



Week of February 26th Menu

Prepare those tummies! This week's menu is jam packed with a delicious nutritious punch even the pickiest eater won't be able to resist!

Getting Started:

1. Register on www.babeappetit.com
2. Select a meal plan & menu items for your babe (**by Monday, Feb. 20th**)
3. Meals are prepared from scratch & delivered* to your door every Saturday

Already Signed Up? Select your menu items in 3 easy steps

1. Go to your account page on www.babeappetit.com
2. Select the "Manage Subscription" link
3. Click on the "Pick Selections" link for this week's order

Meal Plans:

Receive 2 free meals with your first purchase

Mini Meal Plan: Includes 6 meals total (a selection of 3 menu items*) **\$60**

Smarty Pants School Lunch: Include 5 individually portioned meals + 2 snacks **\$75**

Foodie Meal Plan: Includes 10 meals total (a selection of 5 menu items*) **\$100**

Menu:

1. Ropa Vieja + Arroz con Frijoles
2. Roasted Salmon + Spinach Pesto Orzo
3. Pot Roast + Carrot Couscous
4. Coconut Curry Chicken over Basmati
5. Cauli Arroz con Pollo (a mix of riced cauliflower and white rice)

***Snack:** Banana Chip Breakfast Pancakes: Start your little one's day off on the right note. Our classic Banana Pancakes are sweetened with ripe organic bananas and speckled with sweet chocolate chips. A fun delicious treat for your LO's most important meal of the day. Serve with fruit and yogurt for a well rounded breakfast. **(\$7)**

***Delivery fees apply.**

***Meal portions are 6oz. each. Menu items are served in 12 oz double-portioned containers.**

****Individual portioning + freezing is available for a \$7 fee per meal plan.**

*****Full payment due upon ordering. Unpaid orders will not be fulfilled.**