

Dragonfly Beauty™

Helping You Navigate the Natural Beauty Jungle

Brand Focus: Kari Gran

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I reviewed [Kari Gran's amazing Lip Balm](#) a few months ago and was very happy to get to try the whole line. Kari Gran is a confessed beauty junkie (gee, I know that feeling!) who was diagnosed with an autoimmune disorder in her late twenties and began investigating what she put on her skin. She learned that, like a giant sponge, anything you put directly on your skin is absorbed right into the blood stream. (I'm so happy someone else is freaked out about this too!)

Her search for something more sophisticated than the typical health food store brands led her to design her her own. She created "the little black dress of eco-skin care."

When I read that, I realized that that's what Kari Gran is...it's a simple, elegant solution to the problem of what to use on your skin. Since it's simple, it's only a few products and since it's elegant, they smell wonderful and come in beautiful bottles. The ingredients are super clean and organic, using only the finest oils.



Essential Serum is a blend of 15 plant, natural Vitamin E. and essential oils known for their nourishing properties. This serum is full of natural, organic oils designed to nourish (feed) your skin. It's a multi-tasker – I use it on my face, neck and chest – and it's really potent stuff. You hardly need more than a couple drops. It has a deep, floral smell that I *really* love (I keep smelling my hands..I know that's weird). Also, those oils are a big list of the best ones for repairing your skin. Rosehip Seed is one of my favorites and is used in South America to treat burn victims (The photos are amazing...google it).

Ingredients: Organic Camellia Oleifera (Camellia Seed) Oil, Organic Rosa Canina Fruit (Rosehip Seed) Oil, Organic Helianthus Annuus (Sunflower) Oil, Organic Simmondsia Chinensis (Jojoba) Oil, Organic Persea Gratissima (Avocado) Oil, Organic Prunus Amygdalus Dulcis (Sweet Almond) Oil, Organic Olea Europaea (Olive), Organic Helianthus Annuus (Sunflower) & Organic Calendula Officinalis (Calendula) Oil, Organic Olea Europaea (Olive) & Organic Arnica Montana (Arnica) Oil, Organic Lavandula Hybrida (Lavender) Oil, Wildharvested Boswellia Sacra (Frankincense) Oil, Rosa Damascena (Rose) Oil, Jasminum Sambac (Jasmine) Oil, Organic Hippophae Rhamnoides (Sea Buckthorn Seed) Oil, Organic Cananga Odorata (Ylang Ylang) Oil, Tocopherol (Non-GMO Vitamin E from Sunflower).

\$60



The Cleansing Oil contains a blend of natural ingredients formulated to deep clean while balancing the skins natural oil production. I know oily skinned people will freak when they try this but try it anyway and see if it helps you. Many acne sufferers find that “the oil method” of cleaning actually helps them tremendously. Make sure you use a warm cloth to steam/wipe it off.

Ingredients: Organic Helianthus Annuus (Sunflower) Oil, Organic Persea Gratissima (Avocado) Oil Organic Ricinus Communis (Castor Seed) Oil, Organic Lavandula Hybrida (Lavender) Oil, and Tocopherol (Non-GMO Vitamin E from Sunflower).

\$30



The Hydrating Tonic is a blend of soothing ingredients containing no alcohol so it won't strip or dry your skin. It's available in Lavender or Rose. Use it as a toner, or mist it on any time for a pick-me-up if your skin is feeling parched. I always use toner to set my mineral makeup (it gets rid of that cakey look).

Ingredients: 100% fractionally distilled Aloe Barbadensis Miller (Aloe Vera Leaf), Organic glycerin (Vegetable Glycerin), Organic Lavandula Hybrida (Lavender) Oil or Rosa Damascena (Rose) Oil.

\$35

I highly recommend Kari Gran especially for women who want a simple routine and who love the oil cleansing method.