

JOYS OF GINGER: STAY WELL WITH THIS POWERFUL SPICE

VIBRANT HEALTH

BALANCED LIVING

natural SOLUTIONS

5 oils
FOR HEALTHIER
COOKING

6 MIND YOUR MEMORY
*Ways to
Save Your
Brain*

SEASONAL
SKIN SOLUTIONS

Playing With Pinwheels:

HOW TO MANIFEST A
MEANINGFUL LIFE



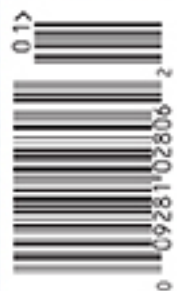
FOOD, FITNESS,
AND BODY IMAGE

6th Annual

BEAUTY *with a*
CONSCIENCE

Awards

LOOK AND FEEL FABULOUS WITH OUR BEST BEAUTY FINDS



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BEAUTY *with a* CONSCIENCE

COSMETICS • FACE

TRUE NATURAL BENECOS 8-IN-1 BB CREAM

This moisturizing and smoothing formula helps reduce redness and irritation while providing light coverage. // truenatural.com

ANDALOU NATURALS 1000 ROSES COLOR + CORRECT SHEER TAN

Mattifying tinted coverage with SPF 30. Smells delicious, feels soft, looks flawless. // andalou.com

KORA ORGANICS TINTED DAY CREAM

This hydrating alternative to foundation features green tea, chamomile, and rose. Skin stays soft and smooth while the lightweight formula provides effective coverage. // koraorganics.com

ZAO SILK FOUNDATION

This liquid foundation feels silky smooth and lightweight, and it's able to cover skin imperfections with natural-looking coverage. Their mineral foundation is great, too! // zaorganicmakeup.com

KARI GRAN CONCEALER

This mineral concealer blends effortlessly into skin to hide dark spots and minor flaws. // karigran.com

RMS BEAUTY BURITI BRONZER

Ultra-sheer and contouring, without any fake orange color or powdery residue. Gives skin a year-round sun-kissed glow. // rmsbeauty.com

EARTH'S BEAUTY BLUSH

Gives cheeks a rich, natural flush. Our favorite hue? The medium brown mauve called "Earthy Pink." // earths-beauty.myshopify.com

LA FRESH ECO-BEAUTY MAKEUP REMOVER WIPES

Removes even the most stubborn dirt, grime, and makeup with just a few swipes—and leaves skin feeling soft and refreshed! // lafreshgroup.com

