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A MONTHLY PUBLICATION

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# Rapist father took daughter for family planning

A teenager (15) told the police how her father used to rape her every morning before she went to school, when her mother was not home. The abuse started while the girl was only 13, she said. According to Tshwane North Police Cluster spokesperson, Constable Herman Moremi, when the abusive father (whose identity cannot be revealed to protect the identity of the victim) was arrested early last year, he claimed that he had discussed and reached an agreement with his wife

that he would entertain the teenager sexually since she had started dating boys and in doing so they hoped that she would forget the other boys. Moremi said; "The matter came to light after the victim told a teacher at school that her father raped her every morning before she left for school - when her mother was not present. She further revealed that her father had taken her to a family planning clinic to put her on contraceptives so that he could rape her without any fear of

impregnating her. When the matter was reported to the police, the man was arrested. He pleaded guilty to the rape charge. He will remain in jail until his next court appearance." The 45-year-old father from Hammanskraal, North of Tshwane to appeared at the Moretele Regional Court on March 13, whereafter the matter was postponed to May 29 because the CCTV cameras which were to be used to allow the teenager to testify were not working. Moremi added; "We hope that our

justice system will take its course and send a serious message to those who abuse children. We also appeal to the whole community at large to blow the whistle on any suspicious activity by reporting it at the nearest police station. We also advise learners to be open to their teachers if they experience abuse of any sort." Attempts by the *Tshwane Sun* team to get comments from the victim's mother were fruitless.

The body of a young man (25) from Ratjipan Village was found with gunshot wounds near a bus stop, on March 5.

Tshwane North Police Cluster spokesperson, Constable Herman Moremi said that it appeared that the killer tried to clean up evidence from



Local residents claim they heard gunshots the night before the body was discovered.

the scene by getting rid of the used cartridges. "The deceased was shot several times in the upper body. There were more than two bullet wounds on the body but only two cartridges were found which leads us to believe that the killer had picked up of the rest of the cartridges," said Moremi. The dead man has been positively identified but the family has asked the media to withhold his name until all his next of kin have been informed. The family told the *Tshwane Sun* that, when the deceased left home that night he said he was going to meet with somebody at the bus stop regarding work issues. However, he never returned and his lifeless body was found near the very same bus stop the next morning. Constable Herman Moremi, added that nearby residents had confirmed that

## Body found with gunshot wounds



Police taking the bullet-ridden body to the mortuary.

gunshots were heard around 10pm on March 4 but they were too scared to go out to investigate. The next morning, when curious residents went to check the area where the gunshots seemed to emanate from, they found the bullet-ridden body. The police were then alerted. The motive behind the killing is

currently unknown and an investigation is underway. Constable Moremi pleaded with the public, "We appeal to anyone with any information to contact the nearest police station or Crime Stop on 0800010111."

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Maths and Science equipment to the value of R 94 500 was donated to the Moshogofadiva Primary School in Stinkwater, Hammanskraal, north of Tshwane. A major hand-over event was held at the school on February 24, attended by members of Capitec Bank, the Gauteng Department of Education and Adopt-A-School Foundation representatives. According to Sbusiso Kumalo the Head of Product Marketing at Capitec Bank, the Colour Run had raised R177 500 in total. Capitec donates R10 of each ticket sold, to schools in the vicinity of that particular Colour Run. School Principal, Lebogang Matshaba ecstatically said; "We are very grateful for the support of the bank. We have already noted a growing interest in Mathematics and Science by our pupils and this donation will make a remarkable difference to them. Our pupils have been motivated through this donation. We are a government supported

school, operating in an impoverished area so all assistance rendered by businesses or individuals goes a long way towards the improvement of the future of our community." Kumalo said "We are glad to be at Moshogofadiva to be able to support the wonderful people in this community. Our partnership with Adopt-a-School has allowed us to give back to schools over the past three years in the areas of Maths and Science which we believe are important for our country." Kumalo happily continued, "Capitec Bank is proud to support this school not only because of our commitment to investing in the human capital of this country, but also because this school deserves it. We applaud the school's dedicated teachers and management as we understand how difficult it is to support pupils when resources are lacking. The teachers and the pupils deserve all the help and support they can



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get, and we challenge other businesses in the area to support them as well." Moshogofadiva is situated in Stinkwater where the community is characterized by extreme poverty and high levels of unemployment. The school accommodates 960 learners from grades R-to-grade 7.

