

Another FREE SAMPLE RESOURCE from TOPS LEARNING SYSTEMS!

This TOPS Idea is taken from an original series of black-and-white line masters, adapted to stand alone as an independent mini-lesson. Please purchase our original book to get the whole in-depth program.

D is for DREAMS

...adapted from TOPS Learning Systems
Primary ALPHABET SOUP #64

I dream about:



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OBJECTIVE

To assist students in sharing their hopes and fears.

INTRODUCTION

Begin this activity by sharing a positive dream about the future. "Every now and then, I dream about" Encourage your students to share their hopes and dreams, as well.

ACTIVITY NOTES

Direct your class to draw a picture, or write about, something they like to dream about. Or they can choose to illustrate a recent dream they still remember.

Nightmares, fear of the dark, and sleep disorders are not unusual for primary children to experience. If the subject comes up, allow students to articulate their fears. They are often surprised, and even reassured, to hear that others have the same problems.

If you have time, encourage kids to describe the strategies they have learned to cope with fear of the dark or other stresses. This can be reassuring and even amusing for others in the class.

EXTENSION

Share a story. Here are some classics that kids still find relevant:

BEDTIME FOR FRANCES by Russell Hoban (Harper, 1960). An energetic badger tries everything she can think of to avoid going to sleep.

FRANKLIN IN THE DARK by Paulette Bourgeois (Scholastic, 1986). Franklin the turtle faces his fear of small dark, spaces, like the inside of his shell.

IRA SLEEPS OVER by Bernard Waber (Houghton, 1972). Ira is excited when he is invited to sleep over at a friend's house, but has to handle some common childhood qualms.

MATERIALS

- A copy of the dream page above for each student. Enlarge if desirable.
- Colored pencils, crayons, or other drawing implements.

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- 01 PENDULUMS (gr 8-12)
- 02 MEASURING LENGTH (gr 6-10)
- 03 GRAPHING (gr 6-10)
- 04 BALANCING (gr 6-11)
- 05 WEIGHING (gr 5-10)
- 06 METRIC MEASURE (gr 8-12)
- 07 MATH LAB (gr 7-12)
- 08 PROBABILITY (gr 6-10)
- 09 FLOATING/SINKING (gr 7-12)
- 10 ANALYSIS (gr 5-10)
- 11 OXIDATION (gr 6-10)
- 12 SOLUTIONS (gr 6-10)
- 13 COHESION/ADHESION (gr 6-10)
- 14 KINETIC MODEL (gr 7-12)
- 15 HEAT (gr 8-12)
- 16 PRESSURE (gr 7-12)
- 17 LIGHT (gr 6-11)
- 18 SOUND (gr 7-12)
- 19 ELECTRICITY (gr 8-12)
- 20 MAGNETISM (gr 8-12)
- 21 MOTION (gr 7-12)
- 22 MACHINES (gr 7-12)
- 23 ROCKS/MINERALS (gr 6-12)
- 31 PERFECT BALANCE (gr K-12)
- 32 ELECTRICITY (gr 3-8)
- 33 MAGNETISM (gr 3-8)
- 34 PENDULUMS (gr 4-9)
- 35 METRIC MEASURING (gr 5-9)
- 36 MORE METRICS (gr 6-10)
- 37 ANIMAL SURVIVAL (gr 3-8)
- 38 RADISHES (gr 3-8)
- 39 CORN & BEANS (gr 4-12)
- 40 EARTH, MOON & SUN (gr 7-12)
- 41 PLANETS & STARS (gr 7-12)
- 42 FOCUS POCUS (gr 5-10)
- 43 FAR OUT MATH (gr 9-12)
- 44 SCALE THE UNIVERSE (gr 5-12)
- 45 PI IN THE SKY (gr 5-12)
- 61 A SUMMER START (gr 1-8)
- 62 Intermed. ABC SOUP (gr 4-8)
- 63 PEACEFUL PROCEDURES (gr 1-8)
- 64 Primary ABC SOUP (gr 1-3)
- 71 Primary LENTIL SCI, (gr K-3)
- 72 Intermediate LENTIL SCI, (gr 3-6)
- 73 GET A GRIP Wkstation (gr K-6)
- 91 GLOBAL TOPS (gr 3-10)
- 100 TRIPLE MAGNIFIER (gr 3-12)
- 200 CARTESIAN DIVER (adapts K-12)

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