


EDMONTON MEALS ON WHEELS ANTICIPATED MENU: APRIL 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	APRIL. 1	APRIL. 2	APRIL. 3	APRIL. 4	APRIL. 5	APRIL. 6
	MULLIGATAWNY SOUP MEATLOAF & GRAVY PASTRAMI SANDWICH	CHEESEBURGER SOUP HAM LOAF & MUSTARD SAUCE GRILLED DENVER SANDWICH	MINESTRONE SOUP FRENCH ONION CHICKEN CASSEROLE SALMON SALAD SANDWICH	BACON POTATO CHEDDAR SOUP ROAST TURKEY ROAST BEEF SANDWICH	TOMATO VEGETABLE SOUP BBQ BEEF BRISKET SALAD: LENTIL ON GREENS	CREAM OF BROCCOLI SOUP GLAZED HAM TURKEY SANDWICH
APRIL. 7	APRIL. 8	APRIL. 9	APRIL. 10	APRIL. 11	APRIL. 12	APRIL. 13
CHEF'S CHOICE SOUP CHICKEN CACCIATORE SALAMI SANDWICH	WILD RICE SOUP LASAGNA PULLED PORK SANDWICH	CREAM OF TURKEY SOUP GARLIC SAUSAGE & SAUERKRAUT CHEESE SANDWICH	HAM & NAVY BEAN SOUP BRAISED MEATBALLS & GRAVY ITALIAN COLD CUT SANDWICH	WONTON SOUP HONEY LIME GINGER PORK EGG SALAD SANDWICH	CARROT GINGER SOUP BASA & MANGO CHUTNEY CHICKEN SALAD SANDWICH	CHICKEN RICE SOUP CHEF'S CHOICE MEAL TURKEY & LETTUCE SANDWICH
APRIL. 14	APRIL. 15	APRIL. 16	APRIL. 17	APRIL. 18	APRIL. 19	APRIL. 20
BEEF BARLEY SOUP ROAST PORK CHEESESTEAK SANDWICH	CREAM OF VEGETABLE SOUP SALISBURY STEAK & GRAVY HAM & CHEESE SANDWICH	BACON CORN CHOWDER SOUP CHICKEN A LA KING BOLOGNA SANDWICH	CHICKEN NOODLE SOUP BRAISED BEEF SALAD: CHICKPEA	FRENCH ONION SOUP PORK CHOP & GRAVY TURKEY & LETTUCE SANDWICH	OFFICE CLOSED ITALIAN WEDDING SOUP ROAST TURKEY & STUFFING ROAST BEEF SANDWICH	CHEF'S CHOICE SOUP CREAMY PARMESAN FISH SALAMI SANDWICH
APRIL. 21	APRIL. 22	APRIL. 23	APRIL. 24	APRIL. 25	APRIL. 26	APRIL. 27
CHEESEBURGER SOUP BRAISED MEATBALLS CHEESE & LETTUCE SANDWICH	HEARTY HAMBURGER SOUP 3 CHEESE TORTELLINI & MARINARA SAUCE TUNA SALAD SANDWICH	CHEF'S CHOICE SOUP SWEET & SOUR PORK PATTIES CHICKEN CAESAR SANDWICH	CREAM OF TOMATO SOUP PANCAKES, SAUSAGES & SCRAMBLED EGG TURKEY & LETTUCE SANDWICH	POTATO & SAUSAGE SOUP MUSHROOM & TOMATO CHICKEN THIGHS HAM SANDWICH	CREAM OF CAULIFLOWER SOUP MEATLOAF & ONION GRAVY EGG SALAD SANDWICH	BACON POTATO CHEDDAR SOUP FRENCH ONION CHICKEN CASSEROLE BOLOGNA SANDWICH
APRIL. 28	APRIL. 29	APRIL. 30				
HAM & NAVY BEAN SOUP BRAISED BEEF CREAM CHEESE & VEGGIE SANDWICH	BEEF NOODLE SOUP BEEF STUFFED PEPPERS ROAST PORK SANDWICH	TOMATO MACARONI SOUP BAKED HADDOCK & DILL SAUCE MEATLOAF SANDWICH		Edmonton Meals on Wheels 11111 103 AVE Edmonton, AB T5K 2P1 Office Hours: Mon-Fri: 8 am to 3 pm 780-429-2020		YOUR MEAL MAY CONTAIN ALTERNATIVES DEPENDING ON YOUR DIET RESTRICTIONS

 Indicates meals are frozen. Saturday and Sunday meals are delivered frozen on Friday. This menu may change without notice. We will be closed Friday April 19th, if you require a holiday meal please contact our office by Friday April 12th.