



Bentonite Mud-packing

Zero Packing

Action Steps

1. Select the IF (interference field that needs to be repaired) that tests OFF
2. Determine which foot zone on the QRA ZONE POINTS CHART corresponds to the IF
3. Ask the patient to drink 1 tablespoon of Aloe Detox in water
4. Apply the Therasage Instant Calmer (IR) heat to the spine for 10-15 mins prior to packing
5. Apply the Therasage Instant Calmer (IR) to the specific IF zone identified for 5-8 mins on a moderated temperature.....#3-5 on the remote. (the more muscular or organ populated the Zone, the greater the absorption of InfraRed healing properties).
6. Pre mix the Medi-Magma using either aloe detox, or green tea nd....until it has a cake batter consistency (contact us for best source for benetinite clay for mudding)
7. Apply the mixture using plastic utensils and mix in a glass bowl (preferably)
8. Apply an ample amount to cover 3-5 in area surrounding the IF zone identified
9. Cover the area with paper towel or PBA free cellophane
10. Then apply Therasage Instant Calmer (IR) on top of the area.....same as the above temperature for 10-15 mins
11. you can re-test the zone - with QRA
12. wash the mud off
13. Allow the patient to relax for another 10 mins with the Therasage Instant Calmer (IR) heat on #3-5
14. Lastly ask the patient to drink another tablespoon of Aloe Detox and water
15. Only Mud 2 zones at a time, for 1-2 hours total session per day

This is a very powerful detox and the body needs to digest and cleanse so it is advisable that you spread the sessions out over several days. Thusly giving the body a chance to recover