



9 POST-WORKOUT MIRACLE BEAUTY PRODUCTS TO STASH IN YOUR MAKEUP BAG



After a kickass **boot camp**, the last thing you want to do is spend as much effort priming your post-gym complexion as you did on your jump squats. For days when you're not pulling an **Alicia Keys**, a little makeup-bag magic is key when you're short on time and running from workout to work. (After all, your sweat-drenched tresses won't style themselves.)

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Cue *only* the essentials for freshening up post-sweat sesh. We're talking odor-neutralizers (nobody needs to smell you after **HIIT**), refreshing mists that double as toners, and the hair products that'll take your locks from the pool to the office (and leave the chlorine behind).



To moisturize those parched lips

Kari Gran Lip Whip Tinted Peppermint, \$16

You've been sweating like crazy for the last 45 minutes, so your body will take any hydration it can get. And the peppermint oil in this super-nourishing lip whip (which is also loaded with botanical oils for moisture) is refreshingly cool after a hot and heavy sesh.

<http://www.wellandgood.com/good-looks/best-post-workout-beauty-products/>