



KIDS & FAMILY FITNESS TRACKER

2019

TRENDY PRO FITNESS TRACKER USER GUIDE



Product Registration: [TrendyProWarranty.com](https://trendy-pro.com/pages/user-guide-video)
User Guide Video: <https://trendy-pro.com/pages/user-guide-video>
Customer Service: MySupport@trendy-pro.com



TRENDY PRO

FITNESS TRACKER

User Manual



Thank you for your purchase!

Compatible with:

iOS 7.1 & above Android 4.4 & above Supports Bluetooth®

Quick Start Guide



USB Charging

1. Holding the Tracker in one hand, gently pull the side of the strap attached to the side closest to the Touch key
2. Insert the Tracker into the USB terminal to charge.



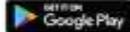
Power Adapter Charger (Deluxe Package) - US & Canada only
If you don't have your PC or USB terminal handy, you can alternatively use the travel charger that's now included with your purchase.



Application Download
Scan the QR code below or search for "TrendyFit" app in Google store or iTunes







Charging your TRENDY PRO Fitness Tracker

Holding the tracker, with both hands by the bracelet, pull the band next to the Touch key to reveal two gold strips. Plug your TRENDY PRO into a USB port, ensuring that the two golden charging strips are facing the USB port's four charging contacts. If you are unsure, flip the tracker over facing the other side until you see a red light on the Tracker display. Once plugged into a USB socket correctly, a red light and charging symbol will appear indicating that your Tracker is charging. Your TRENDY PRO takes 1-2 hours to fully charge, however, it can be used in as soon as 30 minutes.

Frequently Asked Questions About Charging

How is my TRENDY PRO charged?

Your TRENDY PRO is charged by USB and can be plugged into any USB port on a computer, phone/tablet charger, or power bank. You no longer need to worry about lost or messy cables.

Why won't my TRENDY PRO Tracker charge?

The most common problems are:

1. The wrong end of the TRENDY PRO Tracker is inserted into the USB port (make sure you see two gold strips)
2. The two gold charging strips are not facing the four charging contacts inside the USB port (if the red light does not come on, flip the Tracker over facing the other side)
3. The device that is used for charging is either:
 - Not plugged into the power outlet (make sure it is plugged in)
 - Is not compatible with the Tracker for charging (Please try a different device or USB port)

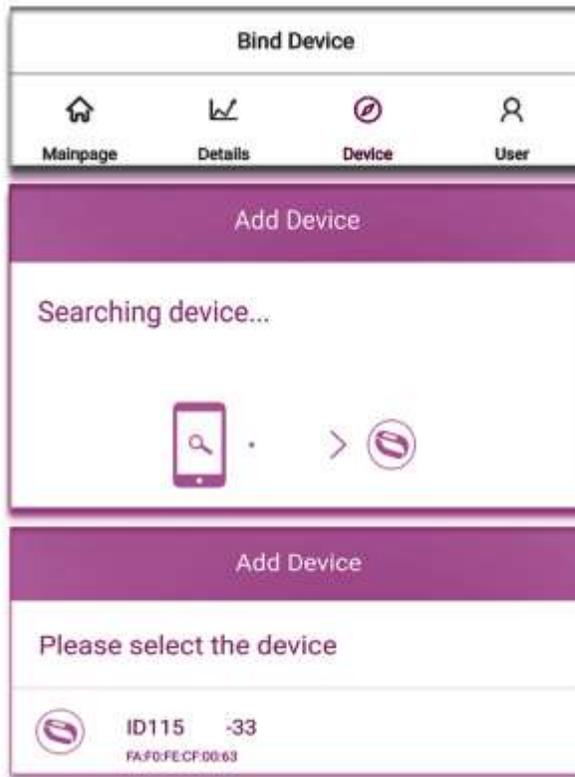
If you have any questions about charging, please send us a note to MySupport@trendy-pro.com

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Pairing the Device

1. Please make sure that the **Bluetooth** on your phone is on
2. Start **TrendyFit** app
3. Place the Tracker close to the phone
4. Press **Device** on the App bottom tab. Run search on the Application, while holding the Touch key on the Tracker. Click on ID115, and connect.

