



**EVERLAST SPORTS MFG. CORP.**  
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**C5**

**HEAVY DUTY ADJUSTABLE  
SPEED BAG PLATFORM  
MODEL# 4264**

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## GENERAL INSTRUCTIONS

**WE WANT YOU TO KNOW THAT EVERY PART HAS BEEN THOROUGHLY INSPECTED AND DOUBLE-CHECKED TO ENSURE TROUBLE-FREE ASSEMBLY. WALL MOUNTING HARDWARE IS NOT INCLUDED.**

1. WALL MOUNTING HARDWARE IS NOT INCLUDED.
2. IT IS IMPORTANT THAT YOU FOLLOW ALL INSTRUCTIONS CAREFULLY.
3. AS YOU ASSEMBLE, BE SURE ALL HARDWARE IS SECURELY TIGHTENED. WHEN INSTALLATION IS COMPLETE, MAKE SURE ALL PARTS ARE SNUG AND THAT THE ASSEMBLY IS RIGIDLY ERECTED AND PROPERLY READY FOR USE.
4. IF AT ANY TIME YOU FIND ANY PART IS WORN, FATIGUED OR BECOMES DEFECTIVE, CEASE USE OF THIS UNIT AND WRITE TO EVERLAST TO PROVIDE YOU WITH ANY REPLACEMENT PARTS AT A NOMINAL CHARGE.

**WARNING:** FAILURE TO FOLLOW INSTRUCTIONS HEREIN MAY BE CAUSE FOR SERIOUS INJURY. YOU ARE RESPONSIBLE FOR PROPER ASSEMBLY. THEREFORE, USERS OF THIS PRODUCT MUST ASSUME ALL RISK OF INJURY.



## PACKING LIST

STRINGERS  
R.H. SLIDER BAR  
L.H. SLIDER BAR  
SLIDER TUBE WELDMENT  
ADJUSTMENT SLIDER TUBE WELD-  
MENT  
SPEED BAG DRUM  
SWIVEL W/ SCREWS  
POLY BAG CONTAINING: ASSEMBLY  
HARDWARE

## PARTS LIST

STRINGER – R1  
R.H. SLIDER BAR – R2  
L.H. SLIDER BAR – R3  
SLIDER TUBE WELDMENT – R4  
ADJUSTMENT SLIDER TUBE WELD-  
MENT – R5  
QUICK RELEASE PIN – R6  
LOCK KNOBS – R7  
SWIVEL – R8  
DRUM - R9



