

**EDMONTON MEALS ON WHEELS ANTICIPATED CHILLED MEAL MENU: SEPTEMBER 2020**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		SEPTEMBER 1	SEPTEMBER 2	SEPTEMBER 3	SEPTEMBER 4	SEPTEMBER 5
This menu may change without notice	<b>YOUR MEAL MAY CONTAIN ALTERNATIVES DEPENDING ON YOUR DIET RESTRICTIONS</b>	SPLIT PEA & HAM SOUP BEEF POT PIE CHEF SALAD	CARROT GINGER SOUP BBQ PORK CHOPS CHICKEN PARMESAN SUB SANDWICH	FRENCH ONION SOUP ROAST TURKEY, STUFFING & GRAVY GRILLED CHEESE SANDWICH	CHICKEN NOODLE SOUP SEAFOOD NEWBURG TURKEY SALAD SANDWICH	LENTIL SOUP BEEF STUFFED PEPPERS TUNA SALAD SANDWICH
SEPTEMBER 6	SEPTEMBER 7	SEPTEMBER 8	SEPTEMBER 9	SEPTEMBER 10	SEPTEMBER 11	SEPTEMBER 12
TOMATO PESTO SOUP CHEF'S CHOICE MEAL COLD CUT SUB SANDWICH	<b>OFFICE CLOSED</b> WILD RICE SOUP ITALIAN SAUSAGE & PEPPERS SEAFOOD SALAD SANDWICH	BAKED POTATO SOUP SWISS STEAK & TOMATO & ONION GRAVY TURKEY SANDWICH	BEEF BARLEY SOUP OVEN FRIED CHICKEN ROAST BEEF SANDWICH	VEGETABLE RICE SOUP HAWAIIAN PORK EGG SALAD SANDWICH	FISH CHOWDER SOUP QUICHE LORRAINE CHICKEN CORDON BLEU SANDWICH	POTATO LEEK SOUP BBQ MEATLOAF BOLOGNA SANDWICH
SEPTEMBER 13	SEPTEMBER 14	SEPTEMBER 15	SEPTEMBER 16	SEPTEMBER 17	SEPTEMBER 18	SEPTEMBER 19
HAMBURGER MACARONI SOUP VEAL PARMESAN PIZZA SUB SANDWICH	WONTON SOUP BEEF & BROCCOLI STIRFRY ITALIAN COLD CUT SUB SANDWICH	CREAM OF CAULIFLOWER SOUP CHICKEN CACCIATORE HAM & CHEESE SANDWICH	MUSHROOM BARLEY SOUP HAM LOAF & MUSTARD SAUCE ROAST BEEF & CHEESE SANDWICH	MULLIGATAWNY SOUP ROAST BEEF & GRAVY EGG, CHEESE & HAM BAGEL SANDWICH	MINESTRONE SOUP SALMON & SMOKED HERB BUTTER PASTRAMI SANDWICH	SPLIT PEA & HAM SOUP MUSTARD CHICKEN CHEESE SANDWICH
SEPTEMBER 20	SEPTEMBER 21	SEPTEMBER 22	SEPTEMBER 23	SEPTEMBER 24	SEPTEMBER 25	SEPTEMBER 26
CARROT GINGER SOUP BBQ PORK CHOPS ROAST BEEF SANDWICH	BEEF NOODLE SOUP TURKEY POT PIE HAM SALAD SANDWICH	ITALIAN WEDDING SOUP SPAGHETTI & MEAT SAUCE TUNA SALAD SANDWICH	POTATO BACON SOUP BUTTER CHICKEN MEATBALL SUB SANDWICH	CREAM OF VEGETABLE SOUP MEATLOAF & GRAVY REUBEN SANDWICH	BEEF TACO SOUP GRILLED SMOKIES PHILLY CHEESESTEAK SANDWICH	BEEF BARLEY SOUP OVEN FRIED CHICKEN ROAST TURKEY SANDWICH
SEPTEMBER 27	SEPTEMBER 28	SEPTEMBER 29	SEPTEMBER 30			
VEGETALBE RICE SOUP HAWAIIAN PORK MEATLOAF SANDWICH	CREAM OF MUSHROOM SOUP MACARONI & CHEESE WITH HAM CHICKEN SALAD SANDWICH	TOMATO VEGETABLE SOUP BBQ CHICKEN GRILLED HAM & CHEESE SANDWICH	TOMATO VEGETABLE SOUP SWEET & SOUR MEATBALLS SALAMI SANDWICH	Edmonton Meals on Wheels 11111 103 AVE Edmonton, AB T5K 2P1 780-429-2020 Office Hours Monday-Friday 8:00am-3:00pm		

Meals are delivered Monday-Friday from 10:30am-1:00pm. You must be home to receive your meal. Weekend meals are delivered on Fridays.  
This menu may change without notice. **Our office will be closed on Monday September 7th. If you require a holiday meal please contact our office.**