

ANNOUNCE

PHARMACY AND
TRADITIONAL MEDICINE IN
**CHINA
& TIBET**

Specialist professional and cultural study tour

**MASTER TRAVEL
STUDY TOURS**

*Escorted tours with
a personal touch*

Who is it for?

- Healthcare professionals and individuals with an interest in pharmacy in China and Tibet
- The partners of these professionals who would like to explore the culture of China and Tibet

Professional visits include:

- Chinese medicine hospital in Xian
- Chinese herbal garden and clinic to learn the functions of herbs
- Hospital of Traditional Tibetan Medicine
- Diabetes Hospital which combines Chinese and Western treatments

Cultural highlights include:

- Tiananmen Square
- The Forbidden City
- Walk along the Great Wall
- See the Terracotta Warriors
- Potala Palace, Jokhang Temple and Barkhor Street in Lhasa



MASTER TRAVEL
LIMITED

Call us on 020 7501 6741
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George Lu, CC BY 2.0

PHARMACY AND TRADITIONAL MEDICINE IN CHINA & TIBET

Master Travel invites you to join us on a discovery of China's pharmaceutical practice and traditional medicine. This tour is designed to give you a unique insight of this enchanting country from East to West beginning in Beijing, through Xian, Chengdu, and into Tibet. Accompanied by Professor Hylands you will get the chance to visit Chinese medicine hospitals, a Tibetan Traditional Medicine Hospital and a Chinese herbal garden and clinic to learn the functions of herbs. The tour will be complemented by a superb cultural programme taking you to the very best of China's main attractions. From Tiananmen square to the Great Wall in Beijing, through palaces and the Buddhist temples of Tibet, China's mixture of modernity and ancient traditions never fails to impress

The tour begins in Beijing where you will meet your local guide and the rest of the group. There, you will be transferred to your hotel for a welcome dinner. After a good night's sleep, the next day will be dedicated to a visit of the Traditional Chinese Medicine Museum at Beijing University of Chinese Medicine and to a diabetes hospital which combines Chinese and Western treatments. Still in Beijing, you will have the chance to discover Tiananmen Square, also called "*Gate of Heavenly Peace*", the Forbidden City and a walk along the magnificent Great Wall.

Our next stop will be Xian to visit the Terracotta Warriors, one of the most famous archaeological finds in the world. An additional professional visit is planned to the Chinese medicine Hospital of Xian. A high-speed train will take you to Chengdu

to visit a tea house and the Chengdu Research Base of Giant Panda Breeding. Before moving to the beautiful region of Tibet, you will also visit a Chinese herbal garden and a clinic to learn the function of herbs.

Our stay in Lhasa, capital of Tibet, includes a visit of Potala Palace, and a visit to the Buddhist temple of Jokhang; no other temple is more supreme for a Tibetan Buddhist than this one and its architectural style is breath-taking. Then, you will enjoy a walk into Barkhor Street and a visit to the monastery of Tandruk Temple. The tour finishes with a last professional visit at the Hospital of Traditional Tibetan Medicine, enabling you to make comparisons with Chinese medicine. Our journey will end in Beijing, where we shall enjoy a farewell dinner before going our separate ways.



TOUR LEADER AND YOUR GROUP

Professor Hylands is Head of the Institute of Pharmaceutical Science and Head of the Pharmacy Department, King's College London (KCL). He is also Director of the Centre for Natural Medicines Research at KCL which undertakes joint research and training with institutions in China and elsewhere. He is a visiting professor at seven Chinese universities.

Professor Hylands' special research interest has always been natural products in medicine and he has many years' experience in natural product research. Professor Hylands has worked or collaborated with institutions on every continent regarding natural medicines.

He serves on a number of boards, advisory boards and government committees. He is a member of the Herbal Medicines Advisory Committee of the Medicines, Healthcare Products Regulatory Agency and British Pharmacopoeia Commission's Expert Advisory Group on Herbal Medicinal Products.

He has led multidisciplinary research programmes in Europe, the Americas and various Asian countries and has been an invited speaker all over the world.

Professor Hylands will use his vast knowledge of pharmacy and natural medicines to engage with the professionals in China and to ensure that you get the most out of your professional visits.

