18 18:30

Patient Name: Comprehensive Female Profile I
Patient Phone Number: 555 555 5555

Gender Female	Last Menses 04/01/2017	Height 5 ft 6 in	Waist Unspecified
DOB 10/2/1966 (51 yrs)	Menses Status Postmenopausal	Weight 151 lb	BMI 24.4

TEST NAME	RESULTS 08/01/18	RANGE
Salivary Steroids		
Estradiol	0.8	0.5-1.7 pg/mL Postmenopausal (optimal 1.3-1.7)
Progesterone	37	12-100 pg/mL Postmenopausal
Ratio: Pg/E2	46 L	Optimal: 100-500 when E2 1.3-3.3 pg/mL
Testosterone	33	16-55 pg/mL (Age Dependent)
DHEAS	2.3	2-23 ng/mL (Age Dependent)
Cortisol	12.2 H	3.7-9.5 ng/mL (morning)
Cortisol	1.4	1.2-3.0 ng/mL (noon)
Cortisol	1.0	0.6-1.9 ng/mL (evening)
Cortisol	0.7	0.4-1.0 ng/mL (night)
Blood Spot Thyroids		
Free T4*	1.5	0.7-2.5 ng/dL
Free T3	3.3	2.4-4.2 pg/mL
TSH	3.4 H	0.5-3.0 µU/mL
TPOab*	9	0-150 IU/mL (70-150 borderline)

<dL = Less than the detectable limit of the lab. N/A = Not applicable; 1 or more values used in this calculation is less than the detectable limit. H = High. L = Low. * For research purposes only.

Therapies

None

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The above results and comments are for informational purposes only and are not to be construed as medical advice. Please consult your healthcare practitioner for diagnosis and treatment.

David T. Zava

David T. Zava, Ph.D.
Laboratory Director

Alison McAllister ND

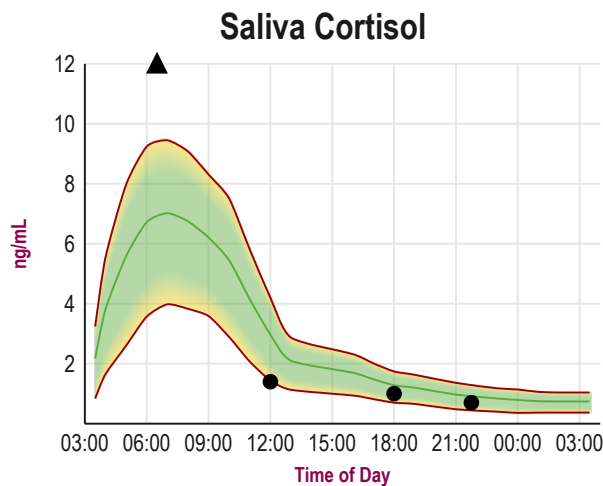
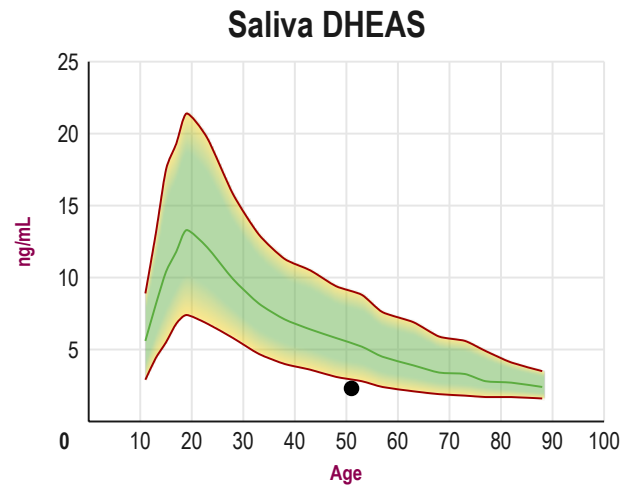
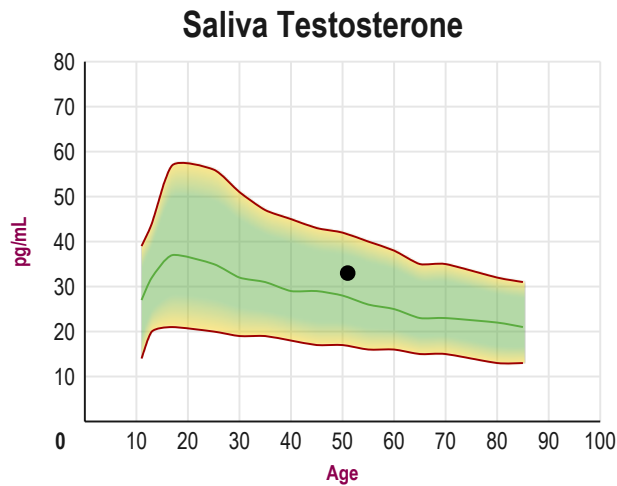
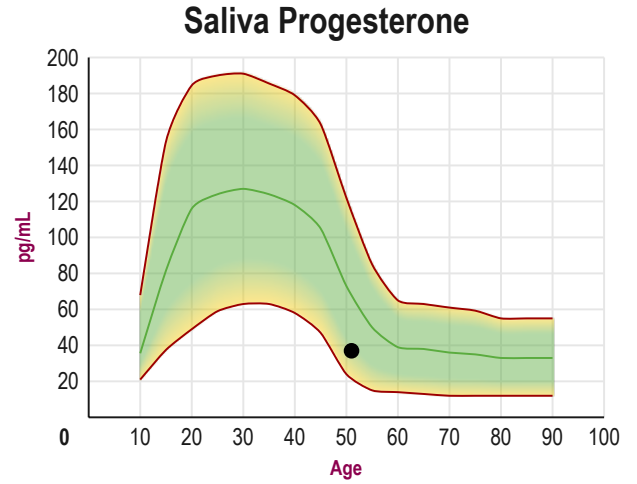
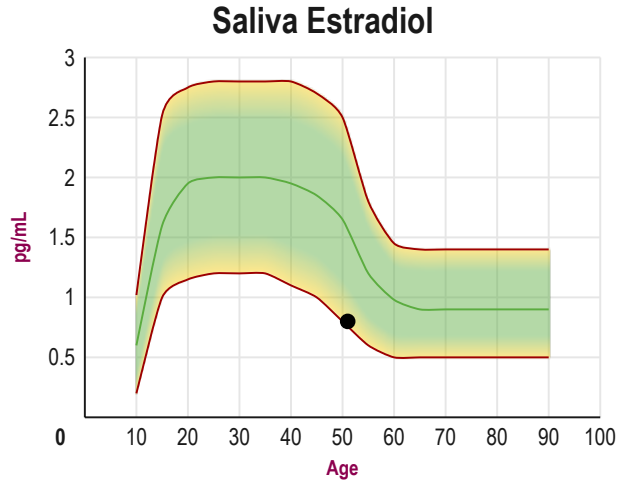
Alison McAllister, ND.
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Graphs