Note: you may need to refresh several times



Download TrendyFit, VeryFitPro, or VeryFit 2.0 application

To set up your TRENDY PRO, you will need to pair it with your phone/tablet using the TrendyFit, VeryFitPro, or Veryfit 2.0 App. There are two download and installation options:

1. Search for the 'TrendyFit', 'VeryFitPro' or 'VeryFit 2.0' App in the Apple App store or Google Play store.
Note: If you are installing on an iPad, you will need to select the 'iPhone Only' search option to find the TrendyFit App. OR
2. Scan QR code to download the App. This will open the corresponding App in your Apple or Google Play store to download.

Frequently Asked Questions for Pairing

Why can't I pair my Tracker?

1. Make sure your phone/tablet meets the minimum compatibility requirements:
 - Apple iOS 7.1 & above (iPhone 4s & above, iPad 3rd Gen & above, iPod Touch 5th Gen & above)
 - Android phone 4.4 & above
 - Bluetooth Version: 4.0 & above.
2. Make sure your phone/tablet has Bluetooth enabled.
3. While searching for your Tracker during set up, ensure that the Tracker's display is on and near

If you are still unable to pair your Tracker and phone/tablet within the TrendyFit, VeryFitPro, or VeryFit 2.0 App, then please do the following:

1. Restart your phone or tablet.
2. Ensure your phone/tablet's Bluetooth is enabled.
3. Delete the TrendyFit/VeryFitPro/VeryFit 2.0 App from your phone/tablet.
4. Open the Bluetooth settings on your phone/tablet and delete/forget all devices listed (you can add these back later).
5. Reinstall the TrendyFit/VeryFitPro/VeryFit 2.0 App (don't open the App at this point).
6. Plug your Tracker into a USB socket away from other USB devices that might cause interference and ensure that the charging symbol is shown on the screen.
7. Open the TrendyFit/VeryFitPro/VeryFit 2.0 App and run through the set up. You should now be able to select ID115 from the device list to complete the set-up process.



Cool Tip: Check out our [User Guide Video](https://trendy-pro.com/pages/user-guide-video) for the initial set up instructions:

If you need support, please contact us at MySupport@trendy-pro.com

Use of the Device

Key functions:

Tap Touch key: switch between functions
 Long Press: Activate, mode switch



Once the device is connected to the app successfully, it will record and analyze your activities and quality of your sleep automatically. Please tap on the Touchkey to switch between different display modes as following:



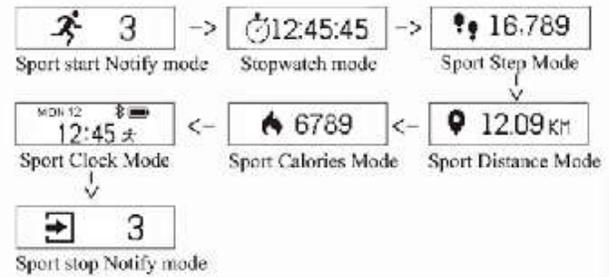
Remote Camera Shoot Mode



To initiate Camera shoot mode, start the Application, press Device, Press Camera (the Tracker will buzz to indicate that's it is ready). Smile! Press camera sign on your Tracker.

Functions

Sports Mode



The Sports mode is enabled by holding a Touch key for 3 seconds on the screen displaying a Runner 🏃 3. Once this mode is enabled, it starts countdown of the sports activities – running, exercising, etc. as well as counting steps, calories and distance. Once the Sports mode is disabled, the steps, calories and distance counted during this activity is added to the total accumulated before during the day. To disable the Sports mode, continue tapping the Touch key until you reach the screen displaying an arrow. ➡ 3. Hold the Touch key on that screen for 3 seconds. It will buzz and your TRENDY PRO will switch back to the Standard mode.