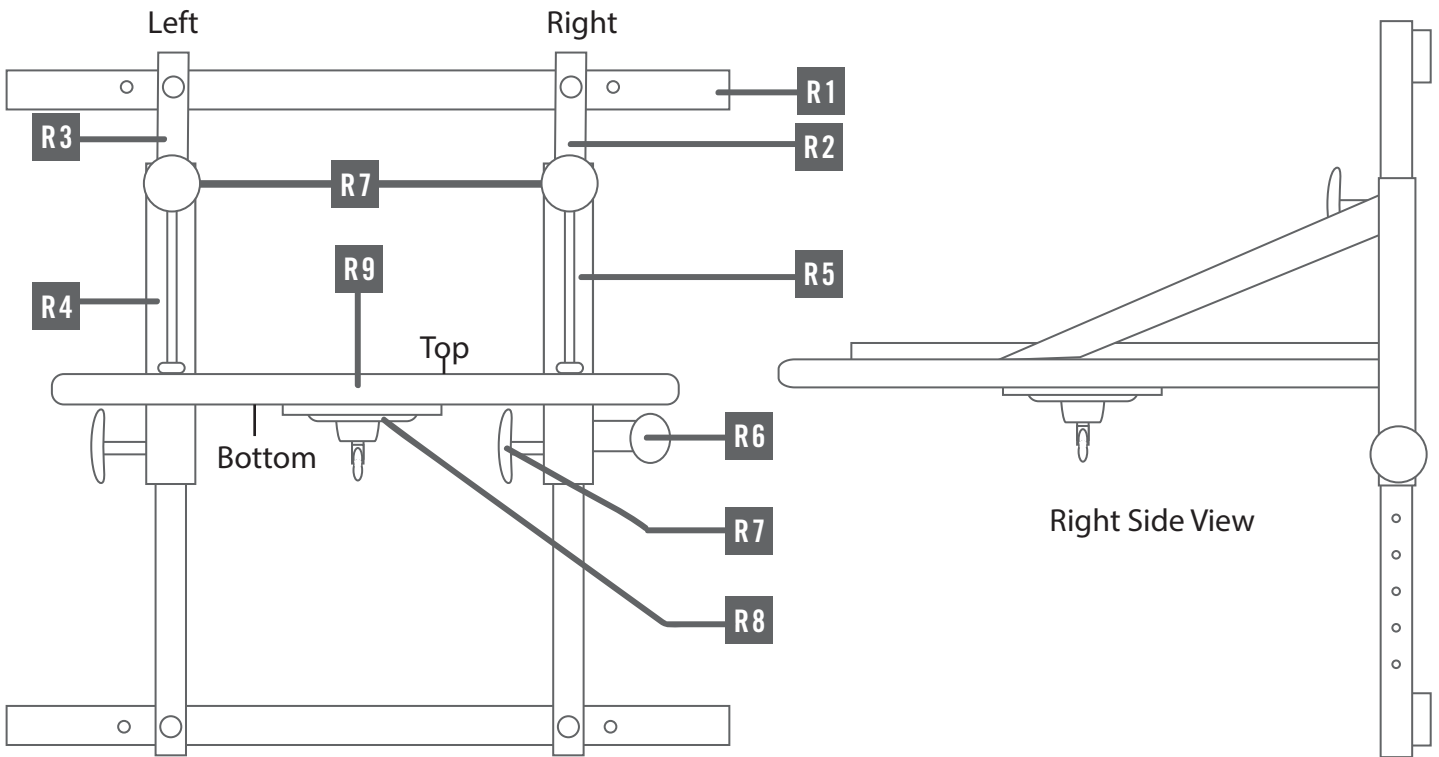
# ASSEMBLY INSTRUCTIONS

## MODEL # 4264 INSTRUCTIONS

1. WALL MOUNTING HARDWARE IS NOT INCLUDED.
2. MOUNTING THIS PLATFORM IS A TWO-PERSON OPERATION.
3. DETERMINE THE MOUNTING HEIGHT AND DISTANCE FROM ADJACENT WALLS DESIRED, KEEPING IN MIND THIS PLATFORM HAS 8" OF ADJUSTMENT. A ROUGH RULE OF THUMB IS, THE BOTTOM OF THE BAG YOU INTEND TO USE SHOULD BE LEVEL WITH THE USER'S CHIN. BE SURE THE SELECTED LOCATION COINCIDES WITH STUDS IF YOU'RE MOUNTING TO A WOOD STUD WALL. THIS UNIT IS DESIGNED FOR USE WITH STUDS ON 16" CENTERS.
4. ATTACH TOP STRINGER (R1) TO WALL AT DESIRED LOCATION. USE TWO 5/16" BAG SCREWS FOR WOOD STUD WALLS: USE MASONRY ANCHORS FOR MASONRY WALLS. MOUNTING HARDWARE IS NOT PROVIDED. MOUNTING HOLES ARE TWO OUTSIDE HOLES. SEE PAGE 5
5. LOOSELY ATTACH H.R. SLIDER BAR (R2) TO THE MOUNTED TOP STRINGER (R1) WITH M8X35 HEX HEAD BOLT. LOOSELY ATTACH L.H. SLIDER BAR (R3) TO THE TOP STRINGER (R1).
6. PLACE BOTTOM STRINGER (R1) BETWEEN SLIDER BARS (R2 & R3) AND WALL AND ATTACH IT TO SLIDER BARS (R2 & R3) AS IN STEP 5.
7. BE SURE SLIDER BARS (R2 & R3) HANG VERTICALLY AND BOTTOM STRINGER (R1) MOUNTING HOLES COINCIDE WITH THE WALL STUDS, IF MOUNTING TO A STUD WALL; ATTACH THE BOTTOM STRINGER TO THE WALL AS IN STEP 4.
8. REMOVE SLIDER BARS (R2 & R3) FROM THE STRINGERS (R1).
9. SLIDE SLIDER TUBE WELDMENT (R4) OVER L.H. SLIDER BAR (R3) AND RE-ATTACH L.H. SLIDER BAR (R3) TO STRINGERS, AND FASTEN SECURELY.
10. SLIDE ADJUSTMENT SLIDER TUBE WELDMENT (R5) OVER R.H. SLIDER BAR (R2) AND RE-ATTACH THE SLIDER BAR (R2) TO THE STRINGERS, AND TIGHTEN THE BOLTS TO JUST SNUG.
11. MOVE BOTH SLIDE TUBE WELDMENTS (R4 & R5) ALL THE WAY DOWN AGAINST THE BOTTOM STRINGER (R1).
12. ATTACH SWIVEL (R8) TO CENTER OF DRUM (R9) USING 4EA. M6X40 BOLTS AND M6 LOCK WASHERS AND NUTS
13. ATTACH THE DRUM (R9) TO SLIDER TUBE WELDMENTS (R4 & R5) USING 4EA. M8X35 BOLTS AND M8 LOCK WASHERS AND NUTS. LOCKWASHERS AND NUTS ARE ON THE ANGLE IRON SIDE. THE BOLT GOES UP THROUGH THE PRE DRILLED HOLES IN THE DRUM (R9) FROM THE BOTTOM. TIGHTEN SECURELY.
14. HOLDING THE QUICK RELEASE PIN (R6) OUT MOVE THE DRUM (R9) AND SLIDER TUBES (R4 & R5) ALL THE WAY TO THE TOP AND TIGHTEN THE R.H. SLIDER BAR (R2) BOLTS SECURELY. THE DRUM (R9) AND SLIDE TUBES (R4 & R5) SHOULD SLIDE UP & DOWN THE SLIDER BARS (R2 & R3) SMOOTHLY. PLACE DRUM AT HEIGHT DESIRED AND ENGAGE THE QUICK RELEASE PIN (R6).
15. THREAD FOUR HAND KNOBS (R7) INTO NUTS WELDED TO SLIDE TUBES (R4 & R5) AND TIGHTEN.
16. RECHECK ALL FASTENERS TO BE SURE THEY'RE ALL SECURELY TIGHTENED, HANG YOUR SPEED BAG, AND YOUR PLATFORM IS READY FOR USE.



# ASSEMBLY DETAILS



Front View

Right Side View