



### Dogfish Head

A refreshing, non-alcoholic wheat brew made with lemon puree, blueberries, acai, monk fruit, and sea salt.  
Instagram: @dogfishhead  
dogfish.com

Refreshing

NON-ALCOHOLIC  
W  
R  
E  
V



Antioxidants  
Well-being  
We LOVE

### Karma Water

Their push cap guarantees that the blend of probiotics, antioxidants + vitamins is delivered at optimal potency for maximum immune support.  
Instagram: @karmawellnesswater  
drinkkarma.com



### Kyo-Dophilus Max Probiotic

PROBIOTIC

Replenish your microbiome, balance your GI system + support healthy immunity with this 50 billion CFU, 12 strain probiotic.  
Instagram: @kyo\_dophilus | probiotics.com



### Four Sigmatic

Plant-based Protein Sweet Vanilla

Chef-worthy, immune-supporting, actually-tasty plant protein to make incredible smoothies, shakes, and pancakes.  
Instagram: @foursigmatic  
foursigmatic.com

WINTER GOODNESS

## Editor's Picks PRODUCTS WE LOVE

Organic Ingredients  
YUM



### Health + Energy

Garden of Flavor  
Cold-Pressed Energy Elixirs

Crafted with 100% organic ingredients that provide wellness, health, and energy.  
Instagram: @gardenofflavor  
gardenofflavor.com



### Sambucol Black Elderberry

Natural  
Immune  
Support

We love this trusted and tested Black Elderberry Syrup, the natural way to support your immune system.  
Instagram: @sambucol  
sambucolusa.com

TRUSTED

WELLNESS ESSENTIALS



### Healthy Aging

Cymbiotika

Synergy Liposomal Vitamin C contains a powerful antioxidant, playing a key role in immune system function, collagen production, and healthy aging.  
Instagram: @cymbiotika  
cymbiotika.com



### ChildLife Essentials® LiveBiotics™ Immune & Digestive Support

Contains four proven probiotic strains carefully formulated for on-the-go digestive, respiratory, and immune support.  
Instagram: @childlifeessentials  
childlifenutrition.com

Digestive Support

## IMMUNE SUPPORT

### Gut health

### Manda Fermentation

A compound fermented health supplement from Japan for your gut health and immune system.  
Instagram: @manda\_usa  
mandawellness.com



### RidgeCrest Herbals ClearLungs

Supports free breathing, keeps airways open, and helps balance mucus levels.  
Instagram: @rcherbals  
rcherbals.com



CLEAR LUNGS