Frequently Asked Questions for Functions



Why can't I take pictures?

To take photos using your TRENDY Fitness Tracker, open the App, tap 'Device' from the menu bar and select 'Camera'. Your TRENDY PRO will buzz to indicate that it is ready. Position your mobile device in the desired location for taking a photo and your TRENDY Fitness Tracker's function button to take a photo.



Cool Tip: You can take a photo by rotating or shaking your wrist when this mode is active in the application.

If you need support, please contact us at MySupport@trendy-pro.com

Tracker Display Notifications



Setting Goals and Monitoring Progress

Set your daily target steps and sleep goals

Track your daily activity using the following:

- Step Count
- Calories Burned
- Mileage (in km or miles as per your preference, defined in App system settings)
- Total Activity Duration

Monitor the daily quality of your sleep:

You will be able to see Total hours of your sleep with the breakdown by:

- Deep Sleep,
- Shallow Sleep,
- Waking Sleep

Track your progress over time and monitor your data presented in an easy to understand visual way

Application Notification Settings

The App will let you enable:

- o SMS notifications:
You will be able to see caller ID and see the SMS text on the tracker
You will be notified by a gentle vibration on your wrist
- o Enable Social Media notifications:
Facebook,
Wechat Friends,
QQ,
Twitter,
WhatsApp,
Linkedin,
Instagram,
Messenger
- o Call alert,
- o Alarm alert,
- o Anti-lost alert,
- o Sedentary (move and drinking) reminder at a preferred interval.

Device Specifications

CPU: Nordic Sensor: Kionix
Screen Size: 0.86" OLED screen
Weight: 18gr
Battery Type: Polymer Rechargeable Li Battery
Battery Capacity: 50mAh
Data Sync: **Bluetooth®**
Working Temperature: -10C-45C
Waterproof IP67
Standby: more than 7 days

Understanding your TRENDY PRO Functions

Activity Tracking

Your Tracker records your daily activities, including steps, distance, calories burned, and more. Your stats can be checked on your Tracker at any time, or by using TrendyFit/VeryFitPro/VeryFit 2.0 App for a more detailed view.

Sleep Tracking

Your Tracker will automatically track how long and how deep you sleep. Measured stats include light sleep, deep sleep, and duration awake, all of which can be viewed in the App.

Silent Alarms

Set an alarm in the App and your Tracker will vibrate to wake you. You can set up to 10 stand-alone or recurring alarms to meet your needs.

Sedentary reminders

Your Tracker will give you gentle reminders to stay active throughout the day if you are stationary for too long. You can set the frequency of the reminders in the application.



Cool Tip: Use Sedentary Alert as a reminder to drink water as well.

Call, Text, & Social App Alerts

See alerts for incoming calls, text messages, and notifications from Facebook, Whatsapp, Twitter, Instagram, and more.

Remote Camera Control

Take photos with your phone/tablet using your Tracker to trigger the shot remotely.

Understanding your TRENDY PRO Functions - continued

Anti-Lost

Your Tracker will alert you if you move more than 5 metres away from your phone/tablet. To enable this function, start the App, press Device => Anti-lost Alert, slide right.

Find Phone

Use your Tracker to trigger an audio alert on your phone/tablet until it is located. To initiate this function, start the App, press Device => Find Phone, slide right.

Tracker Data Storage Activity

Data displayed on the Tracker is reset every day at midnight. Up to seven days of data can be stored on the Tracker without the need to sync with the App. To sync your data, open the App and swipe down anywhere on the main page. Sync progress will be indicated at the top of the page.

Frequently Asked Questions related to TRENDY PRO Functions

Why isn't my step counter working correctly?

Please make sure you have installed the TrendyFit/VeryFitPro/VeryFit 2.0 App and followed the instructions as per the Quick Start section in your Manual (charge, install the app, pair the device). Your Tracker will not function correctly if you skip this.

