



## Week of June 16th Menu

Prepare those tummies! This week's menu is jam packed with a delicious nutritious punch even the pickiest eater won't be able to resist!

### Getting Started:

1. Register on [www.babeappetit.com](http://www.babeappetit.com)
2. Select a meal plan & menu items for your babe (by Wednesday, June 12th)
3. Meals are prepared from scratch & delivered\* to your door every Saturday

### Already Signed Up? Select your menu items in 3 easy steps

1. Go to your account page on [www.babeappetit.com](http://www.babeappetit.com)
2. Select the "Manage Subscription" link
3. Click on the "Pick Selections" link for this week's order

### Meal Plans:

**\*Receive 2 free meals with your first purchase\***

**Mini Meal Plan:** Includes 6 meals total (a selection of 3 menu items\*) **\$50**

**Smarty Pants School Lunch:** Include 5 individually portioned meals + 2 snacks **\$60**

**Foodie Meal Plan:** Includes 10 meals total (a selection of 5 menu items\*) **\$80**

### Menu:

1. Black Bean Cheddar Turkey Taquitos
2. BBQ Turkey Meatloaf Muffins + Sweet Potato Bites
3. Tex Mex Lentil Bowls
4. Chunky Chickpea Bolognese Pasta
5. Cauli Pork Fried "Rice"

**\*Snack:** Morning Glory Breakfast Cookies: Dense, delicious & nutritious. These oatmeal cookies are soft enough for little eaters, refined sugar free, and packed with beta-carotene rich carrots. (\$5)

**\*Delivery fees apply. Complimentary pickup available in our South Miami location.**

**\*Meal portions are 6oz. each. Menu items are served in 12 oz double-portioned containers.**

**\*\*Individual portioning + freezing is available for a \$5 fee per meal plan.**

**\*\*\*Full payment due upon ordering. Unpaid orders will not be fulfilled.**