

LUNCH THYME: Mon-Fri 11am-3pm

519-915-2279

100 Ouellette Ave

Welcome to Thyme Kitchen!

Our menu is chef driven, locally inspired and proud to be in the heart of Windsor. Please allow a few extra minutes for service, as everything is made in house

Salads

House Salad V+ GF

Greens / cucumber / red onion / beets / pumpkin seeds / pomegranate chia vinaigrette **12**

Quinoa Caesar Salad V+

Romaine / quinoa / avocado / coconut bacon / creamy lemon dressing/ sprouts / fried chickpeas **14**

Farmers Cobb Salad GF

Greens / chicken breast / smoked bacon / hard egg / goat cheese / avocado / cucumber / tomato / red onion / red wine vinaigrette **17**

Field Cobb Salad V GF

Greens / crispy tofu / coconut bacon / hard egg / goat cheese / avocado / cucumber / tomato / red onion / red wine vinaigrette **17**

Buddha Bowl Salad V+ GF

Spinach / quinoa / mushrooms / red pepper hummus / tomatoes / artichokes / cucumber/ onions / fried chickpeas **16**

Sandwiches

Accompanied by your choice of two sides:

Soup, House Salad, Potato Hash, Frites, Sweet Potato Fries, Seasonal Fruit, Peanut-Coleslaw

Chicken Panini

Chicken breast / smoked bacon / mozzarella / roasted tomato / spinach / focaccia **16**

Beef Dip Panini

Braised beef / swiss / roasted peppers / onions / mushrooms / garlic / horseradish aioli / spinach / focaccia / beef demi **16**

Apple-Beet & Brie Panini V

Roasted beets / apples / brie / cranberry spread / spinach / focaccia **15**

TK Corned Beef & Swiss

Corned beef / swiss cheese / pickled cabbage / roasted garlic aioli / spinach / rye **16**

Roasted Red Pepper Hummus Wrap V+

Roasted red pepper hummus / artichokes / onions / peppers / fried tofu / greens / sprouts / whole wheat tortilla **15**

Fried Chicken & Waffle Sandwich N

Crispy chicken / Thai peanut coleslaw / spiced maple / sriracha **16**

Falafel Burger GF V+

Falafel / roasted red pepper / avocado / tomato / tzatziki / spinach **16**

Extras

Soup Cup... 3.25 Soup Bowl...6.15
Add Bacon2.25
Add Cheese.....2.25
Side Salad2.25
Frites2.25
Sweet Potato Fries2.25
Seasonal Fruit2.25
Peanut-Coleslaw2.25
Chicken Breast GF6
Smoked Salmon GF6
Falafel Patty V+ GF6
½ Avocado V+ GF3.60
Crispy Tofu V+ GF.....3.50

GF= Gluten Free V= Vegetarian
V+= Vegan N= Contains Nuts

Gluten Free and Vegan Options Available for Most Items

Check out our other great locations and services @ www.thymetogo.ca

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Light Fare

Bagel GF Available2.50
Bagel w/ Cream Cheese3.50
Plain / Lemon Dill Cream Cheese
Toast and Jam2.50
Rye / White / Multigrain / Gluten Free

Sides

1 Egg.....1.50
4 Organic Sausages GF6.50
4 Slices Sugar Cured Bacon GF...4.50
4 Slices Tofu Bacon GF V+.....3.50
Potato Hash GF V+2.25
House Salad GF V+.....2.25
Seasonal Fruit GF V+.....2.25

Breakfast Sandwiches

Accompanied by your choice of two sides: Soup, House Salad, Potato Hash, Frites, Sweet Potato Fries, Seasonal Fruit, Peanut-Coleslaw

Vegan BLT V+

Avocado / coconut bacon / romaine / tomato / rye **12**

BLT

Avocado / smoked bacon / romaine / tomato / rye **12**

Smoked Salmon Sandwich

Fried egg / avocado / lemon dill cream cheese / fried capers / spinach / rye **13**

T.K Breakfast Sandwich

Egg / smoked bacon / cheddar / spinach / croissant bun **11**

Tofu Crunch Wrap V+

Brown rice / tofu / roasted tomato / peppers / spinach / vegan cheese / crunchy tostada / wheat tortilla **12**

Breakfast Thyme

Thymeless Classic

2 eggs / smoked brown sugar-cured bacon / organic sausage / potato hash / seasonal fruit / toast **12**

Active Breakfast

2 Poached eggs / avocado / tofu bacon / sliced tomatoes / seasonal fruit / dry multigrain toast **12**

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