When you first set up your Tracker, it will go through an initial calibration phase, which can take up to a day to complete. During this time, you may find that steps may either not register correctly or appear to jump around. This is completely normal! After the first day of use, step counting will register and record as expected. Thank you for your patience with this! Please note that after the initial calibration period, the display will not always update in real-time (step-by-step) as you are walking. It may also update in batches of steps as well.



Why isn't my sleep tracked correctly?

The Tracker is detecting activities based on the movement. When you have not moved in over an hour, and this is confirmed by sleep behavior (period of inactivity, rolling over, etc.), the algorithms assume that sleep has begun.

If you move around, are restless in the early stages of your sleep, or taking a short nap, the Tracker may not catch it as sleep time.

Why does my Tracker display distance in Km and not in Miles?

You can switch Unit of Measure from Imperial (Miles) to Metric (Kilometers) in your Application:

- Start the Application, go to System Settings
- Select Unit Set and pick "Imperial" or "Metric"

Why isn't my activity data showing in the App?

To sync the activity data stored on your TRENDY Pro Tracker with the App on your phone/tablet, open the TrendyFit/VeryFitPro/VeryFit 2.0 App and swipe down anywhere on the main page (the first page you see when you open the App).

Why can't I see all functions on my Tracker?

Some functions require turning on within the TrendyFit/VeryFitPro/VeryFit 2.0 App before they will appear on your Tracker. To enable them, start the application=>Device on the bottom Menu, slide the selector for the desired function right to enable the function on your TRENDY PRO.

How do I complete factory reset of my TRENDY PRO Fitness Tracker?

Make sure your Tracker is connected to the App. Open the App and go to User > System Settings > Restart Device and tap Confirm Reboot. This will backup the data on your Tracker and reset it as per factory settings. Once this operation is complete, your data will be copied back to your Tracker.

Understanding your TRENDY PRO Functions – continued

How do I install the TrendyFit/VeryFitPro/VeryFit 2.0 App on an iPad?

Please make sure that your iPad is 3rd generation & above and is running Apple iOS 7.1 & above.

1. Tap the Apple Store icon on your iPad and search for TrendyFit/VeryFitPro/VeryFit 2.0 App.
2. Change the search filter option (normally top left of the Apple Store App) from 'iPad Only' to 'iPhone Only'.
3. Tap the 'Get' button next to TrendyFit/VeryFitPro/VeryFit 2.0 App to install.



Is my cell phone/tablet compatible?

Please make sure your device is listed in the list of the supported devices below:

Apple:

- Apple iPhone 4s & above
- iPad 3rd Gen & above
- iPod Touch 5th Gen & above

OS: Apple iOS 7.1 & above

Android cell phone:

- OS: Android 4.4 & above

Bluetooth v4.0 & above

Windows

Currently not supported

Android tablets

Is my TRENDY Fitness Tracker Waterproof?

TRENDY PRO Fitness Tracker is certified IP67 waterproof (sweat-proof, rain-proof). We recommend that you only use it for day-to-day activities like showering and washing your hands. We don't recommend that you swim with it or leave it submerged in water.

Why am I not getting call, text, or social notifications on my TRENDY Fitness Tracker?

Please make sure that Bluetooth is enabled on your phone/tablet and that the following settings are turned under the Device tab of the App:

- Call Alert (for the incoming calls),
- SMS Alert (for the incoming text messages),
- SNS Alert (for social media notifications like Facebook, Instagram, WhatsApp).

How do I set the time and date?

The date and time will align with your time zone automatically when you pair your Fitness Tracker to your phone/tablet during the set-up process. If you need to change the time in the future (e.g., the clocks have gone back/forward), you simply start the TrendyFit/VeryFitPro/VeryFit 2.0 App on your phone/tablet and swipe down anywhere on the main page to initiate a sync.

