

meaning to pause[®]

BRACELET SIZING TOOL

WRIST SIZES

#1	6"
#2	6.25"
#3	6.5"
#4	6.75"
#5	7"
#6	7.25"
#7	7.5"

INSTRUCTIONS

1. Print out this page at 100%. Do not scale to fit.
2. Cut out the sample bracelet and wrap it around your wrist, keeping the end with the arrow on top.
3. Make sure the band is laying flat against your wrist.
4. Check the size the arrow is pointing to, and you're done!

STILL UNSURE? NEED A CUSTOM SIZE?

Contact us at info@meaningtopause.com
or via phone at **415-990-9009**



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