

EDMONTON MEALS ON WHEELS ANTICIPATED MENU: FEBRUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					FEBRUARY 1	FEBRUARY 2
Edmonton Meals on Wheels 11111 103 AVE Edmonton, AB T5K 2P1 Office Hours: Mon-Fri: 8 am to 3 pm 780-429-2020	YOUR MEAL MAY CONTAIN ALTERNATIVES DEPENDING ON YOUR DIET RESTRICTIONS				CREAM OF CAULIFLOWER SOUP SALSBURY STEAK & ONION GRAVY CHICKEN CAESAR SANDWICH	MINESTRONE SOUP ROSEMARY CHICKEN HAM & CHEESE SANDWICH
FEBRUARY 3	FEBRUARY 4	FEBRUARY 5	FEBRUARY 6	FEBRUARY 7	FEBRUARY 8	FEBRUARY 9
BAKED POTATO & BACON SOUP BEEF STEW CREAM CHEESE & VEGGIE SANDWICH	CHICKEN & LEMON SOUP MARINATED GREEK PORK BOLOGNA SANDWICH	CREAM OF VEGETABLE SOUP OVEN-FRIED COD & TARTAR SAUCE TURKEY SANDWICH	BEEF NOODLE SOUP CHICKEN CACCIATORE COLD CUTS & CHEESE SANDWICH	HEARTY HAMBURGER SOUP 3 CHEESE TORTELLINI & CHEESE SAUCE HAM SALAD SANDWICH	CHICKEN TACO SOUP GLAZED HAM GRILLED CHEESE SANDWICH	CHEF'S CHOICE SOUP SALISBURY STEAK TUNA SALAD SANDWICH
FEBRUARY 10	FEBRUARY 11	FEBRUARY 12	FEBRUARY 13	FEBRUARY 14	FEBRUARY 15	FEBRUARY 16
CHICKEN NOODLE SOUP BBQ CHICKEN ROAST BEEF SANDWICH	CREAM OF TURKEY SOUP SPAGHETTI & MEAT SAUCE CHEESE SANDWICH	HEARTY HAMBURGER SOUP TURKEY STEW SALAMI SANDWICH	CREAM OF MUSHROOM SOUP LEMON PEPPER HADDOCK EGG SALAD SANDWICH	CHEF'S CHOICE SOUP FESTIVE HAM WITH MUSTARD GLAZE PASTRAMI SANDWICH	TOMATO RICE SOUP BRAISED BEEF TURKEY SANDWICH	CARROT GINGER SOUP COD WITH DILL SAUCE HAM SANDWICH
FEBRUARY 17	FEBRUARY 18	FEBRUARY 19	FEBRUARY 20	FEBRUARY 21	FEBRUARY 22	FEBRUARY 23
POTATO LEEK SOUP MUSHROOM CHICKEN SALMON SALAD SANDWICH	FAMILY DAY OFFICE CLOSED VEGETABLE SOUP ROAST BEEF & GRAVY EGG SALAD SANDWICH	SPLIT PEA & HAM SOUP CHICKEN & BACON WITH CREAM SAUCE TUNA SALAD SANDWICH	BEEF BARLEY SOUP PANCAKES & SAUSAGE ROAST BEEF SANDWICH	CHEF'S CHOICE SOUP SEAFOOD NEWBURG CREAM CHEESE & VEGGIE SANDWICH	CLAM CHOWDER SOUP MEAT PIE & GRAVY GRILLED TURKEY & CHEESE SANDWICH	MINESTRONE SOUP SWEET AND SOUR PORK CORNED BEEF SANDWICH
FEBRUARY 24	FEBRUARY 25	FEBRUARY 26	FEBRUARY 27	FEBRUARY 28		
TOMATO BISQUE SOUP MEATLOAF CHEESE SANDWICH	CHICKEN & WILD RICE SOUP LASAGNA PULLED PORK SANDWICH	DILL PICKLE SOUP GARLIC SAUSAGE & SAUERKRAUT GILLED RUEBEN SANDWICH	ITALIAN WEDDING SOUP MEATBALLS & GRAVY COLD CUTS & CHEESE SANDWICH	WONTON SOUP HONEY LIME GINGER PORK EGG SALAD SANDWICH	OUR OFFICE WILL BE CLOSED FEBRUARY 18TH FOR FAMILY DAY. IF YOU REQUIRE A HOLIDAY MEAL PLEASE CONTACT OUR OFFICE.	



Indicates meals are frozen. Saturday and Sunday meals are delivered frozen on Friday. This menu may change without notice.

OUR OFFICE WILL BE CLOSED ON February 18 for Family Day. If you require a meal for this day please call our office by February 8th.