INTERESTING FACTS ABOUT CHINA & TIBET

- Traditional Chinese medicine is over 2,000 years old. It originated in the region of eastern Asia that today includes China, Tibet, Vietnam, Korea, and Japan.
- Tibetan medicine states that everything within the universe is composed of five proto-elements: wind, earth, water, fire and space. Wind is responsible for movement; earth gives substance; water holds things together; fire heats or transforms; and space provides the living room for the creatures.

Photographs, clockwise from top left: *Summer Palace, Beijing; Giant Panda; Terracotta Warriors,*

Front cover: Tibetan ladies (M.M, CC BY-SA 2.0).

Back cover: Beijing (Flickr: lee_wu).

(Photographs © Adobe Stock unless otherwise stated)

31 MAR BEIJING **d**

Arrive in Beijing, meet your local guide and transfer to the hotel.

Enjoy a welcome dinner and a trip briefing in the hotel.

1 APR BEIJING **b l d**

Visit the museum of traditional Chinese medicine at Beijing University of Chinese Medicine.

Visit a Diabetes Hospital which combines Chinese and Western treatments.

2 APR BEIJING **b l d**

Tiananmen Square, Forbidden City and Hutong visits. Optional Acrobatics show in the evening.

3 APR BEIJING **b l d**

See the Summer Palace and walk along the Great Wall. In the evening, enjoy a Beijing roast duck dinner.

4 APR BEIJING - XIAN **b l d**

Morning flight to Xian and transfer to the hotel. Visit City Wall.

5 APR XIAN **b l d**

See the Terracotta Warriors, the calligraphy museum and a Chinese medicine hospital.

6 APR XIAN - CHENGDU **b l d**

Take the high-speed train to Chengdu and transfer to the hotel. Visit a tea house.

In the evening, enjoy a hot-pot dinner.

7 APR CHENGDU **b l d**

Visit the Chengdu Research Base of Giant Panda Breeding. Visit a Chinese herbal garden and clinic to learn the functions of herbs.

8 APR CHENGDU - LHASA **b l d**

Fly to Lhasa and transfer to the hotel. Enjoy the rest of the day at leisure to acclimatise.

9 APR LHASA **b l d**

Visits to Potala Palace, Jokhang Temple and Barkhor Street.

10 APR LHASA **b l d**

Visit a hospital of traditional Tibetan Medicine. Visit Tandruk Temple.

11 APR LHASA - BEIJING **b l d**

Take flight to Beijing and transfer to the hotel. Farewell dinner.

12 APR BEIJING - UK **b**

Depart for flight home.

Key:

- b** Breakfast
- l** Lunch
- d** Dinner

THE COST of the tour is £4,950 per person

Secure your place with a £990 deposit, with the remainder payable in instalments. Please note: deposits are non-transferable between tours.

Single travellers: A single supplement of £650 is payable if you wish to guarantee a single room. This does not apply if you opt to share a twin room with a fellow participant.

THE COST INCLUDES:

- International flights from London
- Visas
- Accommodation in twin bedded rooms with private facilities
- Breakfast, lunch and dinner
- All transport services within China and Hong Kong
- Pre-trip briefing meeting in London
- Comprehensive briefing notes
- The services of a UK tour leader throughout the trip
- Local guides throughout the tour
- A full programme of visits and excursions as per the itinerary

- All admission fees where applicable as specified in the itinerary

THE COST EXCLUDES:

- Meals not mentioned in the itinerary
- All personal extras such as tips, portorage, laundry, inoculation fees and drinks
- Any optional excursions, tours and visits
- Travel insurance

Please note that all itineraries in China are subject to change according to local conditions. Due to the nature of the tour, spaces are limited.

We will hold a briefing meeting in London one month prior to departure where you will be able to meet your tour leader and fellow travellers as well as learn more about the places to be visited.

EARLY
BIRD
booking: £4,870

valid ONLY until
1st November 2017

*After 1st November 2017 the tour price will be fixed at £4,950 for ALL travellers

CANCELLATION POLICY

If for any reason you wish to cancel your reservation, written notification of intention should be sent to Master Travel Ltd. Cancellations are effective on the day they are received by us. Please let us know the reason for cancellation. Please note that under NO circumstances will cancellation by telephone be acceptable. The following cancellation charges would come into effect if written notification is received:

More than 61 days before departure:
Deposit only; **Between 60 and 31 days before departure: 60% of total;** **30 days or less before departure: 100% of total**

To book your place on this tour...

...please contact Master Travel:

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