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happily go from wearing pristine white clothing, to being covered in prismatic colour. At each kilometre mark, a different colour of powder fills the air and covers the participants, creating an ever-increasing spectrum of colour and beauty. At the finish line, the colour festival kicks off and the air is filled with millions of vibrant colour combinations as participants get in on the colour throwing fun as well. For more information on the Colour Run, visit [www.thecolorrun.co.za](http://www.thecolorrun.co.za) or follow "Colour Run" on Facebook. **About Adopt-a-School Foundation** The Adopt-a-School Foundation is a project of the Shanduka Foundation and was officially established in 2002 by a group of concerned individuals, including Cyril Ramaphosa and Dr. James Mofutsi. The Foundation is registered as a Section 21 company with Public Benefit Organisation (PBO) status and has an Independent Board of Directors. The Foundation works with a wide range of stakeholders including: District, Provincial and National Departments of Basic Education, corporate donors, various service providers and best practice NGOs. The Foundation implements Whole School Development – a holistic model aimed at improving the academic, infrastructural, social and security environment in schools. There are currently 626 schools under the Adopt-a-School Foundation's adoption programme. The Foundation works in all nine provinces in South Africa, and in 2012 started working in Lesotho and Mozambique.

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# Phuza Wize aims to educate alcohol abusers!

More than a hundred volunteers wearing red *Phuza Wize* T-shirts spread out all over Hammanskraal and the Mabopane Railway station to distribute pamphlets to motorists, commuters and pedestrians.

This campaign was planned and executed by a group of township people who have joined hands to make the community aware of the dangers of alcohol abuse.

Alcohol abuse is a daily occurrence in Mzansi townships, thus The Phuza Wize campaign was organized as a joint venture by government employees, local non-governmental organizations as well as residents.

Volunteers distributed pamphlets to shoppers, commuters, taxi drivers, people at Tshwane taxi ranks and surrounding shopping complexes.

Some of the government Organisations which were involved in this innovative

initiative were the GCIS (Government Communications Information Systems), Department of Correctional Services, Home affairs, Zakheni Development Centre, AkaSosha Men's Forum and many others.

Lesiba Seakamela, one of the organisers said, "The main aim of the campaign is to bring about awareness to our community regarding alcohol abuse and its dangers. Alcohol leads people to commit acts of violence and also leads to road accidents amongst others. We want to teach our community not to abuse alcohol and we want to educate people on important things such as not sending under-aged children to buy alcohol. We also want to raise the awareness that forgoing alcohol will allow people to save money and help them to better their lives. If people read these pamphlets and take the message there seriously, it can help them change their



Volunteers distribute PhuzaWize pamphlets

lives." Many residents welcomed *Phuza Wize* with open arms and embraced this initiative as the first of many.

A group of senior citizens who should have been enjoying their retirement and taking a well-earned rest have instead come together to form the Marasia Cultural Group! They are still working and entertaining people.

The group of 11 mkhulusu and gogos, have now recruited 19 teenage boys and girls, with the main aim being to teach youngsters the importance of their own culture, their history as well as traditional dancing. They dance the Sentwane cultural dances which are similar to the old fashioned, Sengangathule and Chachu dances.

"We want to help our children understand where they come from and where they need to be. We do not want them to forget our culture and rich heritage. We do not want them lost," Rakwena said.

The group members are working hard at recruiting and educating kids about their Sentwane cultural dances, food and other artworks.

Group secretary, Kgometela Rakwena told the *Tshwane Sun* that when they first started the project, the intention was to keep them busy and yet today it has created jobs for many people who also help in selling their traditional products to the public.

"We do not want these types of traditional

dances to die with us. We are very happy that the kids around the township are responding so well to our plea and are coming to us in huge numbers to learn during weekends and school holidays," added Rakwena.

Rakwena concluded by saying: "The project is also good for us because it helps us to raise funds to assist our families. We cannot fully depend on our old-age grants because these are not enough to meet our needs. We may be old, but we do still have responsibilities."

They also make traditional carpets, brooms, cups, accessories and other beaded work to sell in their communities. They are also making some extra cash from their very successful vegetable garden, which is also a part of the project.



Members of Marasia.

