

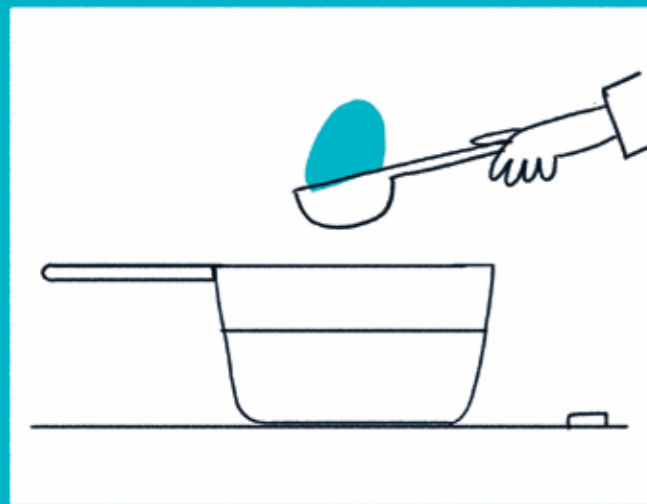
cooking is fun

a sarnie tower

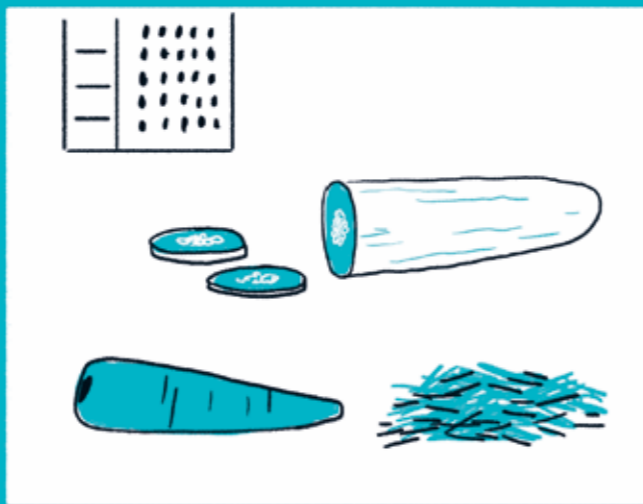
Sandwiches are nice. Giant sandwiches are even nicer.
Here's how to make a giant sandwich, otherwise known as a Sarnie Tower.

What you will need:

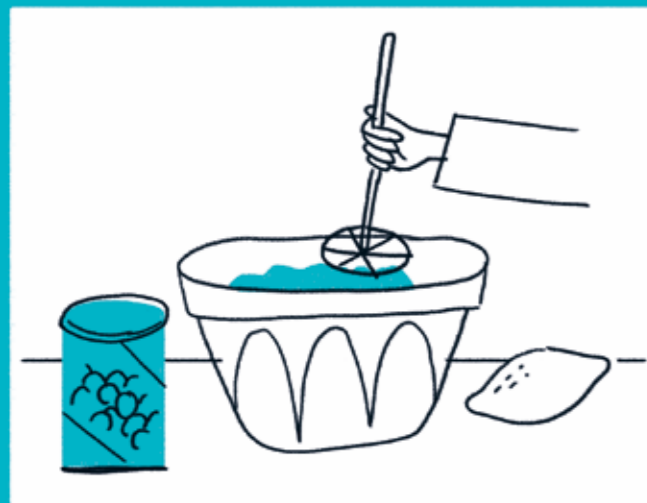
- 2 slices of bread
- Cream cheese
- 2 carrots, grated
- 1 cucumber, sliced
- 1 tomato, sliced
- 1 boiled egg sliced
- 1 tin of chick peas
- 1 tablespoon of olive oil
- 1 tablespoon of lemon juice
- Salt and pepper
- Sandwich skewer (optional)



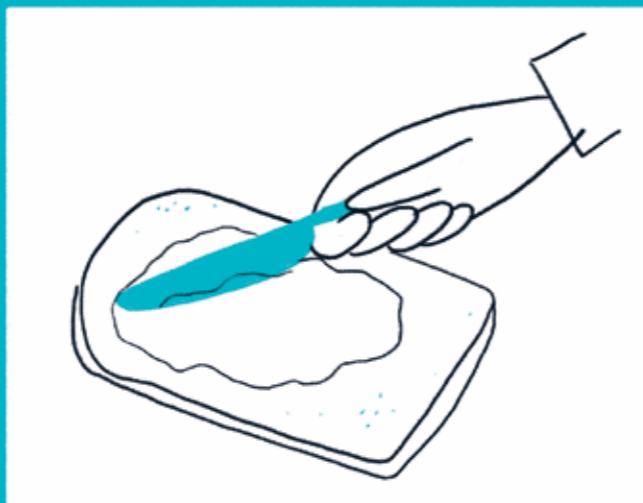
1. Put some water in a small pan and when the water simmers, carefully drop the egg into it. Let it boil for 10 minutes. Once cool, peel off the shell and cut into slices.



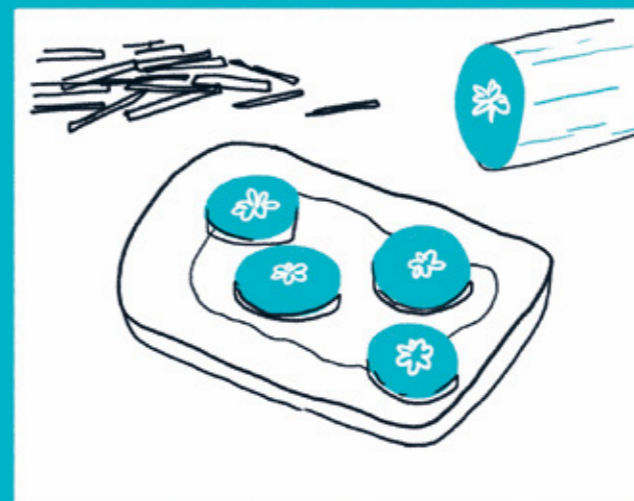
2. Prepare the vegetables by grating the carrots and slicing the cucumber. You could also slice tomatoes for extra yumminess.