Disclaimer: Graphs below represent averages for healthy individuals not using hormones. Supplementation ranges may be higher. Please see supplementation ranges and lab comments if results are higher or lower than expected.

— Average ▼▲ Off Graph



TEST REPORT | Patient Reported Symptoms

Comprehensive Female Profile I
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Disclaimer: Symptom Categories below show percent of symptoms self-reported by the patient compared to total available symptoms for each category. For detailed information on category breakdowns, go to www.zrtlab.com/patient-symptoms.

SYMPTOM CATEGORIES	RESULTS 08/01/18
Estrogen / Progesterone Deficiency	27%
Estrogen Dominance / Progesterone Deficiency	6%
Low Androgens (DHEA/Testosterone)	22%
High Androgens (DHEA/Testosterone)	10%
Low Cortisol	8%
High Cortisol	29%
Hypometabolism	27%
Metabolic Syndrome	27%

SYMPTOM CHECKLIST	MILD	MODERATE	SEVERE
Aches and Pains			
Acne			
Allergies			
Anxious			
Bleeding Changes			
Blood Pressure High			
Blood Pressure Low			
Blood Sugar Low			
Body Temperature Cold			
Bone Loss			
Breast Cancer			
Breasts - Fibrocystic			
Breasts - Tender			
Chemical Sensitivity			
Cholesterol High			
Constipation			
Depressed			
Fatigue - Evening			
Fatigue - Morning			
Fibromyalgia			
Foggy Thinking			
Goiter			
Hair - Dry or Brittle			
Hair - Increased Facial or Body			
Hair - Scalp Loss			
Headaches			
Hearing Loss			
Heart Palpitations			
Hoarseness			
Hot Flashes			
Incontinence			
Infertility			
Irritable			
Libido Decreased			
Memory Lapse			
Mood Swings			
Muscle Size Decreased			
Nails Breaking or Brittle			
Nervous			
Night Sweats			
Numbness - Feet or Hands			

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