



The new SleepPro Custom impression system

Disturbed sleep can wreak havoc on both your physical and mental wellbeing. Over time, issues like snoring and sleep apnea can make you irritable, prone to illness and weight gain, and can negatively affect your relationships too - not to mention your poor long-suffering partner!

Here at Meditas, we are always working to refine our products by drawing on new material developments, improved manufacturing techniques and by listening to customer feedback.

This has helped us develop our new impression system, the first exciting change to our process in 20 years. The primary aim is to make it faster and easier to get a fantastic result, helping you gain control over your snoring/apnea and restoring night after night of quality, restful sleep.

Instructions for use

Below is a short step-by-step guide describing the simple process to follow for creating the perfect, unique impression for you. Additionally, please make sure you read and follow the more detailed instructions included with the kit.

Before you start, make sure you're in a relaxed environment and have plenty of time. It's also worth reading the instructions carefully.

If you need any further advice or have any concerns, we're always on hand to help. Just drop us an email to: help@sleepro.com and we'll get right back to you.

Just 3 simple steps...

Step 1

Fit and wear the temporary MAD (Mandibular Advancement Device)

Depending on the kit you have purchased, the MAD will be one of 3 types - please consult the enclosed instructions for the relevant fitting process.

It is important you do not rush, and ensure you have a comfortable fitting that works and does not cause any discomfort in your jaw. Wear it for at least 3 nights, ideally a week. This will register the position your jaw needs to be in to control your snoring. **You MUST return this MAD with your impressions.**

Step 2

Take your dental impressions

This will take about 15 minutes per jaw.

TIP: Pop the impression putty in your refrigerator for 30 minutes before you use it. The putty sets faster when warm, so by cooling it down you should give yourself an extra 20-30 seconds of working time.

- (a) Slightly soften the impression tray in hot water to fit over your teeth without pinching or digging into your gum. Start with the upper teeth and then repeat for the lower.
- (b) Mix one set of putty (one white, one coloured) and load it into one of the trays. Fill it with as much putty as you think you can tolerate - the packs are generous and it really is a case of the more the better.

Wait two and half minutes then remove the impression and tray together. Repeat the process for your other jaw.

Step 3

Packaging and Sending

Pack everything up safely and put it in the enclosed pre-addressed envelope. Make sure you enclose your details or fill in the customer label if attached, and take it to your post office.



Why do I have to pay for return postage?

Our kits are made in bulk and shipped to many distributors and outlets worldwide. Unfortunately, this means it just isn't possible to add the correct return postage as we don't know where our kits are ultimately going to be coming from.

NOTE: International customers will also need to add a customs form. Please identify the contents as dental impressions and a value of \$20 as that reflects the true replacement cost of the impression materials you are sending.

What happens next?

Once we receive your impressions we will let you know they have arrived safely. They will then be inspected by one of our technicians, and if there are any issues we will contact you.

As soon as your impressions have been assessed and approved, we will add your order into the next available production cycle. This is usually within 3-4 days of receipt. Manufacture of your mouthpiece will take a further 5 days, after which it will be signed off by a technician and released for shipping. At this point we will send you an email to confirm its imminent dispatch and provide tracking details if being sent internationally.

What if I need to re-order in future?

We will retain your models in storage for 12-18 months. During this time, we can easily make replacements should you require a spare or urgent replacement due to damage or loss.

For additional help and support please contact us by email: help@sleeppro.com

Testimonials

I could not stress how much I appreciate what SleepPro have done for my marriage! After all those years of trying everything else to relieve my snoring (including surgery!), and all the disturbed nights my new wife (we got married only in April 2015) has had to suffer, we are so pleased we found your Custom product.

A.M.

I received my SleepPro Custom this morning and it fits perfectly so thank you. Taking one's own impressions was very simple with your very easy to follow instructions and I am very impressed with the quality of the finished article.

After I started to use the SleepPro Custom my sleep quality has now improved dramatically. I don't snore, grind my teeth or bite my tongue and I feel so much better the following morning.

R.A.

