

EDMONTON MEALS ON WHEELS ANTICIPATED MENU: JANUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Edmonton Meals on Wheels 11111 103 AVE Edmonton, AB T5K 2P1 Office Hours: Monday-Friday 8 am to 3 pm		OFFICE CLOSED HEARTY HAMBURGER SOUP SPAGHETTI & MEATBALLS SALAMI SANDWICH	CREAM OF MUSHROOM SOUP DILLED SALMON EGG SALAD SANDWICH	CHEF'S CHOICE SOUP BRAISED BEEF PASTRAMI SANDWICH	TOMATO RICE SOUP FESTIVE HAM WITH MUSTARD GLAZE SLICED TURKEY & LETTUCE SANDWICH	CORN CHOWDER SOUP MUSHROOM CHICKEN SLICED HAM SANDWICH
JANUARY 6	JANUARY 7	JANUARY 8	JANUARY 9	JANUARY 10	JANUARY 11	JANUARY 12
BEAN & BACON SOUP LASAGNA SALMON SALAD SANDWICH	CREAM OF CELERY SOUP ROAST PORK WITH GRAVY OVER RICE CHICKEN SALAD SANDWICH ON A CROISSANT	COUNTRY VEGETABLE SOUP CHICKEN WITH BACON & PARMESAN CREAM SAUCE ALBERTA BEEF ON A BUN SANDWICH	BEEF BARLEY SOUP PANCAKES WITH SAUSAGE, SCRAMBLED EGGS & FRIED POTATO TUNA SALAD SANDWICH	CHEF'S CHOICE SOUP SEAFOOD NEWBURG CREAM CHEESE & VEGGIE SANDWICH	CLAM CHOWDER SOUP SAVOURY MEAT PIE GRILLED TURKEY & SWISS SANDWICH	MINESTRONE SOUP STUFFED SOLE CORNED BEEF SANDWICH
JANUARY 13	JANUARY 14	JANUARY 15	JANUARY 16	JANUARY 17	JANUARY 18	JANUARY 19
CREAM OF MUSHROOM SOUP CHEF'S CHOICE MEAL CHEESE SANDWICH	MINESTRONE SOUP LASAGNA PULLED PORK SANDWICH	DILL PICKLE SOUP GARLIC SAUSAGE & SAUERKRAUT GRILLED REUBEN SANDWICH	WILD RICE SOUP ROAST BEEF, GRAVY & YORKSHIRE PUDDING ITALIAN COLD CUT & CHEESE SANDWICH	WONTON SOUP SWEET & SOUR PORK EGG SALAD SANDWICH	BAKED POTATO SOUP MAPLE GLAZED SALMON CHEESE STEAK SANDWICH	CREAM OF BROCCOLI SOUP PESTO SALMON TURKEY & LETTUCE SANDWICH
JANUARY 20	JANUARY 21	JANUARY 22	JANUARY 23	JANUARY 24	JANUARY 25	JANUARY 26
ITALIAN WEDDING SOUP ROAST PORK CHICKEN SALAD SANDWICH	CHICKEN NOODLE SOUP TURKEY STEW WITH DUMPLINGS HAM & CHEESE SANDWICH	MULLIGATAWNY SOUP PORK CHOP WITH MUSHROOM & SAGE PESTO CHICKEN SANDWICH	CORN CHOWDER FISH CAKES WITH RED PEPPER CREAM SAUCE ROAST BEEF & LETTUCE SANDWICH	FRENCH ONION SOUP SWISS STEAK & GRAVY SEAFOOD SALAD SANDWICH	CREAM OF GREEN PEA SOUP COCONUT CHICKEN TURKEY SALAD SANDWICH	CHEF'S CHOICE SOUP MACARONI & CHEESE SALAMI SANDWICH
JANUARY 27	JANUARY 28	JANUARY 29	JANUARY 30	JANUARY 31		
CREAM OF CELERY SOUP SPAGHETTI & MEATSAUCE BOLOGNA SANDWICH	VEGETABLE SOUP ROAST PORK GRILLED TUNA MELT SANDWICH	CHEF'S CHOICE SOUP BRATWURST & SAUERKRAUT PASTRAMI SANDWICH	TOMATO RED PEPPER BISQUE SOUP BAKED FISH WITH PEPPERS DENVER SANDWICH	POTATO LEEK SOUP CHICKEN WITH FETA & SPINACH IN PASTRY EGG SALAD SANDWICH		YOUR MEAL MAY CONTAIN ALTERNATIVES DEPENDING ON YOUR DIET RESTRICTIONS



Indicates meals are frozen. This menu may change without notice. **OUR OFFICE WILL BE CLOSED ON January 1st.**