

# Seed to Serum

Thursday, August 8, 2013

## Review: Kari Gran Skincare



Photo Courtesy of Kari Gran

I find something very appealing about a skincare system. One line that addresses all of your skin's many needs in three, effortless steps - cleanse, tone, moisturize. I adore the simplicity and the ease. And to be completely honest, there is a little part of me that loves the idea of being completely devoted to a single line. Especially a product line as elegant as Kari Gran. (I'm not going to lie - those bottles really know how to dress up a bathroom counter.) But unlike many product lines that rest on pretty packaging alone, Kari Gran's main focus is on pure, quality ingredients. There is no skimping. Trust me, once you embark on the **Kari Gran evening ritual**, you will completely understand my obsession.

The ritual starts by applying the gorgeous **Cleansing Oil**. It combines five lovely oils - sunflower, avocado, castor seed, lavender, and vitamin E - to deep clean and soften the skin. I LOVE avocado oil so I'm very happy to see it included in this blend. Avocado oil is rich in fatty acids, which means I can count on this cleansing oil to moisturize, soothe, and heal my skin. A tall order for a cleanser. Plus, it removes makeup with ease. I typically battle with my mascara and succumb to the little bits of residue that remain. But not when I use this cleansing oil. I'm not kidding when I say that it removes EVERY trace of makeup. (It makes a great eye makeup remover as well when you aren't in the mood for an all-over oil cleanse.) You will have to remove this cleanser with a cloth. Splashing

my face with water alone was getting me nowhere. But this allows me to use another one of my obsessions - [Aurelia Bamboo Muslins](#) - so I'm okay with that!

After cleansing, I either spritz the [Hydrating Tonic](#) directly onto my skin or into my hand where I mix in a few drops of the [Essential Serum](#). The latter method is entirely new to me. The concept makes a lot of sense though - oil + water = moisturizer. I have to say it's my new favorite way to apply a face oil. It is so easy to smooth the mixture over my skin and it penetrates in an instant. How did I not know about this until now?!? The hydrating tonic is a mixture of aloe, glycerin, and rose essential oil (or lavender essential oil). My skin was begging for the perfect simplicity of this toner. Hydration without irritation. The scent is very light and delicate as well, which is wonderful because I would not want anything to take away from the scent of the serum. It's gorgeous. Mind blowing even. The combination of 15 plant and essential oils is all the moisture you will need at night. This blend includes many of my favorites - silky camellia seed, rich avocado, spicy frankincense, sultry jasmine, and calming calendula. I can't get over how much I adore this face oil. It's thick and luxurious, but not heavy. The inclusion of lighter oils like jojoba and sunflower allow for rapid absorption.

I definitely understand Kari Gran's cult following. There is no denying that these elegantly packaged products yield mega results. Now if only I could get my hands on some of that gorgeous [Lip Whip](#)...