


EDMONTON MEALS ON WHEELS ANTICIPATED MENU: JUNE 2019

SUNDAY JUNE. 30	MONDAY JULY 1	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY JUNE. 1
TOMATO PESTO SOUP CHICKEN CACCIATORE ROAST BEEF SANDWICH	OFFICE CLOSED MULLIGATAWNY SOUP HERB BUTTERED SALMON HAM SANDWICH	← DELIVERED JUNE 29	Edmonton Meals on Wheels 11111 103 AVE Edmonton, AB T5K 2P1 Office Hours: Mon-Fri: 8 am to 3 pm 780-429-2020	YOUR MEAL MAY CONTAIN ALTERNATIVES DEPENDING ON YOUR DIET RESTRICTIONS		CREAM OF BROCCOLI SOUP MEATLOAF & GRAVY TURKEY & LETTUCE SANDWICH
JUNE. 2	JUNE. 3	JUNE. 4	JUNE. 5	JUNE. 6	JUNE. 7	JUNE. 8
POTATO LEEK & BACON SOUP GRILLED SMOKIES & ONIONS BBQ PULLED PORK SANDWICH	MULLIGATAWNY SOUP HERB BUTTERED SALMON MEATLOAF SANDWICH	CHEESEBURGER SOUP HAM LOAF & CRANBERRY APRICOT SAUCE SEAFOOD SALAD SANDWICH	FRENCH ONION SOUP OVEN FRIED CHICKEN SALAD: LENTIL ON GREENS	POTATO CHEDDAR SOUP BEEF STUFFED PEPPERS REUBEN SANDWICH	TOMATO VEGETABLE SOUP BBQ BRISKET HAM SANDWICH	NAVY BEAN & HAM SOUP PASTA ALFREDO SALAD: CHEF WITH HAM, CHEESE & EGG
JUNE. 9	JUNE. 10	JUNE. 11	JUNE. 12	JUNE. 13	JUNE. 14	JUNE. 15
BROCCOLI CHEDDAR SOUP BUTTER CHICKEN PEPPERONI & CHEESE SANDWICH	VEGETABLE SOUP ROAST PORK & GRAVY PASTRAMI SANDWICH	CREAM OF CAULIFLOWER SOUP CHEESEBURGER & FIXIN'S SALAD: TUNA	TOMATO PESTO BISQUE SOUP GRILLED SMOKIES & ONIONS EGG SALAD SANDWICH	SPLIT PEA & BACON SOUP CHICKEN CACCIATORE HAM SANDWICH	STEAK & POTATO SOUP BBQ RIBS GRILLED PATTY MELT SANDWICH	CHICKEN ORZO SOUP HAM LOAF & CRANBERRY APRICOT SAUCE CHEESE & LETTUCE SANDWICH
JUNE. 16	JUNE. 17	JUNE. 18	JUNE. 19	JUNE. 20	JUNE. 21	JUNE. 22
BEEF BARLEY SOUP OVEN FRIED CHICKEN VEGGIE SPREAD SANDWICH	TACO SOUP BBQ CHICKEN BREAST WITH PEPPERS & ONION BOLOGNA SANDWICH	TOMATO MACARONI SOUP BAKED HADDOCK & DILL SAUCE CHICKEN SALAD SANDWICH	NAVY BEAN & HAM SOUP MEATLOAF & GRAVY VEGGIE & GOAT CHEESE SANDWICH	CREAM OF BROCCOLI SOUP PASTA ALFREDO GRILLED TURKEY & SWISS SANDWICH	CHEESEBURGER SOUP HAM STEAK & PINEAPPLE SAUCE PASTRAMI SANDWICH	TOMATO VEGETABLE SOUP MILD JAMBALAYA MEALOF SANDWICH
JUNE. 23	JUNE. 24	JUNE. 25	JUNE. 26	JUNE. 27	JUNE. 28	JUNE. 29
MULLIGATAWNY SOUP SALISBURY STEAK & GRAVY TUNA SALAD SANDWICH	CREAM OF VEGETABLE SOUP SAVORY MEAT PIE & GRAVY TURKEY & LETTUCE SANDWICH	SPLIT PEA & HAM SOUP BUTTER CHICKEN TUNA MELT SANDWICH	CHICKEN ORZO SOUP BEEF DIP SANDWICH SALAD: BACON CHICKEN CLUB	BEEF BARLEY SOUP TURKEY A LA KING GRILLED CUBAN SANDWICH	FISH CHOWDER SOUP PASTA MARINARA WITH SAUSAGE & PEPPERS SALAD: BROCCOLI BACON	CREAM OF CAULIFLOWER SOUP GRILLED SMOKIES & ONIONS PIZZA SUB SANDWICH

 Indicates meals are frozen. Saturday and Sunday meals are delivered frozen on Friday. This menu may change without notice. Your meal may contain alternatives depending on your diet restrictions. We will be closed Monday July 1st, if you require a holiday meal please contact our office by June 21st.