Neuro Balance

AURA

Neurotransmitter Support*

The body contains a network of nerves that send messages between the brain and the body. The messages are sent by molecules called neurotransmitters, which help support the body's communication system. In times of psychological stress, nutrient depletion, and other imbalances, the neurological network may benefit from supportive building blocks and other supportive nutrients.*

Neuro Balance is a targeted blend of amino acids and other building blocks to support mental focus, neurotransmitter balance, and a healthy mood.* It contains targeted amounts of gamma-aminobutyric acid (GABA, the body's main calming neurotransmitter) to help support mental focus and mood health.* It also provides L-glutamine and L-tyrosine, building blocks for GABA and dopamine, to help support neurotransmitter balance, a healthy mood, and a normal stress response.*

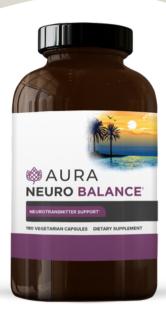
The compound of 5-hydroxytryptophan (5-HTP) is a building block for the neurotransmitters serotonin and melatonin.* Serotonin is essential for optimal brain functioning, gastrointestinal motility, and mood health. Melatonin helps support sleep quality and duration.*

This formula also features vitamin B6 as pyridoxal 5-phosphate (P5P). P5P is a bioactive form of vitamin B6, a water-soluble vitamin found in certain fruits, fish, organ meats, and fortified foods. It is essential for the production of serotonin and its conversion to melatonin. Research indicates that P5P may support mood health and a normal stress response.* It may also help support the production of certain neurotransmitters to help promote cognitive function and brain health.*

Recommended Use

Take 3 capsules twice daily on an empty stomach (total of 6 capsules per day) or as directed by your healthcare practitioner.

Warning: Not recommended for use by pregnant or lactating women, or by those taking selective serotonin reuptake inhibitor (SSRI) or monoamine oxidase inhibitor (MAOI) medications.



Benefits*

- Supports a healthy neurotransmitter balance
- Promotes a normal response to stress
- Helps support mental focus
- Supports mood health
- Promotes optimal brain function
- Helps support sleep quality and duration

Product Highlights

- Synergistic combination of neurotransmitter building blocks to support mood health and neurotransmitter balance*
- Contains 375 mg GABA per serving to support neurological function, mental focus, and a healthy mood*
- Features 75 mg 5-HTP per serving; 5-HTP is a building block for serotonin and melatonin*
- Targeted amounts of the amino acids L-glutamine and L-tyrosine may help support healthy neurotransmitter levels and a normal response to psychological stress*
- Provides a targeted amount of vitamin B6 as pyridoxal
 5-phosphate (P5P) for superior bioavailability*
- Contains non-GMO ingredients
- Free from gluten, dairy, and soy