



PROGRESS CHART

Follow your progress with our chart and fill in the box each morning. As you improve you'll find that you will be dry at night, happy and smiling all day!
Please feel free to photocopy charts.

WEEK 1

WEEK 2



Dry



Slightly Wet



Very Wet



WEEK 3

WEEK 4



Dry



Slightly Wet



Very Wet



WEEK 5

WEEK 6



Dry



Slightly Wet









Very Wet



Name Age Sex Date Treatment Started







WEEK 7

WEEK 8

 Dry													
 Slightly Wet													
 Very Wet													







WEEK 9

WEEK 10

 Dry													
 Slightly Wet													
 Very Wet													

WEEK 11

WEEK 12

 Dry													
 Slightly Wet													
 Very Wet													



**MALEM
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