## Marasia revives traditional dancing

## Sandra makes impact on music industry!

The name Sandra Mukhithi may sound new to music lovers, but she has been in the music industry for ages. At the age of seventeen, Sandra joined the late Mojeremane as a backing vocalist. A few years later she was featured on musician, Exodus' album "Alfa and Omega."

According to Mukhithi her music career took off at the tender age of six when she joined the St Peters Roman Catholic Church choir in Winterveldt.

"I believe that having been born and bred in the dusty streets of Winterveldt, which has produced many talented people, has allowed me to think big. I went solo in 2007 and during that time, I tried performing to raise funds to record an album, because I did not have any company to record and publish my music. My attempt to raise funds through performances failed and the album was never recorded. However, two years ago, Tiger Sgandaf came to my rescue and he helped me to record my first ten-track album titled Baba Siza Mina (Father help

me)," Sandra enthused.

She has shared the stage with top gospel singers such as the late Lundi Tyamara, Winnie Mashaba, Sinky Mathe, Mpho Thosago and the King of Mkhukhu music, Solly Moholo.

The *Tshwane Sun* had an opportunity to speak with Sandra's manager who is also the Director of Sgandaf Productions, Klaas Mahlangu better known as Tiger Sgandaf in the music industry.

He said that being connected with artists such as Sandra has boosted his company and spurred it to be one of the best record labels in Mzansi.

"This musician (Sandra) is not a copycat; she has her own very unique voice and her own style of singing. Some of the songs sung by Sandra were written by top musicians including Benjamin Ndala. Sandra's album (Baba Siza Mina) has already gained listenership and is played on both, national and community radio stations," he said.



Sandra Mukhithi has recorded Baba Siza Mina (Father help me).

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**R159 950**

**2016 VW Polo Vivo GP 1.4**  
Conceptline, A/C, P/S, C/L, MP3, AUX, USB, ABS, Bluetooth, SD Card Slot, 43 000km, FSH



**R209 950**

**2016 Vw Polo GP 1.2 Trend.**  
A/C, C/L, E/W, Touch Screen, AUX, SD Card Slot, OBC, Hill Hold Assist, ESP, ASR, 36 000km, FSH



**R129 950**

**2012 Hyundai i20 1.4 Glide**  
A/C, P/S, C/L, E/W, PDC, 18" Alloy Wheels, OBC, ABS, Airbags, MP3, AUX & USB, 113 500km, FSH



**R109 950**

**2012 Hyundai i10 1.1 Motion**  
A/C, P/S, C/L, E/W, E/M, MFS, AUX, USB, Airbags, Cup Holders, Foglamps, 87 500km, FSH, Compact!



**R149 950**

**2014 Hyundai i20 1.4 Fluid**  
A/C, P/S, E/W, PDC, MP3, AUX, USB, Bluetooth, 72 000km, Balance of Factory Warranty!



**R219 950**

**2013 BMW 116i F20**  
A/T, 89 000km, FSH, Balance of Motorplan, FHouse, Sport & Eco Modes, Stability Ctrl



**R189 950**

**2012 Alfa 1.8T Quad Verde**  
DNA Drive Select System, Leather, VSR, ASR, ABS, Auto Wipers, 126 000km, FSH



**R149 950**

**2014 VW Golf GTI 1.4 TSI**  
DSG, Gearshift Paddles, Traction Control, OBC, ABS, Electronic Diff Lock, 142 000km

**R139 950**

**2006 VW Golf GTI 2.0T FSI**  
Electronic Stability Program, Xenon, Leather, R32 Bumper & Exhaust, 162 500km, FSH



**R339 950**

**2008 BMW M3 M-DCIT**  
N-ynamic, 303kw & 410nmf! 138 000km, FSH, Full House, Fully Specoed! Immaculate!



**R279 950**

**2011 BMW 528i M-Sport**  
A/T, Drive, Sunroof, PDC, Reverse Camera, Xenon, OBC, DBC, 121 000km, FSH!



**R219 950**

**2012 Mercedes C200 BE**  
A/T, 7G-Tronic Gearbox, Leather, Wood Trim, Traction & Stability Ctrl, 142 500km, FSH!

**R159 950**

**2009 Mercedes C200 K**  
Avantgarde, A/T, Leather, S/R, PDC, OBC, Electronic Stability Program, 199 000km, FSH!



**R189 950**

**2013 Jeep Compass 2.0 LTD**  
Leather, Heated Seats, ABSwith EBD & BAS, 121 000km, FSH at Agents, Spacious!



**R179 950**

**2011 Volvo T5 Excel Powershift**  
A/T, Leather, Heated Seats, PDC, A/C, E/W, Stability & Traction Control, 157 500km, FSH