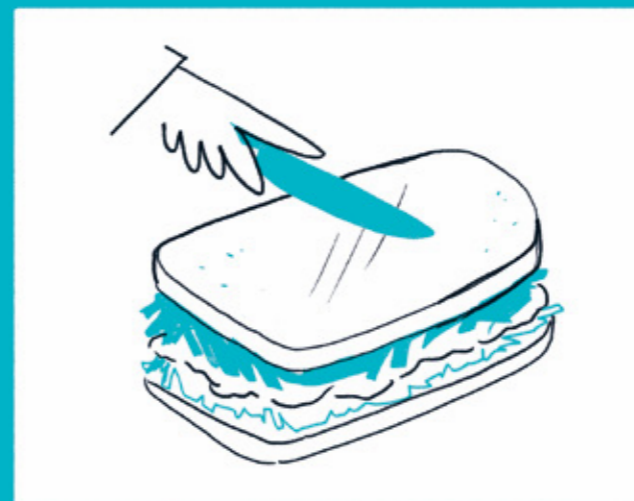
3. Mash the chickpeas, add olive oil and lemon juice to the mixture.



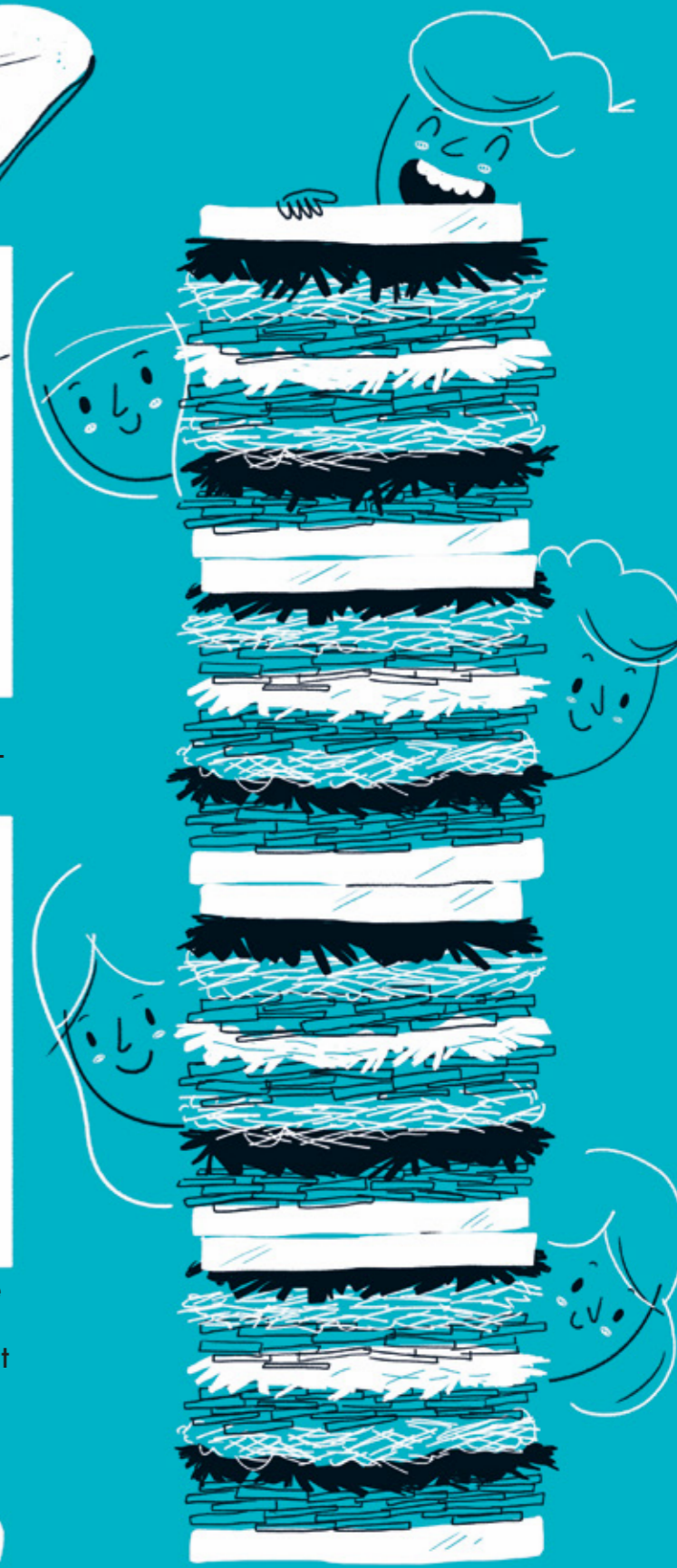
4. Now is time to build this tower. First, spread the cream cheese on one of the pieces of bread.



5. Then stack the carrots and cucumber on top of each other. Finish with the chick-pea mash.



6. Spread cream cheese on the last piece of bread and put it on top of the stack of vegetables. Press down and cut in half. Put each half on top of each other, hold with a skewer if it is too high.



It is now ready to eat!

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