How can I look at the accumulated number of steps without turning off the sport mode?

While you are running your Tracker in Stopwatch/Sports mode, you can look at the total accumulated steps on the application; just remember to swipe down on the main page to ensure it refreshed. You will see the total accumulated step count increasing on the screen while on the Tracker you will see only the count related to this activity.

Understanding your TrendyFit Application

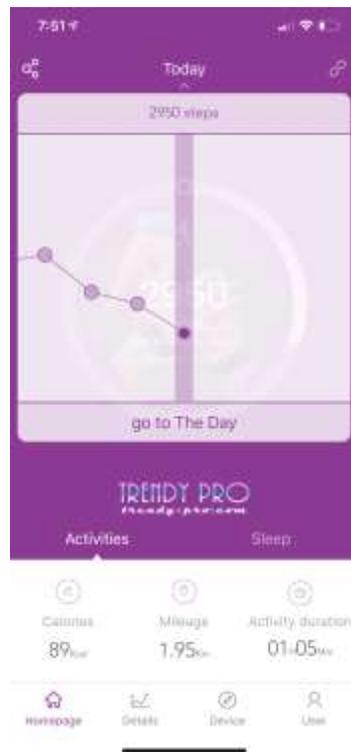


1. Main application screen – to initialize the synchronization/data refresh between the Tracker and application:
 - Start TrendyFit and swipe your finger on the screen from top to bottom. This will trigger an unscheduled/immediate upload of the data from your Tracker to the application.
 - On this screen you will see your steps for the day and how far along you are towards your target.

2. To see the stats from yesterday, click the arrow just below the word Today:



3. For the step count in the previous days, scroll left to navigate from one day to another:



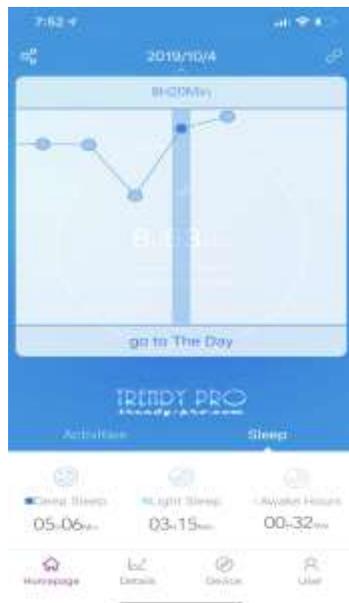
4. Press Details tab for the Weekly graph of your Daily Steps:



5. To view your Sleep data, tap **"Sleep"**:



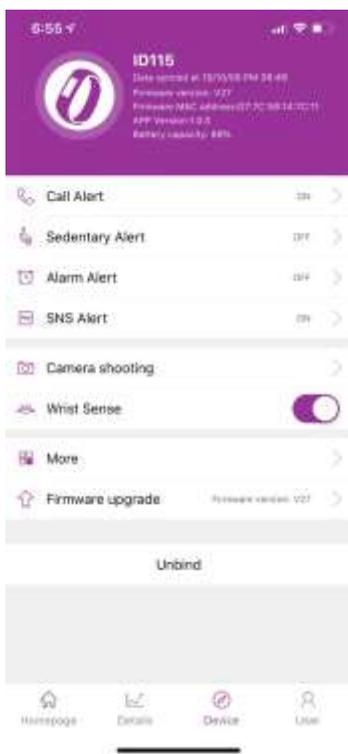
6. Swipe left to see the Sleep stats for the previous days:



