SYMPTOMS OF PYROLURIA

Abdominal pain
Always sick
Amnesia spells
Anger - explosive
Argumentative - likes to argue
Constipation
Crying spells
Delusions
Difficulty recalling past events
Difficulty recalling people or names
Difficulty remembering dreams
Dramatic tendencies
Dyslexia
Elevated eosinophil’s
Emotionally unstable
Fatigue
Feeling on edge
Fearful
Fear of air travel
Food sensitivities
Frequent colds, fevers and chills
Frequent ear infections as a child
Hallucinations
Hyperactivity
Hypersensitive to noise
Hypoglycaemia
Inability to think clearly
Insomnia
Intolerance to alcohol
Intolerance to drugs
Intolerance to some protein foods
Lack of regular menstrual cycles
Little or no dream recall
Loss of appetite
Loss of libido
Low tolerance to stress

Migraines
Mood swings
Morning nausea
Motion sickness
More energy in evenings than mornings
Nervous exhaustion
Nervousness
New situations causes stress
Not handling criticism well
Overwhelmed in stressful situations
Overeating
Paranoia
Pessimistic
Poor memory
Poor morning appetite
Preference for heavily flavoured foods
Preference for spicy foods
Reading difficulties
Seizures
Sensitivity to bright light
Sensitivity to smells
Severe inner tension
Social withdrawal
Splenic pain
Substance abuse
Temper tantrums
Tendency to skip breakfast
Tendency towards iron deficient anaemia
Uncomfortable with new people
Uncomfortable with new situations
Vulnerable to infections
PYROLURIA BODY SIGNS

- Abnormal fat distribution
- Acne
- Cold hands and feet
- Creaking in joints
- Delayed puberty
- Dry skin
- Early greying of hair
- Fluid retention
- Hypo-pigmentation of skin
- Inability of skin to tan
- Knee ache or pain
- Joint pain
- Lack of hair on head
- Lack of hair on eyebrows or eyelashes
- Malformed cartilage or tendons
- Overcrowding of teeth
- Pale skin
- Poor muscle development
- Poor tooth enamel
- Poor wound healing
- Poor sense of smell
- Poor sense of taste
- Prone to stitches now or as a child
- Significant growth after the age of 16
- Skin appears paper thin
- Skin burns easily in sun
- Skin disorders
- Skin rashes
- Sneezes in sunlight
- Stretch marks
- Stunted growth
- Sweet, fruity or acetone body odour
- Sweet, fruity or acetone breath
- Tingling in the arms and legs
- Tremors
- Teeth prone to cavities
- Unexplained chills and fevers
- White spots on fingernails

PYROLURIA ASSOCIATED HEALTH CONDITIONS

- Acute intermittent Porphyria
- ADD
- ADHD
- Alcoholism
- Aggressiveness
- Allergies
- Anxiety
- Asperger’s syndrome
- Autism
- Bipolar disorder
- Criminal behaviour
- Depression
- Dermatitis
- Down’s syndrome
- Eczema
- Epilepsy
- Learning difficulties
- Manic depression
- Neurosis/Neurotic
- Nervousness
- Noise oversensitivity
- Panic disorders
- Paranoia
- Postnatal depression
- Schizophrenia
- Short term memory impairment
- Substance abuse
- Tourette’s syndrome
- Violent offenders