

EDMONTON MEALS ON WHEELS ANTICIPATED MENU: MARCH 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MARCH 1	MARCH 2	MARCH 3	MARCH 4	MARCH 5	MARCH 6	MARCH 7
CARROT GINGER SOUP LEMON DILL COD TURKEY SANDWICH	BEEF VEGETABLE SOUP TURKEY POT PIE BOLOGNA SANDWICH	BROCCOLI CHEDDAR SOUP CHICKEN & SAUSAGE JAMBALAYA PIZZA SUB SANDWICH	GOULASH SOUP ROAST PORK & CHERRY SAUCE BBQ BEEF ON A BUN	TURKEY VEGETABLE SOUP PASTA ALFREDO WITH HAM & MUSHROOMS TUNA SALAD SANDWICH	SENATE BEAN SOUP MAPLE BBQ SALMON PASTRAMI SANDWICH	CHEESEBURGER SOUP PORK BRATWURST & MUSTARD SAUCE CHICKEN SALAD SANDWICH
MARCH 8	MARCH 9	MARCH 10	MARCH 11	MARCH 12	MARCH 13	MARCH 14
CHICKEN RICE SOUP ROAST BEEF & GRAVY MEATLOAF SANDWICH	CREAM OF MUSHROOM SOUP HAM & SCALLOPED POTATO CASSEROLE CUBAN SANDWICH	TOMATO VEGETABLE SOUP BEEF STROGANOFF GRILLED HAM & CHEESE SANDWICH	NAVY BEAN & BACON SOUP SHEPHERD'S PIE & GRAVY SALAMI SANDWICH	WONTON SOUP TERIYAKI CHICKEN CORNISH MEATPIE	CHICKEN FLORENTINE SOUP SALISBURY STEAK & GRAVY CURRIED CHICKEN SALAD SANDWICH	STEAK & POTATO SOUP LEMON CAPER CHICKEN SEAFOOD SALAD SANDWICH
MARCH 15	MARCH 16	MARCH 17	MARCH 18	MARCH 19	MARCH 20	MARCH 21
CHEF'S CHOICE SOUP BEEF SAUSAGE WITH TOMATOES, PEPPERS & ONIONS SALAMI SANDWICH	ITALIAN WEDDING SOUP SPAGHETTI & MEAT SAUCE PATTY MELT SANDWICH	WILD RICE SOUP CORNED BEEF WITH CABBAGE & ONIONS EGG SALAD SANDWICH	LENTIL SOUP GARLIC SAUSAGE & SAUERKRAUT ITALIAN MEAT SUB SANDWICH	HAMBURGER MACARONI SOUP PORK SCHNITZEL WITH CAPERS & LEMON MONTREAL SMOKED TURKEY SANDWICH	CREAM OF POTATO SOUP MEATLOAF & ONION GRAVY TUNA MELT SANDWICH	BEEF VEGETABLE SOUP TURKEY POT PIE BOLOGNA & CHEESE SANDWICH
MARCH 22	MARCH 23	MARCH 24	MARCH 25	MARCH 26	MARCH 27	MARCH 28
BROCCOLI CHEDDAR SOUP ROAST CHICKEN & GRAVY EGG SALAD SANDWICH	GREEK LEMON CHICKEN SOUP GREEK MARINATED PORK TENDERLOIN HAM & CHEESE SANDWICH	SPLIT PEA & HAM SOUP BEEF POT PIE BBQ BEEF SANDWICH	CARROT GINGER SOUP TURKEY A LA KING CHICKEN PARMESAN SUB SANDWICH	FRENCH ONION SOUP SAUCEY BEEF BRISKET GRILLED CHEESE SANDWICH	CHICKEN NOODLE SOUP SALMON & LEMON CREAM SAUCE TURKEY SALAD SANDWICH	TOMATO VEGETABLE SOUP TERIYAKI CHICKEN TUNA SALAD SANDWICH
MARCH 29	MARCH 30	MARCH 31				
CREAM OF MUSHROOM SOUP SALISBURY STEAK & GRAVY COLD CUT SUB SANDWICH	TUSCAN BEAN SOUP BAKED HAM & RAISIN SAUCE SEAFOOD SALAD SANDWICH	LOADED BAKED POTATO SOUP SWISS STEAK & TOMATO ONION GRAVY TURKEY SANDWICH		Edmonton Meals on Wheels 11111 103 AVE Edmonton, AB T5K 2P1 Office Hours: Monday-Friday 8 am to 3 pm		YOUR MEAL MAY CONTAIN ALTERNATIVES DEPENDING ON YOUR DIET RESTRICTIONS

Meals are delivered Monday-Friday from 10:30am-1:00pm. Weekend meals are delivered on Fridays. This menu may change without notice.