A Lucky Tifth

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Revelations Courtesy of Kari Gran Skincare



Never in my life have I been loyal to a skincare routine for more than a couple weeks. The nature of my day job makes new products available often and my constant search for the next best thing sees to it that I often shell out big money for products I'm dying to try. Well all that's on pause, people.

For the last (almost) two months I've been dedicated to the Kari Gran line. Three simple products. All natural and non-GMO, mostly organic ingredients. All amazingness all the time.

When these products arrived on my desk in the sample size I was skeptical--my experience with allnatural skincare products being less than stellar in most regards--but I used up the cleansing oil in no time. I was blown away by its ability to erase every speck of makeup from my face without drying or pulling my skin. You can see my full review of the cleansing oil, <u>here</u>.

Then, I got to meet the founders of Kari Gran Skincare in person. Kari Gran and Lisa Strain were a complete delight and their story really spoke to me. Kari is (like myself) an all-out beauty junkie and enthusiast. She was always trying to get her friends (the reluctant Lisa included) to try the next best product on the shelves--sound familiar? However, when Kari was in her 20s she was diagnosed with an autoimmune disorder that prevented her from being able to use many of the chemical-laced products on the market.

So, inspired to develop an eco-friendly, skin-nourishing line of her own, Kari began mixing up elixirs in her home. It was Lisa who convinced her to dream big and expand her production outside her home.

The result is a simple, luxe, skin-loving trio of products that I'm head-over-heels for. In addition to being housed in gorgeous, black glass bottles, the products smell incredible and feel wonderful on skin.

My skin has been glowy and clear for the last two months and I haven't experienced any of my usual chronic winter dryness. Mountains of anti-aging serums and lotions sit unused in my bathroom--I haven't even felt compelled to revisit them. My skin just feel well-fed and cared for with Kari's products and I feel even better knowing I'm not introducing chemicals into my system. I highly recommend <u>picking up</u> the travel kit if you want to give these products a try.

Since I was lucky enough to receive a lesson in using the products from the founder herself, let me share the best part of the line--it all works together. You can mix and match and dilute and intensify to your heart's delight. Since I use tinted moisturizer in the morning (along with a prescription cream for melasma) I don't use the line in the morning just yet. However, it's made my nighttime routine so luxurious.

Here's how I use my trio:

1. Place 8-11 pumps of the cleansing oil into clean hands (sounds like a lot but it's just right) massage it over your entire face for a couple of minutes. Then, wet a clean cloth with hot water, ring it out and hold it close to your skin (this helps the steam loosen the oil while the cloth cools) then gently wipe your face and watch your makeup and the grit from the day melt away.

2. Place 3 pumps of the essential serum in one hand and then add three sprays of the rose hydrating tonic. Rub your hands together to mix the two them massage the elixir onto your face.

3. Done!

The essential serum can be used on its own if you want a bigger dose of moisture but I loved Kari's tip that blending it with the tonic creates a lighter, thinner liquid that goes on like a traditional moisturizer. On super dry days I add another pump of serum and reduce the tonic. The options are endless.

The tonic also works as a mid-day refreshing spray that hydrates skin and refreshes the look of your makeup--it'd be a great companion on a long flight.

There are a lot more ways to use the product -- I wish I'd written them all down! I'll be sure to share as I discover more. In the meantime, take a look at <u>Kari's line</u> and try it for yourself!