

## MOROCCAN GHASSOUL CLAY MASK

## "HOW TO GUIDE"

Ghassoul may be used as a delicate face mask, complete body mask or hair mask. Here are the simple steps to clean, luxuriant hair and skin.

#### **FACIAL MASK**

Mix 1 large tablespoon of Ghassoul with lukewarm water. Use approximately 1:5 ratio of water (5 tablespoons). Stir until smooth, silky paste. Apply to face, let dry for up to 10 minutes and rinse. *Importantly, it is not necessary to leave until fully dry as it more difficult to remove.* Ghassoul absorbs the unwanted skin grease, remove facial impurities and particularly blackheads leaving healthy, tonified skin. Note- occasionally skin will be reddish for 15-30 minutes after use, but this is only the Ghassoul having thoroughly detoxifying your skin.



**Large Tablespoon of Ghassoul** 



Place in Bowl



Mix approx. 5 tablespoons water



Consistency thin cookie dough



Use spatula, brush or finger to apply



Apply thin layer – save money and equally beneficial

#### HAIR MASK

Ghassoul has been used to deep clean hair and scalp for years. There is no better natural way to clean hair, remove excess oil build up, treat split ends and generally improve the health of your scalp and hair than a regular hair mask. We have suggest two alternatives depending largely upon time.

## **COMPLETE HAIR MASK**



Complete Hair Mask Start with your prepared mask



Rub gently into scalp and hair Leave for 5-10 minutes



Shampoo with your favorite shampoo. Rinse

# **GHASSOUL DEEP CLEAN SHAMPOO**



A palm full of your favorite shampoo



Pour an equal amount of Ghassoul Powder and rub together



Shampoo as normal. Rinse

FULL BODY....

And if you have the time....

