

# Be kind to others without reason

The world needs more of that.



#### WHAT ARE YOU GRATEFUL FOR?



#### I CAN MAKE TOMORROW AWESOME BY ...



## How were you kind today?



#### My Word / Theme for 2020



## TODAY I FEEL . . .



#### WHAT IS ONE BRAVE THING YOU CAN TRY TOMORROW?



#### QUOTE OR VERSE TO LIVE BY IN 2020



### WHAT KIND OF DIFFERENCE DO YOU WANT TO MAKE IN THE WORLD?

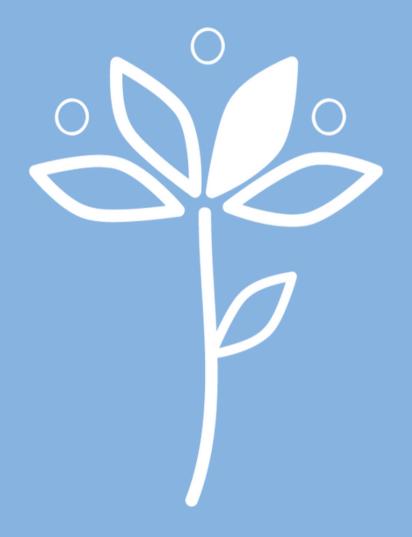


### NAME THREE THINGS YOU LOVE ABOUT YOUR BODY:



#### HOW WERE YOU A GOOD FRIEND TODAY?





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