

LUNCH THYME: Mon-Fri 11am-3pm

519-915-2279

100 Ouellette Ave

Welcome to Thyme Kitchen!

Our menu is chef driven, locally inspired and proud to be in the heart of Windsor. Please allow a few extra minutes for service, as everything is made in house.

Salads

House Salad V+ GF

greens / blueberries / cucumber / sunflower seeds / white balsamic vinaigrette **12**

Greek Salad V GF

greens / avocado/ tomatoes / charred

olives / cucumbers / red onions / feta / oregano vinaigrette / **15**

Farmers Cobb Salad GF

greens / chicken breast / smoked bacon / hard egg / feta / avocado / cucumber / tomato / red onion / red wine vinaigrette **17**

Southwest Cobb Salad V+ GF

greens / crispy tofu / avocado / grilled corn / cucumber / tomato / black beans / red onion / chipotle ranch / corn chips **17**

Buddha Bowl Salad V+ GF

spinach / red wine vinaigrette / roasted portobello mushroom / white bean hummus / tomatoes / pickled cabbage / edamame / cucumber / onions / black beans **16**

Between Bread

Accompanied by your choice of two sides: Soup, House Salad, Frites, Sweet Potato Fries, Seasonal Fruit, Pineapple-Jalapeno Coleslaw

Chicken Panini

chicken breast / smoked bacon / mozzarella / roasted tomato / spinach / focaccia **16**

Peameal & Brie Panini N

peppercorn crusted peameal / brie / spinach / candied pecans / roasted garlic aioli / blueberry & thyme compote / focaccia / **16**

Veggie Panini V

smoked tofu / roasted portobello mushroom / swiss / edamame / spinach / roasted garlic aioli / focaccia **15**

TK Corned Beef & Swiss

corned beef / swiss cheese / pickled cabbage / roasted garlic aioli / spinach / rye **16**

Hummus Thyme Wrap V+

spinach / grilled portobello mushrooms / white bean hummus / edamame / roasted tomatoes / whole wheat tortilla **15**

Southern Fried Chicken Sandwich

crispy chicken / smoky bourbon glaze / pineapple-jalapeno coleslaw / chipotle ranch / croissant bun **16**

Additions

Soup Cup... 3.25 Soup Bowl...6.15
1 Egg1.50
Side Avocado3.60
Side Tomato2.25
2 Slices Peppercorn Peameal3.00
4 Organic Sausages GF6.50
4 Slices Sugar Cured Bacon GF...4.50
4 Slices Tofu Bacon GF V+3.50
Coconut bacon V+ GF4.25
Chicken Breast GF6.00
2 Slices Smoked Salmon GF4.00
1 Piece Fried Chicken4.00

GF = Gluten Friendly

V = Vegetarian

V+ = Vegan

N = Contains Nuts

**Please notify your server of any allergies **

Thyme
KITCHEN

Check out our other great locations and services @ www.thymetogo.ca

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Breakfast Sandwiches

Accompanied by your choice of two sides: Soup, House Salad, Frites, Sweet Potato Fries, Seasonal Fruit, Slaw

Vegan BLT V+

avocado / coconut bacon / romaine / tomato / veganaise / rye **12**

BLT

avocado / smoked bacon / romaine / tomato / mayo / rye **12**

Smoked Salmon Bagel

fried egg / avocado / lemon dill cream cheese / fried capers / spinach / house made bagel **13**

T.K Breakfast Sandwich

egg / smoked bacon / cheddar / spinach / croissant bun **11**

Tofu Crunch Wrap V+

rice / tofu / roasted tomato / avocado / peppers / spinach / vegan cheese / crunchy tostada / wheat tortilla / chipotle aioli **12**

Breakfast Thyme

Thymeless Classic

2 eggs / smoked brown sugar-cured bacon / organic sausage / potato hash / seasonal fruit / toast **12**

Active Breakfast

2 poached eggs / avocado / peppercorn peameal / sliced tomatoes / seasonal fruit / dry multigrain toast **12**

Vegan Active Breakfast V+

tofu scramble/ avocado / tofu bacon / sliced tomatoes / seasonal fruit / dry multigrain toast **14**

Keto Active Breakfast

2 poached eggs / avocado / peppercorn peameal / sliced tomatoes / house salad **14**

Light Fare

House Made English Muffin 2.50

Bagel 2.50

Bagel w/ Cream Cheese 3.50

Plain/ Lemon Dill Cream Cheese

Toast 2.00

Rye/ White/ Multigrain/ Gluten Free

Local Preserves1.00

Peanut Butter 0.50

Cream Cheese 1.00

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Gluten Free and Vegan Options Available for Most Items



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