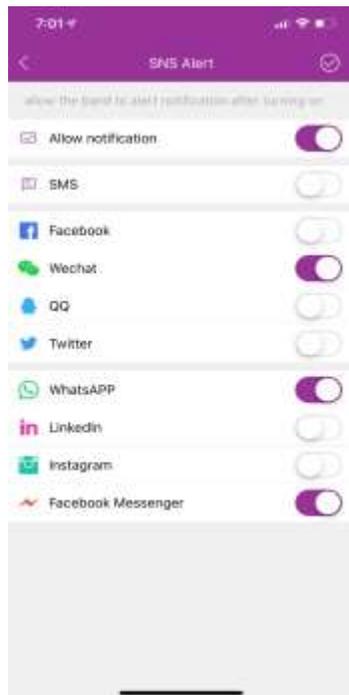
7. Press **"Details"** for the graphs of the Weekly stats presented in a graph:



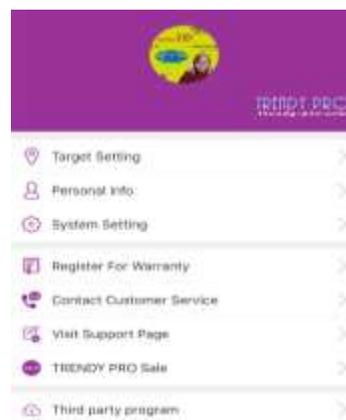
8. To manage your Notifications preferences, press **"Device"** on the bottom menu:



9. To enable notifications for messages and Social Media, press SNS Alert under **"Device"** and slide the lever right for the preferred apps.



Register for Warranty or contact Customer Service or get access to our sale under **'User'** tab



10. To update personal information, tap Personal info under **"User"**



I purchased TRENDY PRO for my child, and she/he does not have a phone. Can we use it in stand-alone mode?

Yes, you can! You will need to complete the initial set up to ensure that your Fitness Tracker is properly aligned with your time zone. Once you've completed the initial set up, there is no need to keep the Tracker connected to the cell phone/tablet for it to function correctly. If you are interested in your child's weekly starts, you can connect every seven days, or you can use your TRENDY PRO completely independently.

I'd like to connect two of my kids' Trackers to one cell phone/tablet. Can I do that?

Yes, you can connect up to three TRENDY PRO Fitness Trackers to a single phone/tablet. To do this, you will need to install multiple applications on your device:

- TrendyFit
- VeryFitPro
- VeryFit 2.0

These applications are all compatible with your TRENDY PRO Fitness Tracker.



Tip: Please pair/bind one Tracker at a time keeping the next Tracker out of Bluetooth reach. This is required to ensure that the Bluetooth does not pair with the same Tracker again and again while you are trying to pair with another Tracker

I would like to provide a positive encouragement to ensure my child is active. How can I do that?

We understand that motivation plays a huge role in accomplishing a healthier, more active lifestyle! So, we have created a Weekly Family and Kids Reward Charts to provide an extra push on the way to a Fit and Happy Family.



Child Reward Chart instructions:

1. List weekly activities for tracking
2. Set daily and weekly Goals
3. Set weekly Reward
4. Checkmark every day the Goals are met
5. At the end of the week count all checkmarks
6. If the weekly Goal is met, celebrate!
7. Download next week's Chart from <https://trendy-pro.com/pages/reward-charts>
8. Repeat



Tip: Help your child set weekly goals, agree on the weekly Reward and watch your kid run around the living room in PJs trying to get the last couple of steps for the daily checkmark!



Family Reward Chart instructions:

1. Write the names of your family members
2. Set daily step count Goals
3. Set a reward for the Winner
4. Checkmark each day the goal is achieved
5. Count checkmarks and select the weekly winner
6. Celebrate! Everyone in the family wins!
7. Download next week's Chart from <https://trendy-pro.com/pages/reward-charts>
8. Repeat...



KIDS & FAMILY FITNESS TRACKER

THANK YOU FOR PURCHASING TRENDY PRO PRODUCTS!

Please visit us on www.trendy-pro.com for:

- Product Registration: TrendyProWarranty.com
- User Guide Video: <https://trendy-pro.com/pages/user-guide-video>
- Weekly Printable Reward Charts: <https://trendy-pro.com/pages/reward-charts>
- Customer Service: MySupport@trendy-pro.com

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