**R299 950**

**2009 BMW X5 X-Drive 35D**  
A/T, Pan, Sunroof, Drive.Hill Descent Ctrl, M-Sport Seats & Steering Wheel, 137 000km

**R179 950**

**2011 Ford Ranger 3.0 TDCI**  
Supercab, Difflock, Roll Bar, Towbar, A/C, E/W, C/L, MP3, AUX, ABS, 158 000km, FSH!

**R199 950**

**2011 Hilux 3.0 D4D 4x4**  
Low Range, Rear Difflock, Rubberised Bin, Canopy, Smash & Grab, ABS, 306 500km

**NEW TAXI'S**



**IBHUBEZI** DEP FROM **R5 000**



**IMPENDULO** DEP FROM **R34 000**



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**SPRINTER** DEP FROM **R69 000**

**NEW BAKKIES**



**Hilux 2.0** 2017 Models **R239 950**



**NP300 2.0** 2017 Models **R164 950**



**NP200 1.6** 2017 Models **R139 950**



**1.4 UTILITY** 2017 Models **R144 950**

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# KIDS CORNER

While March 21, Human Rights Day, pays tribute to the tragic Sharpeville massacre of March 21, 1960, it is also a celebration of South Africa's constitution, which gives equal rights to all. This day is one of the many bricks, in S.A.'s road to democracy, and our constitution stipulates amongst many others, that all children have a right to basic education, to nutrition and shelter, and to be protected from abuse and exploitative labour practices among many other children's rights. This March, let us reflect on the progress made in the promotion and protection of human rights in our country!!! Kids Corner takes this opportunity to wish all our young readers a safe and restful 1st term holiday break, at the end of this month, which we're sure you all must be looking forward to. Take care and be safe during your Easter holidays.

## COMPETITION RULES

- \* The Editor's decision is final.
- \* Prizes will be awarded to the top three entries.
- \* This competition is open to all children between the age of 5 and 12 years who live in the main distribution area of the **TSHWANE SUN HAMMANSKRAAL**.
- \* Closing date: **APRIL 13, 2017**
- \* All entries must be hand delivered at the **Tshwane Sun** office, Media House, 6th floor, 287 Cnr Pretorius and van der Walt Streets, Pretoria CBD or Email: [centurion@tshwane.co.za](mailto:centurion@tshwane.co.za) or post to P.O. Box 786, Pretoria, 0001 to reach us not later than the closing date.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Tel: \_\_\_\_\_  
 Age: \_\_\_\_\_  
 Grade: \_\_\_\_\_

## Food for thought

"To deny people their human rights is to challenge their very humanity."  
 - Nelson Mandela

## Did You Know?

1. South Africa's Human Rights Day, on March 21, is also the United Nations International Day for the Elimination of Racial Discrimination.
2. The Bill of Rights, contained in South Africa's constitution, is the cornerstone of democracy in South Africa.
3. In apartheid South Africa, Africans were required to carry a reference book (pass book) at all times, and failure to produce this reference book was a punishable offence.
4. During the anti-pass campaign on March 21, 1960, police opened fired killing 69 unarmed people and injuring another 180, who came to the Shapeville police station to protest against the pass laws.
5. Following the inauguration of former President Nelson Mandela in 1994, March 21 was declared a public holiday known as Human Rights Day!

## Colour in and Win!!!



## Congratulations To Our Winners!!!

Below are the three Kids Corner readers who really excelled in our February contest and are our chosen winners!

And here we stress chosen winners...as the number of entries we receive each month never ceases to astonish us!

It is amazing - and the quality absolutely breathtaking (our judges certainly have their work cut out for them!) We are thrilled! To think that such incredible talent lies in the hands of our young readers! What a great thought, knowing that we can expect only great things from you! We'd say, keep it up, but we just know that's what you plan on doing in any case, without any prompting from us! Let's rather say, keep us amazed!

