

# Nati Alist

October 2014

FALL  
MAKEUP  
LOOKS

COATS  
JEWELS  
SHOES

## Alli Simpson

Opens Up About Family, Fame, And Music!



# Beauty Editor Picks

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This month we wanted to focus on products that are good for you both inside your body and outside. Some times it's easy to forget what you put on your skin goes into your skin and body. So when choosing products for your skin remember to read the labels. That's not just for food any more it's for everything your body comes in contact with!

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Britta Aragon founded CV Skinlabs after her experience battling Hodgkins disease and her father's battle with cancer. CV Skinlabs is a new skincare line for sensitive skin that's more at risk from exposure to toxic chemicals (I.e. Chemotherapy), not only because it's susceptible to irritation, but because these chemicals can more easily penetrate skin's malfunctioning outer layer and get inside the body. Considering skin's vulnerability and the overwhelming presence of daily chemicals and irritants, it's important for those with sensitive skin to use only safe, nurturing formulas free of harsh detergents, fragrances and dyes, or other irritants. CV Skinlabs has successfully developed a skin care line that has an unprecedented standard for safety plus the potent ingredients to return to skin a youthful radiance and glow. Setting the bar higher than ever before on the safety of the ingredients, the functioning of the packaging, and the thoroughness of the testing has produced products that may be used with full confidence by men and women, and specifically by those with chemical sensitivities, sensitive skin, and conditions like eczema, dermatitis and chronic dryness. [cvskinlabs.com](http://cvskinlabs.com)



**Kari Gran** hydrating tonics are a blend of soothing ingredients containing no alcohol. They will not strip or dry your skin like traditional toners. Available in Lavender or Rose, you can also mist it on any time for a pick-me-up if your skin is feeling parched. It also does a nice job of setting mineral makeup. A wonderful multi-tasker, use alone or with the serum to create your custom moisturizer. [karigran.com](http://karigran.com)



**Calorie Free Option To Your Starbucks Pumpkin Spice Latte.** GlaMER Lips launches a Limited-Edition Lip Scrub in Pumpkin for the months of October/November. Pumpkin's enzymes make a gentle effective exfoliator. This gentle and nourishing lip scrub is made with 100% natural ingredients such as Organic Jojoba Oil, Castor Sugar, Pure Vitamin E, and Organic Unrefined Coconut Oil that leaves your pucker feeling luxurious soft. Prep your lips before adding any lip color for longer lasting results. [makeupbymer.com](http://makeupbymer.com)