### Winner 1st Prize

Thato Kotsokwane (6) of Temba Section, Hammanskraal



R150 VOUCHER

### Winner 2nd Prize

Otshepeng Naane (6) of Temba Section, Hammanskraal



R125 VOUCHER

### Winner 3rd Prize

Margreth Khalo (12) of Kekana Section, Hammanskraal



R100 VOUCHER

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## Smile a while

- Q) Why did the computer break up with the internet?  
 A) Because there was no "connection"
- Q) What do you call a book that's about the brain?  
 A) A mind reader!
- Q) Where do trees store their stuff?  
 A) In their trunks!
- Q) What did the tie say to the hat?  
 A) You go on ahead and I'll hang around.
- Q) Why do golfers wear two pairs of pants?  
 A) In case they get a hole in one!





786

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2006 Mercedes Benz S500 with all extras. TV, DVD etc.

**R199 950**



2009 Mercedes Benz c280 auto. Must be seen.

**R127 950**



2002 Mercedes Benz CLK 500 Auto. Must see.

**R109 950**



2005 Volkswagen Golf 5 2.0 TDI. Manual.

**R69 950**



2005 Jaguar S type 4.2 auto. Must be seen.

**R69 950**



2005 BMW 523i Manual with sunroof.

**R64 950**



2004 Toyota Corolla 160i GLE

**R64 950**



2007 Alfa 147 2.0 Distinctive 5 door.

**R59 950**



2004 BMW 318. Manual-sunroof.

**R57 950**



2016 Shana Mini Truck 1.3 Ton. Ready to work.

**R49 950**



2003 Opel Corsa 1.8GSI Hatch Back.

**R47 950**



1999 Volkswagen Sharan 1.8T. Manual, 7 seater.

**R44 950**



2004 Mercedes Benz C200 Manual. Drive away bargain.

**R44 950**



2009 Hyundai i20 manual code 3. Drive away bargain

**R44 950**



2006 Peugeot 207 Man. Drive away bargain.

**R39 950**



2007 Volvo S40 2.0 manual. Drive away bargain.

**R39 950**



1998 Volvo S40 2.0 Auto. Drive away bargain.

**R32 950**



2004 Citroen Berlingo. Drive-away bargain.

**R32 950**



2002 BMW 530i Man Non Runner. Needs Repairs.

**R27 950**



1999 Hyundai Sonata Allegro.

**R27 950**



2002 Renault Megane 1.6 Sedan.

**R27 950**



1997 Audi A4 1.8 manual. Drive away bargain.

**R27 950**



2000 Hyundai Elantra 1.6 GLS Auto drive away bargain.

**R26 950**



1998 Chrysler Neon 2.0L Non runner. Needs Repairs

**R17 950**

## URGENTLY LOOKING

FOR VEHICLES!!!  
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## AND THEY'RE SO VERSATILE.

You can enjoy **SANDWICH SQUARES** in a variety of ways. Top it, fill it or toast it, it's really up to you.



# THE EVOLUTION OF THE TOASTED SARMIE IS HERE

Treat your taste buds with this delectable, gourmet, toasted Italian style midday snack.

## Filled Toasted - Italian-style Chicken SANDWICH SQUARE Melts

Makes 2

### Ingredients:

- 15ml butter
- 30ml mayonnaise
- 6 large basil leaves
- 2 White SANDWICH SQUARES**
- 2 crumbed chicken schnitzels, cooked and cooled
- 60ml sundried tomato pesto or tomato pasta sauce
- 2 slices cheddar or mozzarella cheese

### Cooking Guidelines:

1. Open the Sandwich Squares, butter the outer side of each slice and place onto a board inner side facing up.
2. Spread the mayonnaise onto two of the Sandwich Square halves and top with some large basil leaves.
3. Cut the cooked and cooled chicken schnitzels in half and place on top of the basil.
4. Spoon some of the sundried tomato pesto or tomato pasta sauce over the top and cover with Cheddar or Mozzarella cheese.
5. Close the sandwich with the outer half buttered side facing outwards.
6. Either grill the Sandwich Squares in a hot pan, under a grill or in a panini-style press.
7. Cook for 2-3 minutes per side or until the Sandwich Squares are crispy, golden and the cheese has melted.



\*Serving suggestion



**FIND SANDWICH SQUARES AT YOUR NEAREST RETAIL STORE**